

# April 2018



PRESTON POINTE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>April 30</b>						<b>1 Easter</b>
<p>9:30 A Stitch in Time (FL)            10:00 Exercise w/ Nourma(FC)            10:00-12:00 <b>Food Lion</b>            12:00-3:00 <b>SPRING FLING (L)</b>            1:00 Bible Study (BR)            2:00 Yoga with Portia (FC)            2:00-4:00 <b>Walmart</b>            2:30 Play Train Dominoes (L2)            6:00 Rummikub (FL)            7:30 Monday Night Bridge (GR)</p>		<p>FL- Fireside Lounge (1st Floor)            T- Theater (4th Floor)            L- Lobby (1st Floor)            FC- Fitness Center (Lower Level)            C- Café (1st Floor)            P- Back Patio (1st Floor)            BR- Boardroom (Lower Level)</p>	<p>DR- Medallion Dining (1st Flr)            DR3- Magnolia Dining (3rd Flr)            WC- Wellness Center (2nd Floor)            GR- Game Room (1st Floor)            L2- Library (2nd Floor)            OFC- Outside Fitness Center (Lower Level)</p>	<p><b>Doctor's Making House Calls:</b>   <b>Monday, Tuesday Wednesday, Friday</b></p>		<p>8:00-10:30 <b>Transportation to St. Michael's and Genesis UMC</b>            10:30 St. Michael's Mass (LIVE Stream) (T)  <b>Sunday Brunch Buffet (11:30 and 1:00)</b>            Please make a reservation.            7:30 Movie (T)</p>
<b>2 Easter Monday</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
<p>9:30 A Stitch in Time (FL)            10:00 Exercise w/ Nourma (FC)            10:30 Bingo (T)            10:00-12:00 <b>Food Lion</b>            12:30-2:30 <b>Walmart</b>            1:00 Bible Study (BR)            2:00 Yoga with Portia (FC)            2:30 Play Train Dominoes (L2)            6:00 Rummikub (FL)            7:30 Monday Night Bridge (GR)</p>	<p>9:15 <b>Post Office</b>            10:00 Tai Chi by DVD (FC)            10:30 Bingo (T)            10:30-1:00 <b>Cary Towne Center Mall and Barnes and Noble</b>            12:30 Line Dancing w/ Jennifer (FC)            1:00 Poker Club (GR)            1:15 Living Well Exercise w/ Legacy (FC)            2:30 Heroes and Legends of Literature (T)            3:30 Teens and Technology (L2)            4:00 Hymns &amp; Scriptures w/ Jordan Lutheran (T)</p>	<p>9:00-1:00 <b>Shopping Shuttle</b>            11:00-12:30 <b>Lunch at Panera</b>            1:00 Rummikub (FL)            1:00 Tai Chi w/ Adrienne (FC)            1:00 Preston Bridge Club (GR)            2:00 Art Workshop w/Tony D'Amico (FC)            2:30 Train Dominoes (L)            3:30 Great Orchestral Works (T)            5:00-6:00 Music w/ Teresa (DR3)            7:00 Music w/ Teresa (L)</p>	<p>8:00-10:00 <b>O2 Fitness Water Aerobics</b>            9:00-10:30 Blood Pressure Clinic (WC)            10:00 Flower Arranging (DR)            11:00 Great Courses: Ancient Civilizations (T)            1:30 Exercise w/ Brandon (FC)            2:30 Wii Bowling (T)            4:00 Catholic Communion (T)            7:30 Movie (T)</p>	<p>9:00 <b>Banks</b>            10:00 Exercise w/ Nourma (FC)            10:45 <b>Bojangles</b>            11:00 Jewelry Making w/ Jennifer (BR)            1:15 Living Well Exercise w/Legacy (FC)            2:00 Bingo! (T)            2:30 Train Dominoes (L2)            3:15-4:15 Happy Hour w/ Tom Neuhauser(T)</p>	<p>10:30 Bingo! (T)            10:30 Cardio and Strength Exercise with Brandon (FC)            1:00 Hand &amp; Foot Card Game (L2)            1:00-2:30 Catholic Bible Study (BR)            1:00-4:00 <b>Three Phantoms in Concert (Garner Performing Arts Center) (\$40)</b>            2:00 Card Games (FL)            5:45 Music w/ Linda Haney (L)            7:30 Movie (T)</p>	<p>8:00-10:30 <b>Transportation to St. Michael's and Genesis UMC</b>            10:30-12:30 <b>Shopping: Harris Teeter, Publix, and Walgreens</b>            10:30 St. Michael's Mass (LIVE Stream) (T)  <b>Sunday Brunch Buffet (11:30 and 1:00)</b>            Please make a reservation.            7:30 Movie (T)</p>
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>
<p>9:30 A Stitch in Time (FL)            10:00 Exercise w/ Nourma (FC)            10:00-12:00 <b>Food Lion</b>            12:30-1:30 <b>West Regional Library</b>            1:00 Bible Study (BR)            2:00 Yoga with Portia (FC)            2:30 Play Train Dominoes (L2)            2:30-4:00 <b>Trader Joe's</b>            6:00 Rummikub (FL)            7:15 Sing-a-long with Lisa (L)            7:30 Monday Night Bridge (GR)</p>	<p>9:15 <b>Post Office</b>            10:00 Tai Chi by DVD (FC)            10:30 Bingo (T)            12:00-2:00 <b>Lunch at Seaboard Café and Shopping at Logan's Plant Nursery</b>            12:30 Line Dancing w/ Jennifer (FC)            1:00 Poker Club (GR)            1:15 Living Well Exercise w/ Legacy (FC)            3:45 Terrific Tunes w/ Ed Lyons (L)            6:00 Parkinson's Support Group (T and BR)</p>	<p>9:00-1:00 <b>Shopping Shuttle</b>            1:00 Rummikub (FL)            1:00 Tai Chi w/ Adrienne (FC)            1:00 Preston Bridge Club (GR)            1:30 Green Thumbs Garden Club (P)            2:30 Train Dominoes (L2)            2:30 Culinary Services Meeting w/ Cary Stallings (T)            3:30 Great Orchestral Works (T)            7:00 Music with Barbara (L)</p>	<p>8:00-10:00 <b>O2 Fitness Water Aerobics</b>            9:00-10:30 Blood Pressure Clinic (WC)            10:00 Flower Arranging (DR)            11:00 Great Courses: Ancient Civilizations (T)            1:30 Exercise w/ Brandon (FC)            2:30 Beginner Jewelry Making (BR)            4:00 Catholic Communion (T)            7:30 Movie (T)</p>	<p>9:00 <b>Banks</b>            10:00 Exercise w/ Nourma (FC)            10:30-12:30 <b>Brunch at The Egg and I</b>            11:00 Jewelry Making w/ Laurie (BR)            1:15 Living Well Exercise w/Legacy (FC)            2:00 Bingo! (T)            2:30 Train Dominoes (L2)            3:15-4:15 Happy Hour w/ Debbie (T)            6:45-9:00 <b>Cary Town Band Concert</b></p>	<p>9:30-12:15 <b>Genesis UMC Ladies Brunch (FREE)</b>            10:30 Bingo! (T)            10:30 Cardio and Strength Exercise with Brandon (FC)            1:00 Hand &amp; Foot Card Game (L2)            1:00-2:30 Catholic Bible Study (BR)            2:00 Card Games (T)            7:30 Movie (T)</p>	<p>8:00-10:30 <b>Transportation to St. Michael's and Genesis UMC</b>            10:30 St. Michael's Mass (LIVE Stream) (T)  <b>Sunday Brunch Buffet (11:30 and 1:00)</b>            Please make a reservation.            7:30 Movie (T)</p>
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20 Audiology Clinic</b>	<b>21</b>	<b>22</b>
<p>9:30 A Stitch in Time (FL)            10:00 Exercise w/ Nourma (FC)            10:00-12:00 <b>Food Lion</b>            12:30-2:30 <b>Walmart</b>            1:00 Bible Study (BR)            2:00 Yoga with Portia (FC)            2:30 Play Train Dominoes (L2)            2:30 Happy Music by Marie: By Request II (T)            6:00 Rummikub (FL)            7:30 Monday Night Bridge (GR)</p>	<p>9:00-10:30 Talk to the Pharmacist (WC)            9:15 <b>Post Office</b>            10:00 Tai Chi by DVD (FC)            10:30 Bingo (T)            12:00-3:30 <b>Southpoint Mall of Durham</b>            1:00 Poker Club (GR)            1:15 Living Well Exercise w/ Legacy (FC)            2:30 Music w/ Mrs. Niellson (T)            3:30 Teens and Technology (L2)            4:00 Hymns &amp; Scriptures w/ Jordan Lutheran (T)            7:30 Night Cap Social w/Silver Linings (FL)</p>	<p>9:00-1:00 <b>Shopping Shuttle</b>            11:00-1:00 <b>Lunch at Firebirds</b>            1:00 Rummikub (FL)            1:00 Tai Chi w/ Adrienne (FC)            1:00 Preston Bridge Club (GR)            2:00 Art Workshop w/ Tony D'Amico (FC)            2:30 Play Train Dominoes (L2)            3:30 Great Orchestral Works (T)            7:00 Music with Sara (L)</p>	<p>8:00-10:00 <b>O2 Fitness Water Aerobics</b>            9:00-10:30 Blood Pressure Clinic (WC)            10:00 Flower Arranging (DR)            11:00 Great Courses: Ancient Civilizations (T)            1:30 Exercise w/ Brandon (FC)            2:30 Wii Bowling (T)            2:30 Beginner Jewelry Making (BR)            4:00 Catholic Communion (T)            7:30 Movie (T)</p>	<p>8:30-10:00 Audiology Clinic (WC)            9:00 <b>Banks</b>            10:00 Exercise w/ Nourma (FC)            11:00-2:30 <b>NC Symphony Friday Favorites: Mozart and Mendelson (\$18)</b>            11:00 Jewelry Making w/ Laurie (BR)            1:15 Living Well Exercise w/ Legacy (FC)            2:00 Bingo! (T)            2:30 Train Dominoes (L2)            3:15-4:15 Happy Hour w/ Dan Blaisdell (T)</p>	<p>10:00 Book Club (FL)            10:30 Bingo! (T)            10:30 Cardio and Strength Exercise with Brandon (FC)            1:00 Hand &amp; Foot Card Game (L2)            1:00-2:30 Catholic Bible Study (BR)            2:00 Card Games (T)            7:30 Movie (T)</p>	<p>8:00-10:30 <b>Transportation to St. Michael's and Genesis UMC</b>            10:30 St. Michael's Mass (LIVE Stream) (T)  <b>Sunday Brunch Buffet (11:30 and 1:00)</b>            Please make a reservation.            1:00-3:00 Music by Teresa Smith (L)            5:00 Music w/ Linda Haney (L)            7:30 Movie(T)</p>
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>
<p>9:30 A Stitch in Time (FL)            10:00 Exercise w/ Nourma (FC)            10:00-12:00 <b>Food Lion</b>            12:30-1:30 <b>West Regional Library</b>            1:00 Bible Study (BR)            2:00 Yoga with Portia (FC)            2:30 Play Train Dominoes (L2)            2:30 "My Sergei" (T)            6:00 Rummikub (FL)            7:15 Sing-a-long with Lisa (L)            7:30 Monday Night Bridge (GR)</p>	<p>9:15 <b>Post Office</b>            10:00 Tai Chi by DVD (FC)            10:30 Bingo (T)            12:30 Line Dancing w/ Jennifer (FC)            1:00 Poker Club (GR)            1:00 Mobility Clinic (OFC)            1:15-3:45 <b>Tour of Duke Gardens (\$10)</b>            1:15 Living Well Exercise w/ Legacy (FC)            3:45 Terrific Tunes w/ Tom Neuhauser (L)</p>	<p>9:00-1:00 <b>Shopping Shuttle</b>            11:00-1:00 <b>Lunch at Ruckus</b>            1:00 Rummikub (FL)            1:00 Tai Chi w/ Adrienne (FC)            1:00 Preston Bridge Club (GR)            1:00-3:00 <b>Art and Hobby Show (DR)</b>            2:30 Play Train Dominoes (L2)            6:00 Music with the Hancock Family</p>	<p>8:00-10:00 <b>O2 Fitness Water Aerobics</b>            9:00-10:30 Blood Pressure Clinic (WC)            10:00 Flower Arranging (DR)            11:00 Great Courses: Ancient Civilizations (T)            1:30 Exercise w/ Brandon (FC)            2:30 Wii Bowling (T)            2:30 Beginner Jewelry Making (BR)            4:00 Catholic Communion (T)            7:30 Movie (T)</p>	<p>9:00 <b>Banks</b>            10:00 Exercise w/ Nourma (FC)            10:45 <b>Bojangles</b>            11:00 Jewelry Making w/ Laurie (BR)            1:15 Living Well Exercise w/ Legacy (FC)            2:00 JACKPOT Bingo! (T)            2:30 Train Dominoes (L2)            3:15-4:15 New Resident Welcome and Happy Hour w/ Cole Koffi (T)</p>	<p>10:30 Bingo! (T)            10:30 Cardio and Strength Exercise with Brandon (FC)            1:00 Hand &amp; Foot Card Game (L2)            1:00-2:30 Catholic Bible Study (BR)            2:00 Card Games (T)            7:30 Movie (T)</p>	<p>8:00-10:30 <b>Transportation to St. Michael's and Genesis UMC</b>            10:30 St. Michael's Mass (LIVE Stream) (T)  <b>Sunday Brunch Buffet (11:30 and 1:00)</b>            Please make a reservation.            1:00-3:00 Music by Teresa Smith (L)            7:30 Movie (T)</p>