

June 2018



PRESTON POINTE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1	2	3
<p><u>Doctor's Making House Calls:</u></p> <p>Monday, Tuesday Wednesday, Friday</p>	<p>DR- Medallion Dining (1st Flr)</p> <p>DR3- Magnolia Dining (3rd Flr)</p> <p>WC- Wellness Center (2nd Floor)</p> <p>GR- Game Room (1st Floor)</p> <p>L2- Library (2nd Floor)</p> <p>OFC- Outside Fitness Center (Lower Level)</p> <p>BR- Boardroom (Lower Level)</p>	<p>FL- Fireside Lounge (1st Floor)</p> <p>T- Theater (4th Floor)</p> <p>L- Lobby (1st Floor)</p> <p>FC- Fitness Center (Lower Level)</p> <p>C- Café (1st Floor)</p> <p>P- Back Patio (1st Floor)</p>		<p>9:00 Banks</p> <p>10:00 Exercise w/ Nourma (FC)</p> <p>10:30-12:30 Brunch at IHOP</p> <p>11:00 Jewelry Making w/ Laurie (BR)</p> <p>1:15 Living Well Exercise w/Legacy (FC)</p> <p>2:00 Bingo! (T)</p> <p>2:30 Train Dominoes (L2)</p> <p>3:15-4:15 Happy Hour w/ Tom Neuhauser (L) (T)</p>	<p>10:30 Bingo! (T)</p> <p>10:30 Cardio and Strength Exercise with Brandon (FC)</p> <p>1:00 Hand & Foot Card Game (L2)</p> <p>1:00-2:30 Catholic Bible Study (BR)</p> <p>2:00 Card Games (FL)</p> <p>5:45 Music w/ Linda Haney (L)</p> <p>7:30 Movie (T)</p>	<p>8:00-10:30 Transportation to St. Michael's and Genesis UMC</p> <p>10:30 St. Michael's Mass (LIVE Stream)(T)</p> <p>Sunday Brunch Buffet (11:30 and 1:00)</p> <p>Please make a reservation.</p> <p>7:30 Movie (T)</p>
4	5 Podiatrist	6	7	8	9	10
<p>9:30 A Stitch in Time (FL)</p> <p>10:00 Exercise w/ Nourma (FC)</p> <p>10:00-12:00 Food Lion</p> <p>12:30-1:30 West Regional Library</p> <p>1:00 Bible Study (BR)</p> <p>2:00 Yoga with Portia (FC)</p> <p>2:30 Play Train Dominoes (L2)</p> <p>6:00 Rummikub (FL)</p> <p>7:30 Monday Night Bridge (GR)</p>	<p>9:15 Post Office</p> <p>10:00 Tai Chi by DVD (FC)</p> <p>10:30 Bingo (T)</p> <p>1:00 Poker Club (GR)</p> <p>1:15 Living Well Exercise w/ Legacy (FC)</p> <p>2:30 Great Courses: Benjamin Franklin (T)</p> <p>3:30 Teens and Technology (L2)</p> <p>4:00 Hymns & Scriptures w/ Jordan Lutheran (T)</p>	<p>9:00-1:00 Shopping Shuttle</p> <p>11:00-12:30 Hydration Station (L)</p> <p>12:15 50's Medley w/ Performance Edge (T)</p> <p>1:00 Rummikub (FL)</p> <p>1:00 Tai Chi w/ Adrienne (FC)</p> <p>1:00 Preston Bridge Club (GR)</p> <p>2:00 Art Workshop w/Tony D'Amico (FC)</p> <p>2:30 Train Dominoes (L)</p> <p>5:00 Music w/ Teresa (DR3)</p> <p>7:00 Music w/ Teresa (L)</p>	<p>9:00-10:30 Blood Pressure Clinic (WC)</p> <p>9:45-12:00 Water Aerobics at Morrisville Aquatics Center</p> <p>10:00 Flower Arranging (DR)</p> <p>11:00 Great Courses: Ancient Civilizations (T)</p> <p>1:30 Exercise w/ Brandon (FC)</p> <p>2:30 Wii Bowling (T)</p> <p>4:00 Catholic Communion (T)</p> <p>6:30-10:30 NC Symphony: Amadeus LIVE (\$55)</p> <p>7:30 Movie (T)</p>	<p>9:00 Banks</p> <p>10:00 Exercise w/ Nourma (FC)</p> <p>10:45 Bojangles</p> <p>1:15 Living Well Exercise w/Legacy (FC)</p> <p>2:00 Bingo! (T)</p> <p>2:30 Train Dominoes (L2)</p> <p>3:15-4:15 Happy Hour w/ Debbie Verderamo (T)</p>	<p>10:30 Bingo! (T)</p> <p>10:30 Cardio and Strength Exercise with Brandon (FC)</p> <p>1:00 Hand & Foot Card Game (L2)</p> <p>1:00-2:30 Catholic Bible Study (BR)</p> <p>2:00 Card Games (FL)</p> <p>7:30 Movie (T)</p>	<p>8:00-10:30 Transportation to St. Michael's and Genesis UMC</p> <p>10:30-12:30 Shopping: Harris Teeter, Publix, and Walgreens</p> <p>10:30 St. Michael's Mass (LIVE Stream) (T)</p> <p>Sunday Brunch Buffet (Make a reservation: 11:30 and 1:00)</p> <p>7:30 Movie (T)</p>
11	12	13	14	15 Audiologist	16	17 Father's Day
<p>9:30 A Stitch in Time (FL)</p> <p>10:00 Exercise with Nourma (FC)</p> <p>10:00-12:00 Food Lion</p> <p>12:30-3:00 Walmart</p> <p>1:00 Bible Study (BR)</p> <p>2:00 Yoga with Portia (FC)</p> <p>2:30 Play Train Dominoes (L2)</p> <p>6:00 Rummikub (FL)</p> <p>7:15 Sing-a-long w/ Lisa (L)</p> <p>7:30 Monday Night Bridge (GR)</p>	<p>9:15 Post Office</p> <p>10:00 Tai Chi by DVD (FC)</p> <p>10:00-2:00 Health and Wellness Fair (DR)</p> <p>10:30 Bingo (T)</p> <p>11:00-12:30 Hydration Station (L)</p> <p>12:30-4:00 Southpoint Mall</p> <p>1:00 Line Dancing with Jennifer (FC)</p> <p>1:00 Poker Club (GR)</p> <p>1:15 Living Well Exercise w/ Legacy (FC)</p> <p>2:30 Great Courses: Benjamin Franklin (T)</p> <p>3:45 Terrific Tunes with Ed Lyons (L)</p> <p>6:00 Parkinson's Support Group (T and BR)</p>	<p>9:00-1:00 Shopping Shuttle</p> <p>11:00-12:30 Hydration Station (L)</p> <p>11:30-1:00 Lunch at Panera</p> <p>1:00 Rummikub (FL)</p> <p>1:00 Tai Chi w/ Adrienne (FC)</p> <p>1:00 Preston Bridge Club (GR)</p> <p>2:30 Train Dominoes (L2)</p> <p>2:30 Art Workshop w/ Tony D'Amico (FC)</p> <p>7:00 Music with Barbara (L)</p>	<p>9:00-10:30 Blood Pressure Clinic (WC)</p> <p>9:45-12:00 Water Aerobics at Morrisville Aquatics Center</p> <p>10:00 Flower Arranging (DR)</p> <p>11:00 Great Courses: Ancient Civilizations (T)</p> <p>1:00-3:00 Farmer's Market</p> <p>1:30 Exercise w/ Brandon (FC)</p> <p>4:00 Catholic Communion (T)</p> <p>7:30 Movie (T)</p>	<p>8:30-10:00 Audiology Clinic (WC)</p> <p>9:00 Banks</p> <p>10:00 Exercise w/ Nourma (FC)</p> <p>11:00-1:00 Lunch at O'Charley's</p> <p>11:00 Jewelry Making w/ Laurie (BR)</p> <p>1:15 Living Well Exercise w/ Legacy (FC)</p> <p>2:00 Bingo! (T)</p> <p>2:30 Train Dominoes (L2)</p> <p>3:15-4:15 Happy Hour w/ Dan Blaisdell (T)</p>	<p>10:00 Book Club (FL)</p> <p>10:30 Bingo! (T)</p> <p>10:30 Cardio and Strength Exercise with Brandon (FC)</p> <p>1:00 Hand & Foot Card Game (L2)</p> <p>1:00-2:30 Catholic Bible Study (BR)</p> <p>1:00-5:00 Performance Edge Summer Showcase (\$22)</p> <p>2:00 Card Games (T)</p> <p>7:30 Movie (T)</p>	<p>8:00-10:30 Transportation to St. Michael's and Genesis UMC</p> <p>10:30 St. Michael's Mass (LIVE Stream) (T)</p> <p>Father's Day Brunch Buffet (Make a reservation: 11:30 and 1:00)</p> <p>5:15 Music w/Linda Haney (L)</p> <p>7:30 Movie (T)</p>
18	19 Pharmacist	20	21	22	23	24
<p>9:30 A Stitch in Time (FL)</p> <p>10:00 Exercise w/ Nourma (FC)</p> <p>10:00-12:00 Food Lion</p> <p>12:30-1:30 West Regional Library</p> <p>1:00 Bible Study (BR)</p> <p>1:30-3:00 Trader Joe's</p> <p>2:00 Yoga with Portia (FC)</p> <p>2:30 Play Train Dominoes (L2)</p> <p>2:30 Happy Music by Marie (T)</p> <p>6:00 Rummikub (FL)</p> <p>7:30 Monday Night Bridge (GR)</p>	<p>9:00-10:30 Talk to the Pharmacist (WC)</p> <p>9:15 Post Office</p> <p>10:00 Tai Chi by DVD (FC)</p> <p>10:30 Bingo (T)</p> <p>11:00-2:00 NC Museum of Art/Lunch at Iris</p> <p>1:00 Poker Club (GR)</p> <p>1:15 Living Well Exercise w/ Legacy (FC)</p> <p>2:30 Town Hall (T)</p> <p>3:30 Teens and Technology (L2)</p> <p>4:00 Hymns & Scriptures w/ Jordan Lutheran (T)</p> <p>7:30 Night Cap Social w/Silver Linings (FL)</p>	<p>9:00-1:00 Shopping Shuttle</p> <p>11:00-12:30 Hydration Station (L)</p> <p>12:00-1:30 Men's Luncheon (DR)</p> <p>1:00 Rummikub (FL)</p> <p>1:00 Tai Chi w/ Adrienne (FC)</p> <p>1:00 Preston Bridge Club (GR)</p> <p>2:30 Play Train Dominoes (L2)</p> <p>2:30 Art Workshop w/ Tony D'Amico (FC)</p> <p>3:00 Special Presentation: "For the Love of Cats" w/ Karen Raines (T)</p> <p>7:00 Music with Sara (L)</p>	<p>9:00-10:30 Blood Pressure Clinic (WC)</p> <p>9:45-12:00 Water Aerobics at Morrisville Aquatics Center</p> <p>10:00 Flower Arranging (DR)</p> <p>11:00-1:00 First Responders Luncheon (DR)</p> <p>1:30 Exercise w/ Brandon (FC)</p> <p>2:30 Wii Bowling (T)</p> <p>4:00 Catholic Communion (T)</p> <p>7:00-10:30 "Don't Dress for Dinner"-Raleigh Little Theater (\$22)</p> <p>7:30 Movie (T)</p>	<p>9:00 Banks</p> <p>10:00 Exercise w/ Nourma (FC)</p> <p>10:45 Chic-fil-a</p> <p>11:00 Jewelry Making w/ Laurie (BR)</p> <p>1:15 Living Well Exercise w/ Legacy (FC)</p> <p>2:00 Bingo! (T)</p> <p>2:30 Train Dominoes (L2)</p> <p>3:15-4:15 Happy Hour w/ Cole Koffi (T)</p>	<p>10:30 Bingo! (T)</p> <p>10:30 Cardio and Strength Exercise with Brandon (FC)</p> <p>1:00 Hand & Foot Card Game (L2)</p> <p>1:00-2:30 Catholic Bible Study (BR)</p> <p>2:00 Card Games (T)</p> <p>7:30 Movie (T)</p>	<p>8:00-10:30 Transportation to St. Michael's and Genesis UMC</p> <p>10:30 St. Michael's Mass (LIVE Stream) (T)</p> <p>Sunday Brunch Buffet (Make a reservation: 11:30 and 1:00)</p> <p>1:00-3:00 Music by Teresa Smith (L)</p> <p>7:30 Movie (T)</p>
25	26 Dermatologist	27	28	29	30	
<p>9:30 A Stitch in Time (FL)</p> <p>10:00 Exercise w/ Nourma (FC)</p> <p>10:00-12:00 Food Lion</p> <p>12:30-3:00 Walmart</p> <p>1:00 Bible Study (BR)</p> <p>2:00 Yoga with Portia (FC)</p> <p>2:30 Play Train Dominoes (L2)</p> <p>6:00 Rummikub (FL)</p> <p>7:15 Sing-a-long with Lisa (L)</p> <p>7:30 Monday Night Bridge (GR)</p>	<p>9:15 Post Office</p> <p>10:00 Tai Chi by DVD (FC)</p> <p>10:30 Bingo (T)</p> <p>12:30-4:00 Marshalls, AC Moore, DSW, and Red, Bath and Beyond</p> <p>1:00 Poker Club (GR)</p> <p>1:00 Mobility Clinic (OFC)</p> <p>1:15 Living Well Exercise w/ Legacy (FC)</p> <p>2:30 Great Courses: Benjamin Franklin (T)</p> <p>3:45 Terrific Tunes w/ Tom Neuhauser (L)</p>	<p>9:00-1:00 Shopping Shuttle</p> <p>11:00-12:30 Hydration Station (L)</p> <p>11:00-1:00 Lunch at Panera</p> <p>1:00 Rummikub (FL)</p> <p>1:00 Tai Chi w/ Adrienne (FC)</p> <p>1:00 Preston Bridge Club (GR)</p> <p>2:30 Play Train Dominoes (L2)</p> <p>3:30 Laugh Out Loud! (T)</p> <p>7:00 Music with the Hancock Family (L)</p>	<p>9:00-10:30 Blood Pressure Clinic (WC)</p> <p>9:45-12:00 Water Aerobics at Morrisville Aquatics Center</p> <p>10:00 Flower Arranging (DR)</p> <p>11:00 Great Courses: Ancient Civilizations (T)</p> <p>1:00-2:00 Goodberry's Frozen Custard</p> <p>1:30 Exercise w/ Brandon (FC)</p> <p>2:30 Wii Bowling (T)</p> <p>4:00 Catholic Communion (T)</p> <p>7:30 Movie (T)</p>	<p>9:00 Banks</p> <p>10:00 Exercise w/ Nourma (FC)</p> <p>11:00 Lunch at Olive Garden</p> <p>11:00 Jewelry Making w/ Laurie (BR)</p> <p>1:15 Living Well Exercise w/ Legacy (FC)</p> <p>2:00 JACKPOT Bingo! (T)</p> <p>2:30 Train Dominoes (L2)</p> <p>3:15-4:15 New Resident Welcome Social and Happy Hour (T)</p>	<p>10:30 Bingo! (T)</p> <p>10:30 Cardio and Strength Exercise with Brandon (FC)</p> <p>1:00 Hand & Foot Card Game (L2)</p> <p>1:00-2:30 Catholic Bible Study (BR)</p> <p>2:00 Card Games (T)</p> <p>7:30 Movie (T)</p>	