

# December 2018



PRESTON POINTE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>December 31</b>					<b>1</b>	<b>2</b> <i>Hanukkah Begins</i>
<p>9:30 A Stitch in Time (FL) 10:00 SS CIRCUIT Exercise w/ Nourma (FC) 10:00-12:00 <b>Food Lion</b> 12:30-1:30 <b>West Regional Library</b> 1:00 Bible Study (BR) 2:30 Play Train Dominoes (L2) 3:30 Wine and Cheese (L) 5:00 &amp; 6:30 "Ring in the New Year" Dinner w/ Table 5 Jazz (DR) 6:00 Rummikub (FL) 7:30 Monday Night Bridge (GR) 9:00 New York Philharmonic New Year's Eve (T)</p>	<p>FL- Fireside Lounge (1st Floor) T- Theater (4th Floor) L- Lobby (1st Floor) FC- Fitness Center (Lower Level) C- Café (1st Floor) P- Back Patio (1st Floor)</p>	<p>DR- Medallion Dining (1st Floor) DR3- Magnolia Dining (3rd Floor) WC- Wellness Center (2nd Floor) GR- Game Room (1st Floor) L2- Library (2nd Floor) OFC- Outside Fitness Center (Lower Level) BR- Boardroom (Lower Level)</p>	<p><u>Doctors Making House Calls:</u>  Monday, Tuesday Wednesday, Friday</p>		<p>9:30-12:30 <b>Genesis Ladies Brunch</b> 10:00 Silver Sneakers CIRCUIT Exercise w/ Nourma (FC) 10:30 Bingo! (T) 1:00 Hand &amp; Foot Card Game (L2) 1:00-2:30 Catholic Bible Study (BR) 2:00 Card Games (T) 5:45 Music w/ Linda Haney (L) 7:30 Movie (T)</p>	<p>8:00-10:30 <b>Transportation to St. Michael's and Genesis UMC</b> 10:30 St. Michael's Mass (LIVE Stream)(T) <b>Sunday Brunch (11:30 and 1:00)</b> Please make a reservation. 4:00 Lighting of the Menorah (FL) 7:30 Movie (T)</p>
<b>3</b> <i>National Handwashing Awareness Week</i>	<b>4</b> <i>National Cookie Day</i>	<b>5</b>	<b>6</b> <i>Wear a RED Shirt or Sweater!</i>	<b>7</b> <i>Pearl Harbor Remembrance Day</i>	<b>8</b>	<b>9</b>
<p>9:30 A Stitch in Time (FL) 10:00 SS CIRCUIT Exercise w/ Nourma (FC) 10:00-12:00 <b>Food Lion</b> 12:30-1:30 <b>West Regional Library</b> 1:00 Bible Study (BR) 2:00 Yoga with Portia (FC) 2:30 Play Train Dominoes (L2) 3:30 Wine and Cheese (L) 4:00 Lighting of the Menorah (FL) 6:00 Rummikub (FL) 7:30 Monday Night Bridge (GR)</p>	<p>9:15 <b>Post Office</b> 10:30 Bingo (T) 12:30 Line Dancing w/ Jennifer (FC) 1:00 Poker Club (GR) 1:15 Living Well Exercise w/ Legacy (FC) 2:00 Coffee and Cookies (L) 2:30 Great Courses: Trials of World History (T) 3:30 Teens and Technology (L2) 4:00 Hymns &amp; Scriptures w/ Jordan Lutheran (T) 4:00 Lighting of the Menorah (FL) 7:30 Holiday Music w/ Cole Koffi (L)</p>	<p>9:00-1:00 <b>Shopping Shuttle</b> 1:00 Rummikub (FL) 1:00 Tai Chi w/ Adrienne (FC) 1:00 Preston Bridge Club (GR) 2:00 Art Workshop w/Tony D'Amico (FC) 2:30 Train Dominoes (L2) 3:00 Legacy Presentation: Chronic Illness (T) 3:30 Wine and Cheese (L) 4:00 Lighting of the Menorah (FL) 5:00 Music with Teresa (DR3) 6:15-9:00 <b>Christmas Sweet Concert (\$12)</b> 7:00 Music with Teresa (L)</p>	<p>9:00-10:30 Blood Pressure Clinic (WC) 10:00 Make Holiday Table Arrangements for the Dining Room (DR) 11:00 "Merry Christmas" Music by Marie (T) 1:00 Great Courses: Investigating Presidents (T) 2:30 Wii Bowling (T) 4:00 Catholic Communion (T) 4:00 Lighting of the Menorah (FL) 6:30-8:30 <b>Governor's Mansion Holiday Tour (FREE)</b> 7:30 Movie (T)</p>	<p>9:00 <b>Banks</b> 10:00 SS Stability and Balance Exercise w/ Nourma (FC) 10:30 Eye Witness to History: Pearl Harbor w/ Jim Davey (T) 11:00 Jewelry Making w/ Laurie (BR) 12:15-2:30 <b>Governor's Mansion Holiday Tour (FREE)</b> 1:15 Living Well Exercise w/ Legacy (FC) 2:00 Bingo! (T) 2:30 Train Dominoes (L2) 3:15-4:15 Happy Hour w/ Tom Neuhauser (T) 4:00 Lighting of the Menorah (FL)</p>	<p>10:00 Silver Sneakers CIRCUIT Exercise w/ Nourma (FC) 1:00 Hand &amp; Foot Card Game (L2) 1:00-2:30 Catholic Bible Study (BR) 1:00-2:30 BINGO with GiGi's Playhouse (MDR) 2:00 Card Games (FL) 4:00 Lighting of the Menorah (FL) 7:30 Movie (T)</p>	<p>8:00-10:30 <b>Transportation to St. Michael's and Genesis UMC</b> 10:30 St. Michael's Mass (LIVE Stream) (T) <b>Sunday Brunch (11:30 and 1:00)</b> Please make a reservation. 2:30 St. Michael's Carolers (L) 4:00 Lighting of the Menorah (FL) 7:30 Movie (T)</p>
<b>10</b> <i>Hanukkah Ends</i>	<b>11</b> <i>Podiatrist</i>	<b>12</b>	<b>13</b> <i>Wear a GREEN shirt or sweater!</i>	<b>14</b> <i>Audiology Clinic</i>	<b>15</b>	<b>16</b>
<p>9:30 A Stitch in Time (FL) 10:00 SS CIRCUIT Exercise w/ Nourma (FC) 10:00-12:00 <b>Food Lion</b> 12:30-3:00 <b>Walmart</b> 1:00 Bible Study (BR) 2:00 Yoga with Portia (FC) 2:30 Train Dominoes (L2) 2:30 "Christmas Spirit" Music by Marie (T) 3:30 Wine and Cheese (L) 6:00 Rummikub (FL) 7:15 Sing-a-long with Lisa (L) 7:30 Monday Night Bridge (GR)</p>	<p>9:15 <b>Post Office</b> 10:30 Bingo (T) 10:30-2:30 <b>Southpoint Mall</b> 12:30 Line Dancing w/ Jennifer (FC) 1:00 Poker Club (GR) 1:00 Movie Matinee (T) 1:15 Living Well Exercise w/ Legacy (FC) 3:45-4:45 Terrific Tunes w/ Ed Lyons (T) 6:00 Parkinson's Support Group (T and BR)</p>	<p>9:00-1:00 <b>Shopping Shuttle</b> 11:00 <b>Lunch at Panera</b> 1:00 Rummikub (FL) 1:00 Tai Chi w/ Adrienne (FC) 1:00 Preston Bridge Club (GR) 1:00-3:00 Sweet Shop (L) 2:30 Train Dominoes (L) 3:30 Wine and Cheese (L) 7:00 Music with Barbara (L)</p>	<p>9:00-10:30 Blood Pressure Clinic (WC) 11:00 "Christmas Fun" Music by Marie (T) 12:30-4:30 <b>Southern Supreme Fruitcake Factory</b> 1:00 Great Courses: Investigating Presidents (T) 3:30 Catholic Confession (T) 4:00 Catholic Mass and Anointing of the Sick (T) 7:00 <b>Holiday Lights Joy Ride</b> 7:30 Movie (T)</p>	<p>8:30-10:00 Audiology Clinic (WC) 9:00 <b>Banks</b> 10:00 SS Stability and Balance Exercise w/ Nourma (FC) 11:00 <b>Bojangles</b> 1:00 Jewelry Making w/ Laurie (BR) 1:15 Living Well Exercise w/ Legacy (FC) 2:00 Bingo! (T) 2:30 Train Dominoes (L2) 3:15-4:15 Happy Hour w/ Debbie Verderamo (T)</p>	<p>10:00 Book Club (FL) 10:00 Silver Sneakers CIRCUIT Exercise w/ Nourma (FC) 10:30 Bingo! (T) 1:00 Hand &amp; Foot Card Game (L2) 1:00-2:30 Catholic Bible Study (BR) 2:00 Card Games (T) 2:00 Holiday Guitar Concert (T) 7:30 Movie (T)</p>	<p>8:00-10:30 <b>Transportation to St. Michael's and Genesis UMC</b> 10:30 St. Michael's Mass (LIVE Stream)(T) <b>Sunday Brunch (11:30 and 1:00)</b> Please make a reservation. 1:00-5:00 <b>David Ira Wood's "Christmas Carol" at DPAC (\$75)</b> 5:15 Music w/ Linda Haney (L) 7:30 Movie (T)</p>
<b>17</b>	<b>18</b> <i>Pharmacist</i>	<b>19</b>	<b>20</b> <i>Wear a HOLIDAY shirt or sweater!</i>	<b>21</b> <i>Crossword Puzzle Day</i>	<b>22</b>	<b>23</b>
<p>9:30 A Stitch in Time (FL) 10:00 SS CIRCUIT Exercise w/ Nourma (FC) 10:00-12:00 <b>Food Lion</b> 12:30-1:30 <b>West Regional Library</b> 1:00 Bible Study (BR) 1:30-3:00 <b>Trader Joe's</b> 2:30 Train Dominoes (L2) 2:30 "Happy Holidays" Music by Marie 3:30 Wine and Cheese (L) 6:00 Rummikub (FL) 7:30 Monday Night Bridge (GR)</p>	<p>9:00-10:30 Talk to the Pharmacist (WC) 9:15 <b>Post Office</b> 10:30 Bingo (T) 12:00-1:30 Holiday Party with Jazz Smith Duo, Santa and Mrs.Claus (DR) 1:00 Poker Club (GR) 1:15 Living Well Exercise w/ Legacy (FC) 4:00 Hymns &amp; Scriptures w/ Jordan Lutheran (T) 7:30 Night Cap Social w/Silver Linings (FL) 7:30 Voice Recital (T)</p>	<p>9:00-1:00 <b>Shopping Shuttle</b> 10:30 <b>Brunch at Another Broken Egg</b> 1:00 Rummikub (FL) 1:00 Tai Chi w/ Adrienne (FC) 1:00 Preston Bridge Club (GR) 1:30-3:30 Giving Social (T) 2:30 Train Dominoes (L2) 3:30 Wine and Cheese (L) 4:00 Catholic Communion (T) 7:00 Music with Sara (L)</p>	<p>9:00-10:30 Blood Pressure Clinic (WC) 10:00-2:30 <b>Visit Laurie's House and Lunch at Brixx</b> 10:30-11:30 Cider and Pumpkin Bread (L) 1:00 Great Courses: Investigating Presidents (T) 2:30 Wii Bowling (T) 4:00 Catholic Communion (T) 7:00 <b>Holiday Lights Joy Ride</b> 7:30 Movie (T)</p>	<p>9:00 <b>Banks</b> 10:00 SS Stability and Balance Exercise w/ Nourma (FC) 11:00 Jewelry Making w/ Laurie (BR) 11:00 <b>Freddy's Steakburgers</b> 1:15 Living Well Exercise w/ Legacy (FC) 2:00 Bingo! (T) 2:30 Train Dominoes (L2) 3:15-4:15 Happy Hour w/ Dan Blaisdell (T)</p>	<p>10:00 Silver Sneakers CIRCUIT Exercise w/ Nourma (FC) 10:30 Bingo! (T) 1:00 Hand &amp; Foot Card Game (L2) 1:00-2:30 Catholic Bible Study (BR) 2:00 Card Games (T) 3:00 "The Best Worst Christmas Pageant Ever" Reading with Marie Thomas (T) 7:30 Movie (T)</p>	<p>8:00-10:30 <b>Transportation to St. Michael's and Genesis UMC</b> 10:30 St. Michael's Mass (LIVE Stream) (T) <b>Sunday Brunch (11:30 and 1:00)</b> Please make a reservation. 1:00-3:00 Music with Teresa (Lobby) 7:30 Movie (T)</p>
<b>24</b> <i>National Eggnog Day / Christmas Eve</i>	<b>25</b> <i>Christmas</i>	<b>26</b> <i>National Candy Cane Day</i>	<b>27</b> <i>Dermatologist</i>	<b>28</b>	<b>29</b>	<b>30</b>
<p>9:30 A Stitch in Time (FL) 10:00 Silver Sneakers Exercise w/ Nourma (FC) 10:30 Gingerbread Cookies and Eggnog (L) 1:00 Bible Study (T) 2:30 Train Dominoes (L2) 3:30 Wine and Cheese (L) 6:00 Rummikub (FL) 7:15 Sing-a-long with Lisa (L) 7:30 Monday Night Bridge (GR) 7:30 Andre Rieu "Home for the Holidays"</p>	<p><b>Merry Christmas!</b> <b>Holiday Meal (11:30 and 1:00) Please sign up!</b> 12:00 Holiday Handbells w/ Raleigh Ringers (T) 1:00 Christmas at Duke Chapel (T) 2:00 NC Mater Chorale: Joy of the Season (T) 4:00 Mormon Tabernacle Choir Christmas (T) 7:30 Movie (T)</p>	<p>9:00-1:00 <b>Shopping Shuttle</b> 1:00 Rummikub (FL) 1:00 Preston Bridge Club (GR) 2:30 Play Train Dominoes (L2) 3:30 Wine and Cheese (L) 7:00 Music with the Hancock Family (L)</p>	<p>9:00-10:30 Blood Pressure Clinic (WC) 9:15 <b>Post Office</b> 10:30-11:30 Hot Coco and Cookies (L) 1:00 Great Courses: Investigating Presidents (T) 2:30 Wii Bowling (T) 4:00 Catholic Communion (T) 7:30 Movie (T)</p>	<p>9:00 <b>Banks</b> 10:00 SS Stability and Balance Exercise w/ Nourma (FC) 11:00 Jewelry Making w/ Laurie (BR) 11:00 <b>Chick-fil-A</b> 1:15 Living Well Exercise w/ Legacy (FC) 2:00 JACKPOT Bingo! (T) 2:30 Train Dominoes (L2) 3:15-4:15 Happy Hour w/ Cole Koffi (T) 7:15 Shabbat Service (T)</p>	<p>10:00 Silver Sneakers CIRCUIT Exercise w/ Nourma (FC) 10:30 Bingo! (T) 1:00 Hand &amp; Foot Card Game (L2) 1:00-2:30 Catholic Bible Study (BR) 2:00 Card Games (T) 7:30 Movie (T)</p>	<p>8:00-10:30 <b>Transportation to St. Michael's and Genesis UMC</b> 10:30 St. Michael's Mass (LIVE Stream) (T) <b>Sunday Brunch (11:30 and 1:00)</b> Please make a reservation. 1:00-4:30 <b>The Nutcracker by Carolina Ballet at DPAC (\$35)</b> 5:00-7:00 <b>Wine Dinner (\$25-sign up!)</b> 7:30 Movie (T)</p>