Welcome

Welcome to Preston Pointe, the perfect mix of upscale senior living and Southern charm. Our philosophy of always making you feel welcomed, valued and at home in a friendly and luxurious space sets us apart from other residential communities. We offer the best characteristics of owning your own home, without the stress



of maintaining it. The amenities and services offered at Preston Pointe were designed for seniors who are passionate about life, provided by people who are committed to detail.

When it comes to elegant senior living, the apartments at Preston Pointe are a cut above the norm with spacious, modern and well-equipped one-and two-bedroom suites, all with fully equipped kitchens. Every apartment has its own climate-control unit, laundry room with washer and dryer, emergency call system and even Stove Guard sensors.

The amenities at Preston Pointe include well-

appointed common areas, a large capacity theater, billiard room, fitness center, library with computer stations and a hair salon. Watch a movie with a friend in our theater, join your neighbors in the dining room or simply relax in the front lobby and watch the fish in the large aquarium - the options are endless. Preston Pointe encourages a sense of community with extensive social, cultural and recreational activities.

Preston Pointe is family-owned and operated by professionals with over 50 years of experience in the senior care industry. With three generations of knowledge to draw from, you can be sure that every aspect of retirement living is constantly being evaluated and refined to ensure that we are always offering -

Retirement Living at its Finest!

If you have further questions regarding Preston Pointe, please do not hesitate to contact us at (919) 351-6268, or by email at marketing@prestonpointe.com.

Location

Centrally located in North Carolina, Preston Pointe cradles the towns of Morrisville, Cary and Apex, and is a ten minute drive from the Raleigh-Durham International Airport. We have the luxury of being two hours from coastal waters, as well as two hours from the Blue Ridge Mountains.

Uniquely situated on NW Cary Parkway in the "heart of the research triangle;" we are just moments away from some of the finest health care facilities in the nation. UNC Chapel Hill, Duke and NC State make up a large percentage of healthcare advances in the U.S. each year and are within a 30-minute drive from our community.



If it's shopping you want, The Triangle provides some of the best restaurants and stores in the state. But you don't need to drive to shop - Park West Village is an easy walk across the street and features many great stores and dining options.

Our world-class location allows us to employ some of the best and brightest employees in the industry. Today's resident is smart and expects high-quality services. Those are provided every day at Preston Pointe by our well-trained and top-notch customer service team.

Directions from:

RDU: From the Airport take NW Aviation Parkway to Chapel Hill Road I 54E. Turn left. Turn left onto Cary Parkway. Preston Pointe will be on your right.

Downtown Raleigh: From downtown Raleigh take I-40 West. Take exit 287 – Harrison Blvd. Turn left off the exit. Turn right onto Cary Parkway. Preston Pointe will be on the left on the corner of Cary Parkway and Chapel Hill Road / Hwy 54.

Durham: 40 East to Exit 285 Aviation Parkway. Turn right off the exit. Turn left onto Evans Road. Turn right onto Cary Parkway. Preston Pointe will be on the left on the corner of Cary Parkway and Chapel Hill Road I Hwy 54.

Preston Pointe has such a variety of activities and events, it is one of the many reasons people choose to call it their home. We believe that when the mind is happy and being stimulated, a person's overall attitude and health is improved. Our activities coordinator personally meets with each resident upon moving in to discuss all of their interests. Residents can participate in as many activities as they like, or as few as they choose. Our programs are flexible and, as the residents' interests evolve and change, so do the activities at Preston Pointe.

We are fortunate to be located near the marvelous cities of Morrisville, Cary and Apex, with Raleigh and Durham just a short drive away. This allows us to take day trips to the Museum of Natural Resources, see a movie at the Wells Fargo IMAX Theater or simply enjoy a day trying out the samples at Trader Joe's. However, it is not necessary for residents to leave the property to have a great time. Our activities director can transform our common areas into a haunted mansion for Halloween or a gorgeous ball room for our Valentine's dance.

Our residents are encouraged to participate in activities, but we understand that not everyone will want to be a social butterfly. Our morning exercise class is a great option for those who enjoy being around others, but may not like the lively parties or outings. We also offer



residents the option to join several clubs that play different card and board games. For those who are interested in learning more about a wide variety of topics, we bring in fabulous and knowledgeable speakers. These subjects include everything from learning more about the history of Cary to health issues.

We would love for you to visit us and participate in one of our exciting events or outings. Check out our calendar and give us a call to sign up today. Our activities and events are beyond compare and another example of how Preston Pointe is providing seniors with "Retirement Living at It's Finest"

Sample of Weekly Activities

Monday 10 a.m. Zumba 11a.m. Cracker Barrel 1 p.m. Study of Romans 2 p.m. Putting practice 4 p.m. Latte & Cheesecake 7 p.m. Wii Bowling	Tuesday 9 a.m Blood Pressure check 11a.m. Durham shopping 2 p.m. Yoga 3 p.m. Forks over Knives 4 p.m. Book club 7 p.m. Piano & Petit Fours	11:30 a.m. Lunch Bunch1 p.m. Ladies Tea2 p.m. Mahjong4 p.m. Billiard Tournament	Thursday 10 a.m. Weight Training 11 a.m. Croquet 1 p.m. Line Dancing 3 p.m. Flower arranging 4 p.m. Catholic Communion 7 p.m. Travelogue - India	/olved!
Friday 8:45 a.m. Senior Center 9 a.m. Bank/Post office 10 a.m. Cary Art Gallery 2 p.m. Bingo 4 p.m. Wine & Cheese 7 p.m. Men's Cigar Club	Saturday 10 a.m. Strength Training 11 a.m. Lunch in Raleigh 1 p.m. Bridge Club 2 p.m. Pinterest Party 7 p.m. Saturday night at the movies	Sunday 10 a.m. Brunch 12 p.m. Televised Catholic Mass 1 p.m. Just Desserts 2 p.m. Church Service	In addition to these activities, many special events are planned each week. Check with your Activity Director for details!	Get Inv

This is just a glimpse into a typical week at Preston Pointe. In addition to these, there are many trips outside the community for shopping, restaurants, movies, and other entertainment, as well as the numerous outside entertainers we schedule for the residents' enjoyment. Check your Monthly Calendar for more information.

Fine Dining

Our Culinary Philosophy

At Preston Pointe, dining is not only an opportunity for our residents to enjoy a meal, but also for socializing We understand that, and do our best to create a gorgeous environment that invites conversation.

Our dining rooms are grand, yet comfortable, and are staffed with pleasant waiters and waitresses who are on hand to assist our residents with their every need. Southern charm can be felt throughout each dining



room, from the fresh flowers on the tables to the smiling faces of our residents and guests.

The Cuisine

We know that residents want choice and that is exactly what the chefs at Preston Pointe give them. Our residents have the opportunity to choose their meals from several main course options along with numerous side item selections.

And there is not just one style of cuisine that we serve. We recognize that our residents are from all over the country, not just the local area, and the chefs at Preston Pointe strive to create menus that can be enjoyed by all. We work diligently to provide healthy and satisfying meals that will nourish the body and soul. After a delicious meal, the perfect ending is a decadent dessert and a hot cup of coffee.

Special Events

We encourage residents to invite their families and friends to eat with them at Preston Pointe at any time. We relish the opportunity to show families how well their loved ones are enjoying their meals. The chefs love to impress residents and their guests not only with scrumptious food, but beautiful plate design.

We invite you to come join us for the delicious food and the remarkable service that we provide our residents daily at Preston Pointe. See for yourself how the dining experience at our community gives our residents the opportunity to enjoy "Retirement Living at Its Finest."

Exceptional Services & Amenities at Preston Pointe Include:

- Spacious, well-appointed apartments with utilities included
 - Fully-equipped kitchen units with Stove Guard sensors
 - Corian counter tops and brushed nickel faucets
 - Individual climate control
 - Washer and dryer in each apartment
 - WiFi and Cable package with 100+ channels
 - Carpet and window treatments
 - Cafe with free WiFi and shopping
 - Concierge available 8 a.m. to 8 p.m.
 - Personal emergency response system
 - Smoke detectors/fire sprinkler system
 - Grand movie theatre with WiFi
 - Fitness center
 - Cozy lounge areas
 - Hair salon
 - Library and computer center
 - Game room with billiard tables
 - Shuffleboard table
 - Nicely landscaped and wooded walking trail surrounding the community

Outdoor Living

- Beautifully landscaped and well-maintained grounds
 - Gazebos, benches, raised herb garden
 - Outdoor barbecue area

Convenient Amenities and Services

- Individual mailboxes / postal service
 - Housekeeping
- Apartment maintenance and repairs
 - Convenient parking
- Planned social, cultural and recreational activities and outings
 - Wellness Coordinator
- Scheduled transportation for doctor appointments, shopping and outings
 - Amenities conveniently located all under one roof
 - Valet trash service
 - On-site staff 24 hours
- Conveniently located within walking distance of shopping and restaurants
 - Electric Car Charging Station

Health & Wellness

At Preston Pointe, we are committed to helping our residents maintain the healthiest lifestyles possible and providing services as their needs change. These supportive services are designed to keep our residents healthy and to enhance their lives, and are uniquely tailored to each individual's needs as they age in place.

Health and Wellness Services	Additional Services Available	
 24 hour emergency response service On-site staff, 24 hours a day Staff trained in First Aid care and CPR Health & wellness planning session Access to visiting physician 	 Hearing clinics with licensed audiologist Podiarty Personal care options such as medication reminders, safety checks, assistance with daily living tasks and more through Preston Pointe's preferred Home Care 	
 Wellness Coordinator consultations with your physician/ caregiver Emergency data provided for "Vial of Life" Regular blood pressure checks Flu shot clinics Lecture Series on various health topics Access to onsite lab and x-ray services with some insurance providers 	 Provider and/or Licensed Home Care Provider of the residents choice. Onsite physical, occupational and speech therapy Onsite podiatrist Onsite counseling services Physical therapist led exercise classes Home Health Hospice 	

Emergency Response System

All suites are equipped with emergency call and response system. Upon move-in, residents are given a portable pendant which can be worn at all times, even in the shower.

The 24-hour on-site staff are equipped with a cordless telephone, which allows them to respond from anywhere in the building. Additionally, every suite is equipped with a Stove Guard sensor and excess water detector to ensure a worry-free home.

Alexandria 1,207 Sq. Ft.		
Room Sizes Entertainment Master Suite	16'2" x 16'4" 11'8" x 14'2"	BEDROOM
Bedroom	11'3" x 10'10"	
Kitchen	7'9" x 9'2"	
Dining	13' x 7'2"	
Laundry	3'11" x 4'1"	
		CAUNDRY HASTER SUITE



Featured Floorplan - Belle





Scarlet 1,278 Sq. Ft.

 Room Sizes

 Entertainment
 12' x 10'5"

 Master Suite
 11'4" x 17'2"

 Bedroom
 14'1" x 21'

 Kitchen
 7'1" x 8'11"

 Dining
 12' x 7'3"

 Laundry
 2'11" x 4'6"



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Magnolia 1,052 Sq. Ft.

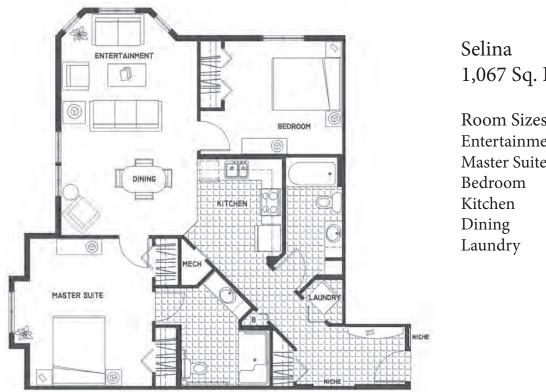
Room Sizes	
Entertainment	12'5" x 13'
Master Suite	11' x 11'10"
Bedroom	11'2" x 11'3"
Kitchen	12'2" x 8'11"
Dining	12'5"x 8'10"
Laundry	2'11" x 3'7"

Magnolia II 1,118 Sq. Ft.

Room Sizes	
Entertainment	12'5" x 14'10"
Master Suite	11' x 13'8"
Bedroom	11'2" x 13'2"
Kitchen	12'2" x 8'11"
Dining	12'5"x 8'10"
Laundry	2'11" x 3'7"



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1,067 Sq. Ft.

Room Sizes	
Entertainment	13' x 11'6"
Master Suite	11'8" x 14'2"
Bedroom	11'3" x 10'10"
Kitchen	8'1" x 9'2"
Dining	13'x 7'2"
Laundry	3'11" x 4'1"

Savanna 1,035 Sq. Ft.

Room Sizes	
Entertainment	13' x 11'6"
Master Suite	11'8" x 14'2"
Bedroom	11'3" x 10'10"
Kitchen	8'1" x 9'2"
Dining	13'x 7'2"
Laundry	3'11" x 4'1"



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