

March 2019



PRESTON POINTE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1	2	3
<p><u>Doctors Making House Calls:</u></p> <p>Monday, Tuesday Wednesday, Friday</p>	<p>DR- Medallion Dining (1st Floor) DR3- Magnolia Dining (3rd Floor) WC- Wellness Center (2nd Floor) GR- Game Room (1st Floor) L2- Library (2nd Floor) OFC- Outside Fitness Center (Lower Level) BR- Boardroom (Lower Level)</p>	<p>FL- Fireside Lounge (1st Floor) T- Theater (4th Floor) L- Lobby (1st Floor) FC- Fitness Center (Lower Level) C- Café (1st Floor) P- Back Patio (1st Floor)</p>		<p>9:00 <u>Banks</u> 10:00 SS Stability and Balance w/ Nourma (FC) 11:00 Jewelry Making (BR) 1:15 Living Well Exercise w/ Legacy (FC) 2:00 Bingo! (T) 2:30 Train Dominoes (L2) 3:15-4:15 Happy Hour w/ Ed Lyons (T)</p>	<p>10:00 Silver Sneakers CIRCUIT Exercise w/ Nourma (FC) 10:30 Bingo! (T) 1:00 Hand & Foot Card Game (L2) 1:00-2:30 Catholic Bible Study (BR) 2:00 Card Games (T) 3:00 The Polka Polka Dots Band (L) 7:30 Movie (T)</p>	<p>8:00-10:30 <u>Transportation to St. Michael's and Genesis UMC</u> 10:30 St. Michael's Mass (LIVE Stream) (T) Sunday Brunch (11:30 and 1:00) Please make a reservation. 2:30 Communion w/ Cornerstone Presbyterian (FL) 7:30 Movie (T)</p>
4	5 <i>Fat Tuesday / Wear Purple, Green or Gold</i>	6	7	8	9	10 <i>Daylight Saving Time Begins</i>
<p>9:30 A Stitch in Time (FL) 10:00 Exercise by DVD (FC) 10:00-12:00 <u>Food Lion</u> 12:30-3:00 <u>Walmart</u> 1:00 Bible Study (BR) 2:00 Yoga by DVD (FC) 2:30 Play Train Dominoes (L2) 2:30 Happy Music by Marie (T) 3:30 Wine and Cheese (L) 6:00 Rummikub (FL) 7:15 Sing-a-long with Lisa (L) 7:30 Monday Night Bridge (GR) 7:30 St. Michael's Mission Service Part 1 (T)</p>	<p>9:15 <u>Post Office</u> 10:30 Bingo (T) 11:30 Crowning of King and Queen (L) 12:00-1:30 Mardi Gras Party (DR) 1:00 Poker Club (GR) 1:15 Living Well Exercise w/ Legacy (FC) 3:30 Teens and Technology (L2) 4:00 Hymns & Scriptures w/ Jordan Lutheran (T) 7:30 Beginner Canasta (GR) 7:30 St. Michael's Mission Service Part 2 (T)</p>	<p>9:00 <u>AARP Tax Prep Assistance</u> 9:00-1:00 <u>Shopping Shuttle</u> 1:00 Rummikub (FL) 1:00 Preston Bridge Club (GR) 2:00 Art Workshop w/ Tony D'Amico (FC) 2:30 Train Dominoes (L2) 3:00 Seniors Sing!-Choral Group (T) 3:30 Wine and Cheese (L) 4:00 Distribution of Ashes and Communion (T) 6:30 Music with Teresa (L)</p>	<p>9:00-10:30 Blood Pressure Clinic (WC) 10:00 Flower Arranging (DR) 11:00 Beignets and Coffee (C) 1:00 Great Courses: Winston Churchill (T) 2:30 Wii Bowling (T) 7:30 Movie (T)</p>	<p>9:00 <u>Banks and AARP Tax Prep Assistance</u> 10:00 SS Stability and Balance Exercise w/ Nourma (FC) 10:45 <u>Bojangles</u> 11:00 Jewelry Making (BR) 1:15 Living Well Exercise w/ Legacy (FC) 2:00 Bingo! (T) 2:30 Train Dominoes (L2) 3:15-4:15 Happy Hour w/ Debbie Verderamo (T)</p>	<p>10:00 Silver Sneakers CIRCUIT Exercise w/ Nourma (FC) 10:30 Bingo! (T) 1:00 Hand & Foot Card Game (L2) 1:00-2:30 Catholic Bible Study (BR) 2:00-5:30 <u>NC Symphony: Broadway by Request (\$51)</u> 2:00 Card Games (FL) 7:30 Movie (T)</p>	<p>8:00-10:30 <u>Transportation to St. Michael's and Genesis UMC</u> 10:30 St. Michael's Mass (LIVE Stream) (T) Sunday Brunch (11:30 and 1:00) Please make a reservation. 7:30 Movie (T)</p>
11	12 <i>Podiatrist</i>	13	14 <i>National Write Down Your Story Day</i>	15 <i>Audiology Clinic / Wear GREEN</i>	16	17 <i>St. Patrick's Day</i>
<p>9:30 A Stitch in Time (FL) 9:00 <u>AARP Tax Prep Assistance</u> 10:00 SS CIRCUIT Exercise w/ Nourma (FC) 10:00-12:00 <u>Food Lion</u> 12:30-1:30 <u>West Regional Library</u> 1:00 Bible Study (BR) 1:30-3:00 <u>Trader Joe's</u> 2:00 Yoga by DVD (FC) 2:30 Train Dominoes (L2) 3:30 Wine and Cheese (L) 6:00 Rummikub (FL) 7:30 Monday Night Bridge (GR)</p>	<p>9:15 <u>Post Office</u> 10:30 Bingo (T) 11:45 Games with the Guys: LRC (GR) 12:30 Line Dancing (FC) 1:00 Poker Club (GR) 1:00 Great Courses: Tour Medieval Europe (T) 1:15 Living Well Exercise w/ Legacy (FC) 2:30 Taboo with Joanna (T) 3:45-4:45 Terrific Tunes w/ Smith Jazz Duo (T) 6:00 Parkinson's Support Group (T and BR) 7:30 Beginner Canasta (GR)</p>	<p>9:00 <u>AARP Tax Prep Assistance</u> 9:00-1:00 <u>Shopping Shuttle</u> 1:00 Rummikub (FL) 1:00 Preston Bridge Club (GR) 2:30 Train Dominoes (L2) 3:00 Seniors Sing!-Harmony Choral Group (T) 3:30 Wine and Cheese (L)</p>	<p>9:00-10:30 Blood Pressure Clinic (WC) 10:00 Flower Arranging (DR) 11:00-12:00 Cinnamon Buns and Coffee © 11:00-1:30 <u>Lunch at Bonefish Grill</u> 1:00 Great Courses: Winston Churchill (T) 2:30 Wii Bowling (T) 4:00 Catholic Communion (T) 7:30 Movie (T)</p>	<p>8:30-10:00 Audiology Clinic (WC) 9:00 <u>Banks</u> 10:00 SS Stability and Balance w/ Nourma (FC) 11:00 <u>Symphony: Chopin & Mozart (\$22)</u> 11:00 Jewelry Making (BR) 1:15 Living Well Exercise w/ Legacy (FC) 2:00 Bingo! (T) 2:30 Train Dominoes (L2) 3:15-4:15 St. Patrick's Happy Hour w/ Dan Blaisdell and a "Pot of Gold" Prize (T)</p>	<p>10:00 Book Club (FL) 10:00 Silver Sneakers CIRCUIT Exercise w/ Nourma (FC) 10:30 Bingo! (T) 1:00 Hand & Foot Card Game (L2) 1:00-2:30 Catholic Bible Study (BR) 2:00 Card Games (T) 7:30 Movie (T)</p>	<p>8:00-10:30 <u>Transportation to St. Michael's and Genesis UMC</u> 10:30 St. Michael's Mass (LIVE Stream) (T) Sunday Brunch (11:30 and 1:00) Please make a reservation. 3:00-3:45 Irish Dancers Perform (T) 4:00 MUSE Concert (T) 7:30 Movie (T)</p>
18	19 <i>Pharmacist / National Let's Laugh Day</i>	20	21	22	23	24
<p>9:30 A Stitch in Time (FL) 10:00 SS CIRCUIT Exercise w/ Nourma (FC) 10:00-12:00 <u>Food Lion</u> 12:30-3:00 <u>Walmart</u> 1:00 Bible Study (BR) 2:00 Yoga by DVD (FC) 2:30 Train Dominoes (L2) 3:30 Wine and Cheese (L) 6:00 Rummikub (FL) 7:30 Monday Night Bridge (GR)</p>	<p>9:00-10:30 Talk to the Pharmacist (WC) 9:15 <u>Post Office</u> 10:30 Bingo (T) 12:30-3:00 <u>Stein Mart and Hobby Lobby</u> 12:30 Line Dancing (FC) 1:00 Poker Club (GR) 1:00 Great Courses: Tour Medieval Europe (T) 1:15 Living Well Exercise w/ Legacy (FC) 2:30 Laugh Out Loud!: Carol Burnett Special (T) 4:00 Hymns & Scriptures w/ Jordan Lutheran (T) 7:30 Beginner Canasta (GR)</p>	<p>9:00 <u>AARP Tax Prep Assistance</u> 9:00-1:00 <u>Shopping Shuttle</u> 1:00 Rummikub (FL) 1:00 Preston Bridge Club (GR) 2:00 Art Workshop w/Tony D'Amico (FC) 2:30 Train Dominoes (L) 3:30 Meet the Author: Iris Yang (T) 7:00 Music with Sara (L)</p>	<p>9:00-10:30 Blood Pressure Clinic (WC) 10:00 Flower Arranging (DR) 11:00 Cookies and Coffee 12:00-1:00 <u>March Birthday Party (DR)</u> 1:00-3:00 <u>NC Museum of Art: Art in Bloom (\$18)</u> 1:00 Great Courses: Winston Churchill (T) 4:00 Catholic Communion (T) 7:30 Movie (T)</p>	<p>9:00 <u>Banks and AARP Tax Prep Assistance</u> 10:00 SS Stability and Balance w/ Nourma (FC) 11:00 <u>Arby's</u> 11:00 Jewelry Making (BR) 1:15 Living Well Exercise w/ Legacy (FC) 2:00 Bingo! (T) 2:30 Train Dominoes (L2) 3:15-4:15 Happy Hour w/ Caroline Gregory (T)</p>	<p>10:00 Silver Sneakers CIRCUIT Exercise w/ Nourma (FC) 10:30 Bingo! (T) 1:00 Hand & Foot Card Game (L2) 1:00-2:30 Catholic Bible Study (BR) 2:00 Card Games (T) 7:30 Movie (T)</p>	<p>8:00-10:30 <u>Transportation to St. Michael's and Genesis UMC</u> 10:30 St. Michael's Mass (LIVE Stream) (T) Sunday Brunch (11:30 and 1:00) Please make a reservation. 7:30 Movie (T)</p>
25	26 <i>Dermatologist</i>	27	28	29	30	31
<p>9:30 A Stitch in Time (FL) 9:00 <u>AARP Tax Prep Assistance</u> 10:00 Silver Sneakers Exercise w/ Nourma (FC) 10:00-12:00 <u>Food Lion</u> 12:30-1:30 <u>West Regional Library</u> 1:00 Bible Study (BR) 2:00 Yoga by DVD (FC) 2:30 Train Dominoes (L2) 3:30 Wine and Cheese (L) 6:00 Rummikub (FL) 7:15 Sing-a-long with Lisa (L) 7:30 Monday Night Bridge (GR)</p>	<p>9:15 <u>Post Office</u> 10:30 Bingo (T) 11:00-1:30 <u>Lunch at PF Chang's</u> 1:00 Poker Club (GR) 1:00 Great Courses: Tour Medieval Europe (T) 1:00-2:00 Mobility Clinic (OFC) 1:15 Living Well Exercise w/ Legacy (FC) 2:30 Taboo with Joanna (T) 3:45-4:45 Terrific Tunes w/ Tom Neuhauser (T) 7:30 Beginner Canasta (GR)</p>	<p>9:00 <u>AARP Tax Prep Assistance</u> 9:00-1:00 <u>Shopping Shuttle</u> 1:00 Rummikub (FL) 1:00 Preston Bridge Club (GR) 1:30 France (Travel Documentary) (T) 2:30 Train Dominoes (L2) 3:00 Seniors Sing!-Choral Group (T) 3:30 Wine and Cheese w/Music by Cole Koffi (L) 5:00 and 6:30 Passport to France Dinner 7:00 Music with the Hancock Family (L)</p>	<p>9:00-10:30 Blood Pressure Clinic (WC) 10:00 Flower Arranging (DR) 11:00-12:00 Pastries and Coffee (C) 1:00 Great Courses: Winston Churchill (T) 2:30 Wii Bowling (T) 4:00 Catholic Communion (T) 7:30 Movie (T)</p>	<p>9:00 <u>Banks and AARP Tax Prep Assistance</u> 10:00 SS Stability and Balance w/ Nourma (FC) 10:30 <u>Brunch at Briggs</u> 11:00 Jewelry Making (BR) 1:15 Living Well Exercise w/ Legacy (FC) 2:00 JACKPOT Bingo! (T) 2:30 Train Dominoes (L2) 3:15-4:15 Happy Hour and New Resident Welcome (T)</p>	<p>10:00 Silver Sneakers CIRCUIT Exercise w/ Nourma (FC) 10:30 Bingo! (T) 1:00 Hand & Foot Card Game (L2) 1:00-2:30 Catholic Bible Study (BR) 2:00 Card Games (T) 7:30 Movie (T)</p>	<p>8:00-10:30 <u>Transportation to St. Michael's and Genesis UMC</u> 10:30 St. Michael's Mass (LIVE Stream) (T) Sunday Brunch (11:30 and 1:00) Please make a reservation. 1:00-3:00 Music with Teresa (Lobby) 7:30 Movie (T)</p>