


# June 2015



PRESTON POINTE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	
<p><b>8:45 Swimming (Morrisville Aquatics Center)</b>  <b>8:45 Post Office</b>  <b>9:30 A Stitch in Time (FL)</b>  <b>10:00 Tone &amp; Balance (FC)</b>  <b>10:00-11:00 Ask the Pharmacist and BP Clinic (WC)</b>  <b>1:00 Monday Bridge (GR)</b>  <b>1:00 Bible Study (BR)</b>  <b>2:00 Yoga (FC)</b>  <b>2:00 Men's Poker (GR)</b>  <b>3:00 Play Train Dominoes (FC)</b>  <b>3:00 Brain Games w/ Martha Grove Hipskind (T)</b></p>	<p><b>10:30 Bingo (T)</b>  <b>12:45 Line Dancing</b>  <b>1:00-2:30 Shopping: Harris Teeter</b>  <b>1:30 Exercise w/ Christy (FC)</b>  <b>2:00 Exercise w/Christy (FC)</b>  <b>3:00 Town Hall (T)</b>  <b>4:00 Devotional w/ Jordan Lutheran (T)</b>  <b>7:30 Canasta (GR)</b></p>	<p><b>9:00-1:00 Shopping Shuttle</b>  <b>11:00 Lunch Bunch: Ruckus</b>  <b>1:00 Preston Bridge (GR)</b>  <b>1:00 Men's Bridge Group (FL)</b>  <b>1:00 Hand &amp; Foot Card Game (T)</b>  <b>1:00 Mah Jongg (T)</b>  <b>1:00 Tai Chi w/ Adrienne (FC)</b>  <b>2:00 Art Workshop w/ Tony D'amico (FC)</b>  <b>2:00 Card Games (T)</b>  <b>3:00 Play Train Dominoes (L2)</b>  <b>3:00 Boredom Buster Bingo (T)</b>  <b>7:00 Evening Music w/ Teresa (piano)(L)</b></p>	<p><b>9:15-1:00 Duke Gardens Tour &amp; Lunch at Ruby Tuesday</b>  <b>10:00 Community Volunteers: Flower Arranging (DR)</b>  <b>10:00 Zumba Gold (FC)</b>  <b>10:00 Thursday Bridge (GR)</b>  <b>1:30 &amp; 2:00 Exercise w/Christy (FC)</b>  <b>3:30 New Resident Orientation w/Jennifer (FC)</b>  <b>4:00 Catholic Communion (T)</b>  <b>6:30-9:30 NC State TheatreFest: "Side by Side" (\$22)</b>  <b>7:15 Movie (T)</b></p>	<p><b>8:45 Banks &amp; Cary Senior Center</b>  <b>10:00 Exercise by DVD (FC)</b>  <b>10:00 West Regional Library</b>  <b>11:00 Jewelry Making w/ Laurie (FC)</b>  <b>2:00 Bingo (T)</b>  <b>3:45-4:45 "Welcome Back!" Happy Hour with Debbie and Michael Verderamo (T)</b>  <b>7:15 Bunco! (T)</b></p>	<p><b>8:45-10:15 Breakfast at Bisquitville/Shopping at Dollar Tree</b>  <b>10:30 Bingo (T)</b>  <b>10:30 Strength Exercise</b>  <b>1:00 Men's Bridge Group (FL)</b>  <b>1:00 Hand &amp; Foot Card Game (GR)</b>  <b>1:00 Canasta (T)</b>  <b>2:00 Card Games</b>  <b>2:30 -3:00 Music Pillbox (young musicians perform) (L)</b>  <b>7:15 Movie (T)</b></p>	<p><b>8:15 Transportation to St. Michael's and Genesis UMC</b>  <b>11:00 Televised Baptist Service (T)</b>  <b>12:00 Televised Catholic Mass (T)</b>  <b>3:00 Train Dominoes (T)</b>  <b>7:15 Movie (T)</b></p>	
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	
<p><b>8:45 Swimming (Morrisville Aquatics Center)</b>  <b>8:45 Post Office</b>  <b>9:30 A Stitch in Time (FL)</b>  <b>10:00 Tone &amp; Balance (FC)</b>  <b>10:00-11:00 Ask the Pharmacist and BP Clinic (WC)</b>  <b>1:00 Bible Study (BR)</b>  <b>2:00 Yoga (FC)</b>  <b>2:00 Men's Poker (GR)</b>  <b>3:00 Play Train Dominoes (T)</b>  <b>7:15 Sing-a-long w/ Lisa (T)</b></p>	<p><b>10:30 Bingo (T)</b>  <b>12:45 Line Dancing</b>  <b>1:30 Exercise w/ Christy (FC)</b>  <b>2:00 Exercise w/ Christy (FC)</b>  <b>2:30 Wii Bowling (T)</b>  <b>4:00 Women Pioneers w/ Esther (T)</b>  <b>6:00 Parkinson's Support Group (T)</b>  <b>7:30 Canasta (GR)</b>  <b>7:30 Opera Aficionado Listening Hour (FL)</b></p>	<p><b>9:00-1:00 Shopping Shuttle</b>  <b>11:00 Lunch Bunch: Blue Moon Oyster Bar</b>  <b>1:00 Preston Bridge Club (GR)</b>  <b>1:00 Men's Bridge Group (FL)</b>  <b>1:00 Hand &amp; Foot Card Game (T)</b>  <b>1:00 Mah Jongg (T)</b>  <b>2:00 Artist's Club (FC)</b>  <b>2:00 Card Games (T)</b>  <b>3:00 Play Train Dominoes (T)</b>  <b>7:00 Evening Music w/ Barbara (piano) (L)</b>  <b>7:15 Bunco w/ Marie (T)</b></p>	<p><b>10:00 Community Volunteers: Flower Arranging (DR)</b>  <b>10:00 Zumba Gold (FC)</b>  <b>10:00 Thursday Bridge (GR)</b>  <b>11:00 Men's Lunch w/Grant at Bob Evan's</b>  <b>Mystery Movie at Park West Cinema (Watch for details and times)</b>  <b>1:30 &amp; 2:00 Exercise w/Christy (FC)</b>  <b>4:00 Catholic Communion (T)</b>  <b>7:15 Movie (T)</b></p>	<p><b>8:45 Banks &amp; Cary Senior Center</b>  <b>10:00 Exercise by DVD (FC)</b>  <b>10:00 Decatur First Methodist Youth Choir present "Worthy" (T)</b>  <b>11:30 Bojangles</b>  <b>11:00 Jewelry Making w/Laurie (FC)</b>  <b>2:00 Bingo (T)</b>  <b>3:45-4:45 Happy Hour w/ Mike Palermo (T)</b>  <b>7:15 Bunco! (T)</b></p>	<p><b>10:30 Bingo (T)</b>  <b>11:45-1:00 Shopping at Fresh Market</b>  <b>10:30 Strength Exercise (FC)</b>  <b>1:00 Men's Bridge Group (FL)</b>  <b>1:00 Hand &amp; Foot Card Game (GR)</b>  <b>1:00 Canasta (T)</b>  <b>2:00 Card Games (T)</b>  <b>7:15 Movie (T)</b></p>	<p><b>8:15 Transportation to St. Michael's and Genesis UMC</b>  <b>11:00 Televised Baptist Service (T)</b>  <b>12:00 Televised Catholic Mass (T)</b>  <b>2:00 NC State TheatreFest: "Born Yesterday" (\$22)</b>  <b>3:00 Train Dominoes (T)</b>  <b>7:15 Movie (T)</b></p>	
<b>15</b>	<b>16 Podiatrist Visits</b>	<b>17</b>	<b>18</b>	<b>19 Audiologist Visits</b>	<b>20</b>	<b>21 Father's Day</b>	
<p><b>8:45-10:15 Swimming</b>  <b>8:45 Post Office</b>  <b>9:30 A Stitch in Time (FL)</b>  <b>10:00 Tone &amp; Balance (FC)</b>  <b>10:00-11:00 Ask the Pharmacist and BP Clinic (WC)</b>  <b>1:00 Bible Study (BR)</b>  <b>2:00 Yoga (FC)</b>  <b>2:00 Men's Poker (GR)</b>  <b>3:00 Play Train Dominoes (FC)</b>  <b>3:00 Ladies Tea (T)</b></p>	<p><b>10:30 Bingo (T)</b>  <b>12:45 Line Dancing (FC)</b>  <b>1:00-2:30 Shopping: Kroger</b>  <b>1:30 &amp; 2:00 Exercise w/Christy (FC)</b>  <b>2:30 Wii Bowling (T)</b>  <b>3:30 Men's Group: Build a Bird Feeder (FC)</b>  <b>4:00 Devotional w/ Jordan Lutheran (T)</b>  <b>4:30-6:30 Dinner at Longhorn Steak-house of Apex</b>  <b>7:15 Nite Cap Social (FL)</b>  <b>7:30 Canasta (GR)</b></p>	<p><b>9:00-1:00 Shopping Shuttle</b>  <b>11:00 Lunch Bunch: Chillis</b>  <b>1:00 Preston Bridge Club (GR)</b>  <b>1:00 Men's Bridge Group (FL)</b>  <b>1:00 Hand &amp; Foot Card Game (T)</b>  <b>1:00 Mah Jongg (T)</b>  <b>1:00 Tai Chi w/ Adrienne (FC)</b>  <b>2:00 Art Workshop w/ Tony D'amico (FC)</b>  <b>2:00 Card Games (T)</b>  <b>3:00 Play Train Dominoes (T)</b>  <b>7:00 Evening Music w/ Sara (piano) (L)</b></p>	<p><b>10:00 Community Volunteers: Flower Arranging (DR)</b>  <b>10:00 Zumba Gold (FC)</b>  <b>10:00 Thursday Bridge (GR)</b>  <b>12:45 NC Museum of Art :Explore the Collection w/ a Docent</b>  <b>1:30 &amp; 2:00 Exercise w/Christy (FC)</b>  <b>4:00 Catholic Communion (T)</b>  <b>7:15 Movie (T)</b></p>	<p><b>8:45 Banks &amp; Cary Senior Center</b>  <b>9:45 West Regional Library</b>  <b>10:00 Exercise by DVD (FC)</b>  <b>10:30 Bingo (T)</b>  <b>11:00-12:30 Shopping at Aldi</b>  <b>2:30-4:30 Tropical Island Paradise Party w/ Island Bob! (BP)</b>  <b>7:15 Shabbat Service (T)</b></p>	<p><b>10:00 Book Club (BR)</b>  <b>10:30 Strength Exercise (FC)</b>  <b>10:30 Bingo (T)</b>  <b>1:00 Men's Bridge Group (FL)</b>  <b>1:00 Hand &amp; Foot Card Game (GR)</b>  <b>1:00 Canasta (T)</b>  <b>2:00 Card Games (T)</b>  <b>3:30 Terrific Tunes for Dad w/Terry Harder (vocals and guitar) (T)</b>  <b>7:15 Movie (T)</b></p>	<p><b>Summer Begins</b>  <b>8:15 Transportation to St. Michael's and Genesis UMC</b>  <b>11:00 Televised Baptist Service(T)</b>  <b>12:00 Televised Catholic Mass (T)</b>  <b>3:00 Train Dominoes (T)</b>  <b>7:15 Movie (T)</b></p>	
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	
<p><b>8:45-10:15 Swimming</b>  <b>8:45 Post Office</b>  <b>9:30 A Stitch in Time (FL)</b>  <b>10:00 Tone &amp; Balance (FC)</b>  <b>10:00-11:00 Ask the Pharmacist and BP Clinic (WC)</b>  <b>1:00 Monday Bridge (GR)</b>  <b>1:00 Bible Study (BR)</b>  <b>2:00 Yoga (FC)</b>  <b>2:00 Men's Poker (GR)</b>  <b>3:00 Play Train Dominoes (T)</b></p>	<p><b>10:30 Bingo (T)</b>  <b>12:45 Line Dancing (FC)</b>  <b>1:00-2:30 Shopping: Walmart</b>  <b>1:30 Exercise w/ Christy</b>  <b>2:00 Exercise w/Christy (FC)</b>  <b>2:30 Wii Bowling (T)</b>  <b>4:00 Women Pioneers w/ Esther (T)</b>  <b>6:00 Exhibition on Screen : The Girl with the Pearl Earring (Brier Creek Cinema)</b>  <b>7:30 Canasta (GR)</b></p>	<p><b>9:00-1:00 Shopping Shuttle</b>  <b>11:00 Lunch Bunch: Travinia</b>  <b>1:00 Preston Bridge Club (GR)</b>  <b>1:00 Men's Bridge Group (FL)</b>  <b>1:00 Hand &amp; Foot Card Game (T)</b>  <b>1:00 Mah Jongg (T)</b>  <b>1:00 Tai Chi w/ Adrienne (FC)</b>  <b>2:00 Artist's Club (FC)</b>  <b>2:00 Card Games (T)</b>  <b>3:00 Play Train Dominoes (T)</b>  <b>7:00 Wellness Presentation: "Five Wishes" w/ Transitions Hospice (T)</b></p>	<p><b>10:00 Community Volunteers: Flower Arranging (DR)</b>  <b>10:00 Thursday Bridge (GR)</b>  <b>11:00-1:30 Cary Towne Center (Belk, JC Penney, Talbots, etc.) and Barnes and Noble</b>  <b>1:30 Exercise w/ Christy (FC)</b>  <b>2:00 Exercise w/Christy (FC)</b>  <b>3:00 Controversial Women's Issues Research w/ Professor Pauline Bart (T)</b>  <b>4:00 Catholic Communion (T)</b>  <b>7:15 Movie (T)</b></p>	<p><b>8:45 Banks &amp; Cary Senior Center</b>  <b>10:00 Exercise by DVD (FC)</b>  <b>10:45 Bojangles</b>  <b>11:00 Jewelry Making w/ Laurie (FC)</b>  <b>2:00 Bingo (T)</b>  <b>3:45-4:45 Happy Hour w/ Paul Bowman Duo (T)</b>  <b>7:15 Bunco! (T)</b></p>	<p><b>10:30 Strength Exercise (FC)</b>  <b>10:30 Bingo (T)</b>  <b>1:00 Men's Bridge Group (FL)</b>  <b>1:00 Hand &amp; Foot Card Game (GR)</b>  <b>1:00 Canasta (T)</b>  <b>2:00 Card Games (T)</b>  <b>7:15 Movie (T)</b></p>	<p><b>8:15 Transportation to St. Michael's and Genesis UMC</b>  <b>11:00 Televised Baptist Service (T)</b>  <b>12:00 Televised Catholic Mass (T)</b>  <b>Sunday Buffet: Seatings at 11:00, 1:00 and 1:30</b>  <b>2:00 NC State TheatreFest: "Wait Until Dark"(\$22)</b>  <b>3:00 Train Dominoes (T)</b>  <b>7:15 Movie (T)</b></p>	
<b>29</b>	<b>30</b>			<p><i>Doctor's Making House Calls</i></p> <p>Every Monday, Wednesday, and Friday</p>			
<p><b>8:45-10:15 Swimming</b>  <b>8:45 Post Office</b>  <b>9:30 A Stitch in Time (FL)</b>  <b>10:00 Tone &amp; Balance (FC)</b>  <b>10:00-11:00 Ask the Pharmacist and BP Clinic (WC)</b>  <b>1:00 Bible Study (BR)</b>  <b>2:00 Men's Poker (GR)</b>  <b>2:00 Yoga (FC)</b>  <b>3:00 Play Train Dominoes (T)</b>  <b>7:15 Sing-a-long w/ Lisa (T)</b></p>	<p><b>10:30 Bingo (T)</b>  <b>12:45 Line Dancing (FC)</b>  <b>1:00-2:30 Shopping: Trader Joe's</b>  <b>1:00-2:00 Walker/Wheelchair Clinic (OFC)</b>  <b>1:30 Exercise w/ Christy (FC)</b>  <b>2:00 Exercise w/Christy (FC)</b>  <b>2:30 Wii Bowling (T)</b>  <b>4:00 Women Pioneers w/ Esther (T)</b>  <b>7:30 Canasta (GR)</b>  <b>7:30 Opera Aficionado Listening Hour (FL)</b></p>					<p><b>Activity Location Guide</b></p> <p>FL- Fireside Lounge (1st Floor)  T- Theater (4th Floor)  DR- Medallion Dining (1st Flr)  DR3- Magnolia Dining (3rd Flr)  L- Lobby (1st Floor)  WC- Wellness Center (2nd Floor)  FC- Fitness Center (Lower Level)  C- Café (1st Floor)  P- Back Patio (1st Floor)  BR- Boardroom (Lower Level)</p>	