

November 2018



PRESTON POINTE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1	2	3	4
<p><u><i>Doctors Making House Calls:</i></u></p> <p><i>Monday, Tuesday Wednesday, Friday</i></p>	<p>FL- Fireside Lounge (1st Floor) T- Theater (4th Floor) L- Lobby (1st Floor) FC- Fitness Center (Lower Level) C- Café (1st Floor) P- Back Patio (1st Floor)</p>	<p>DR- Medallion Dining (1st Floor) DR3- Magnolia Dining (3rd Floor) WC- Wellness Center (2nd Floor) GR- Game Room (1st Floor) L2- Library (2nd Floor) OFC- Outside Fitness Center (Lower Level) BR- Boardroom (Lower Level)</p>	<p>9:00-10:30 Blood Pressure Clinic (WC) 9:45-12:00 Water Aerobics at Morrisville Aquatics Center 10:00 Flower Arranging (DR) 12:30 Early Voting 1:00 Great Courses: Investigating Presidents (T) 2:00 Strength Exercise by DVD (FC) 2:30 Wii Bowling (T) 2:30 Early Voting 4:00 Catholic Communion (T) 7:30 Movie (T)</p>	<p>9:00 Banks 10:00 Silver Sneakers Exercise w/ Nourma (FC) 10:45 Bojangles 11:00 Jewelry Making w/ Laurie (BR) 1:15 Living Well Exercise w/ Legacy (FC) 2:00 Bingo! (T) 2:30 Train Dominoes (L2) 3:15-4:15 Happy Hour with Ed Lyons (T)</p>	<p>10:30 Bingo! (T) 1:00 Hand & Foot Card Game (L2) 1:00-2:30 Catholic Bible Study (BR) 2:00 Card Games (T) 5:45 Music w/ Linda Haney (L) 7:30 Movie (T)</p>	<p>8:00-10:30 Transportation to St. Michael's and Genesis UMC 10:30 St. Michael's Mass (LIVE Stream)(T) Sunday Brunch Buffet (11:30 and 1:00) Please make a reservation. 7:30 Movie (T)</p>
5	6 Election Day	7	8	9	10	11 Veterans Day
<p>9:30 A Stitch in Time (FL) 10:00 Silver Sneakers Exercise w/ Nourma (FC) 10:00-12:00 Food Lion 12:30-1:30 West Regional Library 1:00 Bible Study (BR) 2:00 Yoga with Portia (FC) 2:30 Play Train Dominoes (L2) 2:30 Happy Music by Marie: Falling in Love (T) 6:00 Rummikub (FL) 7:30 Monday Night Bridge (GR)</p>	<p>9:15 Post Office 10:00 Vote 10:30 Bingo (T) 11:00 Vote 11:00 Strength Exercise by DVD (FC) 12:30 Vote 1:00 Poker Club (GR) 1:15 Living Well Exercise w/ Legacy (FC) 2:00 Vote 2:30 Great Courses: Trials of World History (T) 3:30 Teens and Technology (L2) 3:30 Vote 4:00 Hymns & Scriptures w/ Jordan Lutheran (T)</p>	<p>9:00-1:00 Shopping Shuttle 1:00 Rummikub (FL) 1:00 Tai Chi by DVD (FC) 1:00 Preston Bridge Club (GR) 2:00 Art Workshop w/Tony D'Amico (FC) 2:30 Train Dominoes (L2) 5:00 Music with Teresa (DR3) 7:00 Music with Teresa (L)</p>	<p>9:00-10:30 Blood Pressure Clinic (WC) 9:45-12:00 Water Aerobics at Morrisville Aquatics Center 10:00 Flower Arranging (DR) 1:00 Great Courses: Investigating Presidents (T) 2:00 Strength Exercise by DVD (FC) 2:00 Special Presentation by Clarence Wegmann: My Ocean Voyage and Flight of Honor (T) 4:00 Catholic Communion (T) 7:30 Movie (T)</p>	<p>9:00 Banks 10:00 Silver Sneakers Exercise w/ Nourma (FC) 11:00 Chick-fil-A 11:00 Jewelry Making w/ Laurie (BR) 1:15 Living Well Exercise w/ Legacy (FC) 2:00 Bingo! (T) 2:30 Train Dominoes (L2) 3:15-4:15 Patriotic Happy Hour w/ Debbie Verderamo (T)</p>	<p>10:00-1:00 Historic Raleigh Trolley Tour (\$10) 10:30 Bingo! (T) 1:00 Hand & Foot Card Game (L2) 1:00-2:30 Catholic Bible Study (BR) 2:00 Card Games (FL) 7:30 Movie (T)</p>	<p>8:00-10:30 Transportation to St. Michael's and Genesis UMC 10:30 St. Michael's Mass (LIVE Stream) (T) Veterans Day Brunch Buffet (11:30 and 1:00) Please make a reservation. 5:30-6:30 Proud to be a Veteran with the Smith Jazz Duo (Theater) 7:30 Movie (T)</p>
12	13 Podiatrist	14	15	16 Audiology Clinic	17	18
<p>9:30 A Stitch in Time (FL) 10:00 Silver Sneakers Exercise w/ Nourma (FC) 10:00-12:00 Food Lion 11:30-1:00 Luncheon of Honor (DR) 12:30-3:00 Walmart 1:00 Bible Study (BR) 1:45 Gigi's Handbell Choir Concert (T) 2:00 Yoga with Portia (FC) 2:30 Train Dominoes (L2) 6:00 Rummikub (FL) 7:15 Sing-a-long with Lisa (L) 7:30 Monday Night Bridge (GR)</p>	<p>9:15 Post Office 10:30 Bingo (T) 11:00 Strength Exercise by DVD (FC) 12:30 Line Dancing w/ Jennifer (FC) 1:00 Poker Club (GR) 1:15 Living Well Exercise w/ Legacy (FC) 2:30 Great Courses: Trials of World History (T) 6:00 Parkinson's Support Group (T and BR)</p>	<p>9:00-1:00 Shopping Shuttle 11:00 Lunch at Panera 1:00 Rummikub (FL) 1:00 Tai Chi w/ Adrienne (FC) 1:00 Preston Bridge Club (GR) 2:30 Train Dominoes (L) 3:00 The Beauty of Fall (T) 7:00 Music with Barbara (L)</p>	<p>9:00-10:30 Blood Pressure Clinic (WC) 9:45-12:00 Water Aerobics at Morrisville Aquatics Center 10:00 Flower Arranging (DR) 1:00 Great Courses: Investigating Presidents (T) 2:00 Strength Exercise by DVD (FC) 2:30 Wii Bowling (T) 4:00 Catholic Communion (T) 7:30 Movie (T)</p>	<p>8:30-10:00 Audiology Clinic (WC) 9:00 Banks 10:00 Silver Sneakers Exercise w/ Nourma (FC) 11:00 Jewelry Making w/ Laurie (BR) 11:30 Freddy's Steakburgers 1:15 Living Well Exercise w/ Legacy (FC) 2:00 Bingo! (T) 2:30 Train Dominoes (L2) 3:15-4:15 Happy Hour w/ Dan Blaisdell (T)</p>	<p>10:00 Book Club (FL) 10:30 Bingo! (T) 1:00 Hand & Foot Card Game (L2) 1:00-2:30 Catholic Bible Study (BR) 2:00 Card Games (T) 1:00-5:00 Jersey Boys at Duke Energy (\$85) 7:30 Movie (T)</p>	<p>8:00-10:30 Transportation to St. Michael's and Genesis UMC 10:30 St. Michael's Mass (LIVE Stream)(T) Sunday Brunch Buffet (11:30 and 1:00) Please make a reservation. 4:00 MUSE Concert (T) 5:15 Music w/ Linda Haney (L) 7:30 Movie (T)</p>
19	20 Pharmacist	21	22 Thanksgiving	23	24	25
<p>9:30 A Stitch in Time (FL) 10:00 Silver Sneakers Exercise w/ Nourma (FC) 10:00-12:00 Food Lion 12:30-1:30 West Regional Library 1:00 Bible Study (BR) 1:30-3:00 Trader Joe's 2:00 Yoga with Portia (FC) 2:30 Train Dominoes (L2) 6:00 Rummikub (FL) 7:30 Monday Night Bridge (GR)</p>	<p>9:15 Post Office 10:30 Bingo (T) 11:00 Lunch at Olive Garden 11:00 Strength Exercise by DVD (FC) 12:30 Line Dancing with Jennifer (FC) 1:00 Poker Club (GR) 1:15 Living Well Exercise w/ Legacy (FC) 1:30-3:30 Harris Teeter and Publix 2:30 Great Courses: Trials of World History 4:00 Hymns & Scriptures w/ Jordan Lutheran (T) 7:30 Night Cap Social w/Silver Linings (FL)</p>	<p>9:00-1:00 Shopping Shuttle 10:00 Flower Arranging (DR) 1:00 Rummikub (FL) 1:00 Banks 1:00 Tai Chi w/ Adrienne (FC) 1:00 Preston Bridge Club (GR) 2:00 Art Workshop w/Tony D'Amico (FC) 2:30 Train Dominoes (L2) 4:00 Catholic Communion (T) 7:00 Music with Sara (L)</p>	<p>9:00-12:00 Macy's Thanksgiving Day Parade (T) Thanksgiving Buffet (11:30 and 1:00) Please make a reservation. 11:30-1:30 Music with Teresa Smith (piano) (L) 7:30 Movie (T)</p>	<p>10:00 Silver Sneakers Exercise w/ Nourma (FC) 11:00 Jewelry Making w/ Jennifer (BR) 1:15 Living Well Exercise w/ Legacy (FC) 2:00 Bingo! (T) 2:30 Train Dominoes (L2) 3:15-4:15 Happy Hour w/ Caroline Gregory (T)</p>	<p>10:30 Bingo! (T) 1:00 Hand & Foot Card Game (L2) 1:00-2:30 Catholic Bible Study (BR) 2:00 Card Games (T) 7:30 Movie (T)</p>	<p>8:00-10:30 Transportation to St. Michael's and Genesis UMC 10:30 St. Michael's Mass (LIVE Stream) (T) Sunday Brunch Buffet (11:30 and 1:00) Please make a reservation. 1:00-3:00 Music with Teresa (Lobby) 7:30 Movie (T)</p>
26	27 Dermatologist	28	29	30		
<p>9:30 A Stitch in Time (FL) 10:00 Silver Sneakers Exercise w/ Nourma (FC) 10:00-12:00 Food Lion 12:30-3:00 Walmart 1:00 Bible Study (T) 2:00 Yoga with Portia (FC) 2:30 Train Dominoes (L2) 6:00 Rummikub (FL) 7:15 Sing-a-long with Lisa (L) 7:30 Monday Night Bridge (GR)</p>	<p>9:15 Post Office 10:30 Bingo (T) 11:00 Strength Exercise by DVD (FC) 10:30-1:30 Cary Town Center Mall 12:30 Line Dancing with Jennifer (FC) 1:00 Poker Club (GR) 1:00 Mobility Clinic (OFC) 1:15 Living Well Exercise w/ Legacy (FC) 2:00 Movie Matinee (T) 3:45 Terrific Tunes w/ Tom Neuhauser (L)</p>	<p>9:00-1:00 Shopping Shuttle 10:00 Flower Arranging (DR) 11:00 Lunch at Zoe's Kitchen 1:00 Rummikub (FL) 1:00 Tai Chi w/ Adrienne (FC) 1:00 Preston Bridge Club (GR) 2:30 Play Train Dominoes (L2) 7:00 Music with the Hancock Family (L)</p>	<p>9:00-10:30 Blood Pressure Clinic (WC) 10:30-2:00 Craft Fair and Pop-Up-Shop (DR) 1:00 Great Courses: Investigating Presidents (T) 2:00 Strength Exercise by DVD (FC) 2:30 Wii Bowling (T) 4:00 Catholic Communion (T) 7:30 Movie (T)</p>	<p>10:00 Silver Sneakers Exercise w/ Nourma (FC) 11:00 Jewelry Making w/ Laurie (BR) 11:00 NC Symphony: Holiday Pops (\$22) 1:15 Living Well Exercise w/ Legacy (FC) 2:00 JACKPOT Bingo! (T) 2:30 Train Dominoes (L2) 3:15-4:15 Happy Hour and New Resident Welcome (T) 7:15 Shabbat Service (T)</p>		