

March 2018



PRESTON POINTE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1 Purim	2	3	4
<p><u>Doctor's Making House Calls:</u></p> <p>Monday, Tuesday Wednesday, Friday</p>	<p>FL- Fireside Lounge (1st Floor) T- Theater (4th Floor) L- Lobby (1st Floor) FC- Fitness Center (Lower Level) C- Café (1st Floor) P- Back Patio (1st Floor) BR- Boardroom (Lower Level)</p>	<p>DR- Medallion Dining (1st Flr) DR3- Magnolia Dining (3rd Flr) WC- Wellness Center (2nd Floor) GR- Game Room (1st Floor) L2- Library (2nd Floor) OFC- Outside Fitness Center (Lower Level)</p>	<p>8:00-10:00 O2 Fitness Water Aerobics 9:00-10:30 Blood Pressure Clinic (WC) 10:00 Flower Arranging (DR) 11:00 Great Courses: Ancient Civilizations (T) 12:00-4:00 Phantom of the Opera at DPAC 1:30 Exercise w/ Brandon (FC) 2:30 Wii Bowling (T) 2:30 Beginner Jewelry Making (BR) 4:00 Catholic Communion (T) 7:30 Movie (T)</p>	<p>9:00 Banks 10:00 Exercise w/ Nourma (FC) 10:30 Brunch at Brigg's 11:00 Jewelry Making w/ Laurie (BR) 1:15 Living Well Exercise w/Legacy (FC) 2:00 Bingo! (T) 2:30 Train Dominoes (L2) 3:15-4:15 Happy Hour w/ Ed Lyons(T)</p>	<p>10:30 Bingo! (T) 10:30 Cardio and Strength Exercise with Brandon (FC) 1:00 Hand & Foot Card Game (L2) 1:00-2:30 Catholic Bible Study (BR) 2:00 Card Games (T) 3:30 Heroes and Legends of Literature (T) 7:30 Movie (T)</p>	<p>8:00-10:30 Transportation to St. Michael's and Genesis UMC 10:30 St. Michael's Mass (LIVE Stream) (T) Sunday Brunch Buffet (11:30 and 1:00) Please make a reservation. 5:00 Music with Linda Haney (L) 7:30 Movie (T)</p>
5	6	7	8	9	10	11 Daylight Saving Time Begins
<p>9:30 A Stitch in Time (FL) 10:00 Exercise w/ Danielle (FC) 10:00-12:00 Food Lion 1:00 Bible Study (BR) 12:30-2:30 Walmart 2:00 Yoga by DVD (FC) 2:30 Play Train Dominoes (L2) 6:00 Rummikub (FL) 7:30 Monday Night Bridge (GR)</p>	<p>9:15 Post Office 10:00 Tai Chi by DVD (FC) 10:30 Bingo (T) 10:30-1:00 Cary Towne Center Mall 12:30 Line Dancing w/ Jennifer (FC) 1:00 Poker Club (GR) 1:15 Living Well Exercise w/ Legacy (FC) 2:30 Town Hall and Cash Prize Drawing (T) 3:30 Teens and Technology (L2) 4:00 Hymns & Scriptures w/ Jordan Lutheran (T)</p>	<p>8:30 AARP Tax Assistance 9:00-1:00 Shopping Shuttle 1:00 Rummikub (FL) 1:00 Tai Chi w/ Adrienne (FC) 1:00 Preston Bridge Club (GR) 1:30 Baby Shower for Ariel (T) 2:00 Art Workshop w/Tony D'Amico (FC) 2:30 Train Dominoes (L) 3:30 Great Orchestral Works (T) 5:00-6:00 Music w/ Teresa (DR3) 7:00 Music w/ Teresa (L)</p>	<p>8:00-10:00 O2 Fitness Water Aerobics 9:00-10:30 Blood Pressure Clinic (WC) 10:00 Flower Arranging (DR) 11:00 Great Courses: Ancient Civilizations (T) 1:30 Exercise w/ Brandon (FC) 2:30 Wii Bowling (T) 2:30 Beginner Jewelry Making (BR) 4:00 Catholic Communion (T) 7:30 Movie (T)</p>	<p>9:00 Banks 10:00 Exercise w/ Nourma (FC) 10:45 Bojangles 11:00 Jewelry Making w/ Laurie (BR) 1:15 Living Well Exercise w/Legacy (FC) 2:00 Bingo! (T) 2:30 Train Dominoes (L2) 3:15-4:15 Happy Hour w/ Debbie Verderamo and Meet Cary Stallings (Culinary Services Director) (T)</p>	<p>10:30 Bingo! (T) 10:30 Cardio and Strength Exercise with Brandon (FC) 1:00 Hand & Foot Card Game (L2) 1:00-2:30 Catholic Bible Study (BR) 2:00 Card Games (FL) 3:30 Heroes and Legends of Literature (T) 7:30 Movie (T)</p>	<p>8:00-10:30 Transportation to St. Michael's and Genesis UMC 10:30-12:30 Shopping: Harris Teeter, Publix, and Walgreens 10:30 St. Michael's Mass (LIVE Stream) (T) Sunday Brunch Buffet (11:30 and 1:00) Please make a reservation. 3:30 Trionioide Irish Dancers Perform (T) 7:30 Movie (T)</p>
12	13	14	15	16	17 St. Patrick's Day	18
<p>9:30 A Stitch in Time (FL) 10:00 Exercise w/ Danielle (FC) 10:00-12:00 Food Lion 12:30-1:30 West Regional Library 1:00 Bible Study (BR) 1:45 Gigi's Handbell Choir (T) 2:00 Yoga with Brenda (FC) 2:30 Play Train Dominoes (L2) 2:30-4:00 Trader Joe's 6:00 Rummikub (FL) 7:15 Sing-a-long with Lisa (L) 7:30 Monday Night Bridge (GR)</p>	<p>9:15 Post Office 10:00 Tai Chi by DVD (FC) 10:30 Bingo (T) 12:00-2:00 Lunch at Doherty's of Apex 12:30 Line Dancing w/ Jennifer (FC) 1:00 Poker Club (GR) 1:15 Living Well Exercise w/ Legacy (FC) 2:30 The Crown (T) 3:45 Terrific Tunes w/ Play it Again Glen (L) 6:00 Parkinson's Support Group (T and BR)</p>	<p>8:30 AARP Tax Assistance 9:00-1:00 Shopping Shuttle 1:00 Rummikub (FL) 1:00 Tai Chi w/ Adrienne (FC) 1:00 Preston Bridge Club (GR) 2:30 Train Dominoes (L2) 2:30 Culinary Services Meeting w/ Cary Stallings (T) 3:30 Great Orchestral Works (T) 7:00 Music with Barbara (L)</p>	<p>8:00-10:00 O2 Fitness Water Aerobics 9:00-10:30 Blood Pressure Clinic (WC) 10:00 Flower Arranging (DR) 11:00 Great Courses: Ancient Civilizations (T) 1:30 Exercise w/ Brandon (FC) 2:30 St. Patrick's Day Trivia w/Barbara Asher (T) 2:30 Beginner Jewelry Making (BR) 4:00 Catholic Communion (T) 6:30-10:00 The Wizard of OZ (Duke Energy Center) (\$70) 7:30 Movie (T)</p>	<p>8:30-10:00 Audiology Clinic (WC) 9:00 Banks 10:00 Exercise w/ Nourma (FC) 10:45 Chick-fil-A 11:00 Jewelry Making w/ Laurie (BR) 1:15 Living Well Exercise w/ Legacy (FC) 2:00 Bingo! (T) 2:30 Train Dominoes (L2) 3:15-4:15 St. Patrick's Party and Happy Hour w/ Dan Blaisdell (T)</p>	<p>10:00 Book Club (FL) 10:30 Bingo! (T) 10:30 Cardio and Strength Exercise with Brandon (FC) 1:00 Hand & Foot Card Game (L2) 1:00-2:30 Catholic Bible Study (BR) 2:00 Card Games (T) 3:30 Heroes and Legends of Literature (T) 7:30 Movie (T)</p>	<p>8:00-10:30 Transportation to St. Michael's and Genesis UMC 10:30 St. Michael's Mass (LIVE Stream) (T) Sunday Brunch Buffet (11:30 and 1:00) Please make a reservation. 5:00 Music with Linda Haney (L) 7:30 Movie (T)</p>
19	20 Spring Begins	21	22	23	24	25 Palm Sunday
<p>9:30 A Stitch in Time (FL) 10:00 Exercise w/ Danielle (FC) 10:00-12:00 Food Lion 12:30-1:30 Jewelry Sale (L) 1:00 Bible Study (BR) 12:30-2:30 Walmart 2:00 Yoga with Brenda (FC) 2:30 Play Train Dominoes (L2) 2:30 Happy Music by Marie: By Request (T) 6:00 Rummikub (FL) 7:30 Monday Night Bridge (GR)</p>	<p>9:00-10:00 Talk to the Pharmacist (WC) 9:15 Post Office 10:00 Tai Chi by DVD (FC) 10:30 Bingo (T) 11:30 Lunch at Chuy's (Tex Mex) 12:30-1:30 Jewelry Sale (L) 1:00 Poker Club (GR) 1:15 Living Well Exercise w/ Legacy (FC) 2:30 The Crown (T) 3:30 Teens and Technology (L2) 4:00 Hymns & Scriptures w/ Jordan Lutheran (T) 7:30 Night Cap Social w/Silver Linings (FL)</p>	<p>8:30 AARP Tax Assistance 9:00-1:00 Shopping Shuttle 12:30-1:30 Jewelry Sale (L) 1:00 Rummikub (FL) 1:00 Tai Chi w/ Adrienne (FC) 1:00 Preston Bridge Club (GR) 2:00 Art Workshop w/ Tony D'Amico (FC) 2:30 Play Train Dominoes (L2) 3:30 Great Orchestral Works (T) 7:00 Music with Sara (L)</p>	<p>8:00-10:00 O2 Fitness Water Aerobics 9:00-10:30 Blood Pressure Clinic (WC) 10:00 Flower Arranging (DR) 11:00 Great Courses: Ancient Civilizations (T) 12:30-1:30 Jewelry Sale (L) 12:30-3:00 Art in Bloom (NC Museum of Art) (\$18) 1:30 Exercise w/ Brandon (FC) 2:30 Wii Bowling (T) 2:30 Beginner Jewelry Making (BR) 4:00 Catholic Communion (T) 7:30 Movie (T)</p>	<p>9:00 Banks 10:00 Exercise w/ Nourma (FC) 12:00-2:30 NC Symphony Friday Favorites : Fountains of Rome (\$18) 11:00 Jewelry Making w/ Laurie (BR) 12:30-1:30 Jewelry Sale (L) 1:15 Living Well Exercise w/ Legacy (FC) 2:30 Train Dominoes (L2) 3:15-4:15 Happy Hour w/ Caroline Gregory (T)</p>	<p>10:30 Bingo! (T) 10:30 Cardio and Strength Exercise with Brandon (FC) 1:00 Hand & Foot Card Game (L2) 1:00-2:30 Catholic Bible Study (BR) 2:00 Card Games (T) 3:30 Heroes and Legends of Literature (T) 7:30 Movie (T)</p>	<p>8:00-10:30 Transportation to St. Michael's and Genesis UMC 10:30 St. Michael's Mass (LIVE Stream) (T) Sunday Brunch Buffet (11:30 and 1:00) Please make a reservation. 1:00-3:00 Music by Teresa Smith (piano) (L) 7:30 Movie(T)</p>
26	27	28	29	30 Good Friday / Passover Begins	31	
<p>9:30 A Stitch in Time (FL) 10:00 Exercise w/ Danielle (FC) 10:00-12:00 Food Lion 12:30-1:30 West Regional Library 12:30-1:30 Jewelry Sale (L) 1:00 Bible Study (BR) 2:00 Yoga with Brenda (FC) 2:30 Play Train Dominoes (L2) 6:00 Rummikub (FL) 7:15 Sing-a-long with Lisa (L) 7:30 Monday Night Bridge (GR)</p>	<p>9:15 Post Office 10:00 Tai Chi by DVD (FC) 10:30 Bingo (T) 11:00 Lunch at Cracker Barrel 12:30-1:30 Jewelry Sale (L) 12:30 Line Dancing w/ Jennifer (FC) 1:00 Poker Club (GR) 1:00 Mobility Clinic (OFC) 1:15 Living Well Exercise w/ Legacy (FC) 2:30 Japanese Temari Art (T) 3:45 Terrific Tunes w/ Tom Neuhauser (L)</p>	<p>8:30 AARP Tax Assistance (LAST DAY) 9:00-1:00 Shopping Shuttle 12:30-1:30 Jewelry Sale (L) 1:00 Rummikub (FL) 1:00 Tai Chi w/ Adrienne (FC) 1:00 Preston Bridge Club (GR) 2:30 Play Train Dominoes (L2) 3:30 Great Orchestral Works (T) 6:00 Music with the Hancock Family 7:15 Resident and Family Education (T)</p>	<p>8:00-10:00 O2 Fitness Water Aerobics 9:00-10:30 Blood Pressure Clinic (WC) 10:00 Flower Arranging (DR) 11:00 Great Courses: Ancient Civilizations (T) 12:30-1:30 Jewelry Sale (L) 1:30 Exercise w/ Brandon (FC) 2:30 Wii Bowling (T) 4:00 Catholic Communion (T) 7:30 Movie (T)</p>	<p>9:00 Banks 10:00 Exercise w/ Nourma (FC) 11:00 Lunch at K&W of Cameron Village 12:30-1:30 Jewelry Sale (L) 2:00 JACKPOT Bingo! (T) 2:30 Train Dominoes (L2) 3:15-4:15 New Resident Welcome and Happy Hour w/ Bruce Smith Jazz Duo (T)</p>	<p>10:30 Bingo! (T) 10:30 Cardio and Strength Exercise with Brandon (FC) 1:00 Hand & Foot Card Game (L2) 1:00-2:30 Catholic Bible Study (BR) 2:00 Card Games (T) 3:30 Heroes and Legends of Literature (T) 7:30 Movie (T)</p>	