

December 2017



PRESTON POINTE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1	2	3
<p><u>Doctor's Making House Calls:</u></p> <p>Monday, Tuesday Wednesday, Friday</p>	<p>DR- Medallion Dining (1st Flr) DR3- Magnolia Dining (3rd Flr) WC- Wellness Center (2nd Floor) GR- Game Room (1st Floor) L2- Library (2nd Floor) OFC- Outside Fitness Center (Lower Level)</p>	<p>FL- Fireside Lounge (1st Floor) T- Theater (4th Floor) L- Lobby (1st Floor) FC- Fitness Center (Lower Level) C- Café (1st Floor) P- Back Patio (1st Floor) BR- Boardroom (Lower Level)</p>		<p>9:00 Banks 10:00 Exercise w/ Nourma (FC) 10:45 Bojangles 11:00 Jewelry Making w/ Laurie (BR) 1:15 Living Well Exercise w/Legacy (FC) 2:00 Bingo! (T) 2:30 Train Dominoes (L2) 3:15-4:15 Happy Hour w/ Tom Neuhauser (T)</p>	<p>10:30 Bingo! (T) 10:30 Cardio and Strength Exercise with Brandon (FC) 1:00 Hand & Foot Card Game (L2) 1:00-2:30 Catholic Bible Study (BR) 2:00 Card Games (T) 3:00 Holiday Music w/ Linda Haney (L) 7:30 Movie (T)</p>	<p>8:00-10:30 Transportation to St. Michael's and Genesis UMC 10:30-12:30 Shopping: Harris Teeter, Publix, and Walgreens 10:30 St. Michael's Mass (LIVE Stream) (T) Sunday Brunch Buffet (11:30 and 1:00) Please make a reservation. 3:30 Carols with the Girl Scouts (L) 7:30 Movie (T)</p>
4	5	6	7	8	9	10
<p>9:30 A Stitch in Time (FL) 10:00 Exercise w/ Danielle (FC) 10:00-12:00 Food Lion 1:00 Bible Study (BR) 1:00-3:00 Pinochle (T) 1:00-3:00 Walmart 2:00 Yoga with Brenda (FC) 2:30 Play Train Dominoes (L2) 6:00 Rummikub (FL) 7:30 Monday Night Bridge (GR)</p>	<p>9:15 Post Office 10:00 Tai Chi by DVD (FC) 10:30 Bingo (T) 12:30-3:30 Cary Towne Center 12:30 Line Dancing w/ Jennifer (FC) 1:00 Poker Club (GR) 1:15 Living Well Exercise w/ Legacy (FC) 2:00 Documentary: The Civil War (T) 4:00 Hymns & Scriptures w/ Jordan Lutheran (T) 7:15 Sing-a-long with Lisa (L)</p>	<p>9:00-1:00 Shopping Shuttle 1:00 Rummikub (FL) 1:00 Tai Chi w/ Adrienne (FC) 1:00 Preston Bridge Club (GR) 2:00 Play Gin Rummy (T) 2:00 Art Workshop w/Tony D'Amico (FC) 2:30 Train Dominoes (L) 3:30 Radio City Christmas Spectacular (T) 7:00 Music with Teresa (L)</p>	<p>8:00-10:00 O2 Fitness Water Aerobics 9:00 Banks 9:00-10:30 Blood Pressure Clinic (WC) 11:00 Great Courses: Turning Points in Modern History (T) 12:30-3:30 Southpoint Mall 1:30 Exercise w/ Brandon (FC) 2:30 Eye Witness to History: Pearl Harbor w/ Jim Davey (T) 2:30 Beginner Jewelry Making (BR) 4:00 Catholic Communion (T) 4:00 Dinner at Longhorn Steakhouse and Holiday Lights Joy Ride 7:30 Movie (T)</p>	<p>9:00 Banks 10:00 Exercise w/ Nourma (FC) 10:30 Brunch at Briggs 11:00 Jewelry Making w/ Laurie (BR) 1:15 Living Well Exercise w/Legacy (FC) 2:00 Bingo! (T) 2:30 Train Dominoes (L2) 3:15-4:15 Happy Hour w/ Debbie Verderamo (T) 7:30 "The Best Christmas Pageant Ever" Reading by Marie Thomas (T)</p>	<p>10:30 Bingo! (T) 10:30 Cardio and Strength Exercise with Brandon (FC) 1:00 Hand & Foot Card Game (L2) 1:00-2:30 Catholic Bible Study (BR) 1:15-3:30 Christmas Sweet Concert (\$12) 2:00 Card Games (FL) 3:00 Mother Theresa Catholic Mission Carolers (T) 7:30 Movie (T)</p>	<p>8:00-10:30 Transportation to St. Michael's 10:30-12:45 Genesis UMC Christmas Cantata: Tapestry of Light (Free) 10:30 St. Michael's Mass (LIVE Stream) (T) Sunday Brunch Buffet (11:30 and 1:00) Please make a reservation. 1:00-4:30 The Nutcracker (Carolina Ballet) (\$70) 5:00-6:00 Room Reserved (T) 7:30 Movie (T)</p>
11	12 Hanukkah Begins	13	14	15	16	17
<p>9:30 A Stitch in Time (FL) 10:00 Exercise w/ Danielle (FC) 10:00-12:00 Food Lion 1:00 Bible Study (BR) 1:00-3:00 Pinochle (T) 1:00-2:30 West Regional Library 2:00 Yoga with Brenda (FC) 2:30 Play Train Dominoes (L2) 2:30 Trader Joe's 6:00 Rummikub (FL) 7:15 Holiday Sing-a-long with Sheryl (L) 7:30 Monday Night Bridge (GR)</p>	<p>Podiatrist Visits 9:15 Post Office 10:00 Tai Chi by DVD (FC) 10:30 Bingo (T) 11:30-5:00 Southern Supreme Fruitcake Factory Tour and Shopping (1:00) 12:30 Line Dancing w/ Jennifer (FC) 1:00 Poker Club (GR) 1:15 Living Well Exercise w/ Legacy (FC) 2:00 Documentary: The Civil War (T) 3:45-4:45 Terrific Tunes with Ed Lyons (L) 4:45 Lighting of the Menorah (FL) 6:00 Parkinson's Support Group (T)</p>	<p>9:00-1:00 Shopping Shuttle 11:30-12:30 Lunch at Panera 1:00 Rummikub (FL) 1:00 Tai Chi w/ Adrienne (FC) 1:00 Preston Bridge Club (GR) 2:00 Play Gin Rummy (T) 2:30 Train Dominoes (L2) 3:30-4:30 Decorate Gingerbread Houses and Trees with Lea Anne and Friends (T) 4:45 Lighting of the Menorah (FL) 7:00 Music with Barbara (L)</p>	<p>8:00-10:00 O2 Fitness Water Aerobics 9:00-10:30 Blood Pressure Clinic (WC) 11:00 Great Courses: Turning Points in Modern History (T) 1:30 Exercise w/ Brandon (FC) 2:30 Wii Bowling (T) 12:00-2:00 Preston Pointe Holiday Party w/ the Bloomsbury Boys, Santa, and Mrs. Claus (DR, L) 3:00 Catholic Confession (T) 4:00 Catholic Communion (T) 4:00 Dinner at Lugano and Holiday Lights Joy Ride 4:45 Lighting of the Menorah (FL) 7:30 Movie (T)</p>	<p>8:30-10:00 Audiology Clinic (WC) 9:00 Banks 10:00 Exercise w/ Nourma (FC) 10:45 Bojangles 11:00 Jewelry Making w/ Laurie (BR) 1:15 Living Well Exercise w/ Legacy (FC) 2:00 Bingo! (T) 2:30 Train Dominoes (L2) 3:15-4:15 Happy Hour w/ Dan Blaisdell (T) 4:45 Lighting of the Menorah (FL)</p>	<p>10:00 Book Club (FL) 10:30 Bingo! (T) 10:30 Cardio and Strength Exercise with Brandon (FC) 1:00 Hand & Foot Card Game (L2) 1:00-2:30 Catholic Bible Study (BR) 2:00 Card Games (T) 2:00-5:00 NC Symphony: Holiday Pops with the Callaway Sisters (\$40) 4:45 Lighting of the Menorah (FL) 5:45 Holiday Music w/ Linda Haney (L) 7:30 Movie (T)</p>	<p>8:00-10:30 Transportation to St. Michael's and Genesis UMC 10:30 St. Michael's Mass (Streamed) (T) Sunday Brunch Buffet (11:30 and 1:00) Please make a reservation. 1:00-4:30 Holiday Mood: Big Band and Swing Dance Show (\$25) 4:45 Lighting of the Menorah (FL) 5:00-6:00 Room Reserved (T) 5:30 Carols with the Y Guides (L) 7:30 Movie (T)</p>
18	19	20 Hanukkah Ends	21	22	23	24
<p>9:30 A Stitch in Time (FL) 10:00 Exercise w/ Danielle (FC) 10:00-12:00 Food Lion 1:00 Bible Study (BR) 2:00 Yoga with Brenda (FC) 1:00-3:00 Walmart 2:30 Play Train Dominoes (L2) 2:30 "Happy Holidays" Music by Marie (T) 4:45 Lighting of the Menorah (FL) 6:00 Rummikub (FL) 7:00-8:00 Room Reserved (T) 7:30 Monday Night Bridge (GR)</p>	<p>9:00-10:00 Talk to the Pharmacist (WC) 9:15 Post Office 10:00 Tai Chi by DVD (FC) 10:30 Bingo (T) 11:30-1:30 Lunch at Red Lobster 12:30 Line Dancing w/ Jennifer (FC) 1:00 Poker Club (GR) 1:15 Living Well Exercise w/ Legacy (FC) 2:00-4:00 Holiday Giving Social (T) 4:00 Hymns & Scriptures w/ Jordan Lutheran (T) 4:45 Lighting of the Menorah (FL) 7:15 Sing-a-long with Lisa (L) 7:30 Night Cap Social with Silver Linings (FL)</p>	<p>9:00-1:00 Shopping Shuttle 1:00 Rummikub (FL) 1:00 Tai Chi w/ Adrienne (FC) 1:00 Preston Bridge Club (GR) 2:30 Play Train Dominoes (L2) 2:30 "Christmas Holiday" Music by Marie (T) 7:00 Music with Sara (L)</p>	<p>8:00-10:00 O2 Fitness Water Aerobics 9:00-10:30 Blood Pressure Clinic (WC) 11:00 Great Courses: Turning Points in Modern History (T) 1:30 Exercise w/ Brandon (FC) 2:30 "Christmas Spirit" Music by Marie (T) 4:00 Catholic Communion (T) 7:00 Holiday Lights Joy Ride 7:30 Movie (T)</p>	<p>9:00 Banks 10:00 Exercise w/ Nourma (FC) 10:45 Chick-fil-A 11:00 Jewelry Making (BR) 1:15 Living Well Exercise w/ Legacy (FC) 2:00 Jackpot Bingo! (T) 2:30 Train Dominoes (L2) 3:15-4:15 Happy Hour w/ Cole Koffi (T)</p>	<p>10:30 Bingo! (T) 10:30 Cardio and Strength Exercise with Brandon (FC) 1:00 Hand & Foot Card Game (L2) 1:00-2:30 Catholic Bible Study (BR) 2:00 Card Games (T) 7:30 Movie (T)</p>	<p>8:00-10:30 Transportation to St. Michael's and Genesis UMC 10:30 St. Michael's Mass (LIVE Stream) (T) Sunday Brunch Buffet (11:30 and 1:00) Music by Teresa Smith (L) Please make a reservation. 7:30 Christmas with Andre Rieu (DVD) (T)</p>
25 Christmas	26	27	28	29	30	31 New Year's Eve
<p>Holiday Buffet Seatings: 11:30 AM and 1:00 PM Please make a reservation.</p> <p>2:00 PM Hot Cider and Cookies (Café) 7:30 PM MOVIE: It's a Wonderful Life (T)</p>	<p>9:15 Post Office 10:00 Tai Chi by DVD (FC) 10:00-12:00 Food Lion 10:30 Bingo (T) 12:30 Line Dancing w/ Jennifer (FC) 1:00 Poker Club (GR) 1:00 Mobility Clinic (OFC) 1:15 Living Well Exercise w/ Legacy (FC) 3:45 Terrific Tunes w/ Tom Neuhauser (L)</p>	<p>9:00-1:00 Shopping Shuttle 1:00 Rummikub (FL) 1:00 Tai Chi w/ Adrienne (FC) 1:00 Preston Bridge Club (GR) 2:00 Play Gin Rummy (T) 2:30 Play Train Dominoes (L2) 6:00 Music with the Hancock Family (L)</p>	<p>8:00-10:00 O2 Fitness Water Aerobics 9:00-10:30 Blood Pressure Clinic (WC) 11:00 Great Courses: Turning Points in Modern History (T) 1:30 Exercise w/ Brandon (FC) 2:30 Wii Bowling (T) 2:30 Beginner Jewelry Making (BR) 4:00 Catholic Communion (T) 7:30 Movie (T)</p>	<p>9:00 Banks 10:00 Exercise w/ Nourma (FC) 10:45 Bojangles 1:15 Living Well Exercise w/ Legacy (FC) 2:00 JACKPOT Bingo! (T) 2:30 Train Dominoes (L2) 3:15-4:15 New Resident Welcome Social (T)</p>	<p>10:30 Bingo! (T) 10:30 Cardio and Strength Exercise with Brandon (FC) 1:00 Hand & Foot Card Game (L2) 1:00-2:30 Catholic Bible Study (BR) 2:00 Card Games (T) 7:30 Movie (T)</p>	<p>8:00-10:30 Transportation to St. Michael's and Genesis UMC 10:30 St. Michael's Mass (LIVE Stream) (T) Sunday Brunch Buffet (11:30 and 1:00) Music by Teresa Smith (L) Please make a reservation. 5:00-7:00 Ring in the New Year with Table Five Jazz Band (DR, L) 9:00 PBS New Year's Eve Special: Live from Lincoln Center (T)</p>