

# April 2019



PRESTON POINTE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
<p>9:30 A Stitch in Time (FL)            10:00 SS CIRCUIT Exercise w/ Nourma (FC)            10:00-12:00 <b>Food Lion</b>            12:30-3:00 <b>Walmart</b>            1:00 Bible Study (BR)            2:00 Yoga by DVD (FC)            2:30 Play Train Dominoes (L2)            3:30 Happy Music by Marie (T)            3:30 Wine and Cheese (L)            6:00 Rummikub (FL)            7:30 Monday Night Bridge (GR)</p>	<p>9:15 <b>Post Office</b>            10:30 Bingo (T)            11:30-2:30 <b>Shopping at Cary Town Center</b>            12:30 Line Dancing (FC)            1:00 Poker Club (GR)            1:00 Great Courses: Tour Medieval Europe (T)            1:15 Living Well Exercise w/ Legacy (FC)            3:30 Teens and Technology (L2)            4:00 Hymns &amp; Scriptures w/ Jordan Lutheran (T)            7:30 Beginner Canasta (GR)</p>	<p>8:30 <b>AARP Tax Prep Assistance</b>            9:00-1:00 <b>Shopping Shuttle</b>            1:00 Rummikub (FL)            1:00 Preston Bridge Club (GR)            1:00 Zumba Gold Chair Dance (FC)            2:00 Art Workshop w/ Tony D'Amico (FC)            2:30 Train Dominoes (L2)            3:00 Seniors Sing!-Choral Group (T)            3:30 Wine and Cheese (L)            6:30 Music with Teresa (L)</p>	<p>9:00-10:30 Blood Pressure Clinic (WC)            10:00 Flower Arranging (DR)            11:00-12:00 Chocolate Pastries and Coffee (C)            2:30 Wii Bowling (T)            4:00 Catholic Communion (T)            7:30 Movie (T)</p>	<p>9:00 <b>Banks</b>            10:00 SS Stability and Balance w/ Nourma (FC)            11:00 Jewelry Making (BR)            1:15 Living Well Exercise w/ Legacy (FC)            2:00 Bingo! (T)            2:30 Train Dominoes (L2)            3:15-4:15 Happy Hour w/ Tom Neuhauser (T)            7:30 Island Time Band (L)</p>	<p>9:30-12:30 <b>Genesis UMC Ladies Spring Brunch (Free)</b>            10:30 Bingo! (T)            1:00 Hand &amp; Foot Card Game (L2)            1:00-2:30 Catholic Bible Study (BR)            2:00 Card Games (T)            7:30 Movie (T)</p>	<p>8:00-10:30 <b>Transportation to St. Michael's and Genesis UMC</b>            10:30 St. Michael's Mass (LIVE Stream) (T)  <b>Sunday Brunch (11:30 and 1:00)</b>  <b>Please make a reservation.</b>            2:00-4:30 <b>Cardinal Singers Concert (Free)</b>            2:30 Communion w/ Cornerstone Presbyterian (FL)            7:30 Movie (T)</p>
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b> <i>Wear Spring Colors</i>	<b>12</b>	<b>13</b>	<b>14</b> <i>Palm Sunday</i>
<p>9:30 A Stitch in Time (FL)            10:00 SS CIRCUIT Exercise w/ Nourma (FC)            10:00-12:00 <b>Food Lion</b>            12:30-1:30 <b>West Regional Library</b>            1:00 Bible Study (BR)            1:30-3:00 <b>Trader Joe's</b>            2:00 Yoga by DVD (FC)            2:30 Train Dominoes (L2)            3:30 Wine and Cheese (L)            6:00 Rummikub (FL)            7:30 Monday Night Bridge (GR)</p>	<p>9:15 <b>Post Office</b>            10:30 Bingo (T)            11:30-12:30 Games with the Guys (GR)            12:30 Line Dancing (FC)            1:00 Poker Club (GR)            1:00 Great Courses: Tour Medieval Europe (T)            1:15 Living Well Exercise w/ Legacy (FC)            2:30 Taboo with Joanna (T)            3:45-4:45 Terrific Tunes w/ Ed Lyons (L)            6:00 Parkinson's Support Group (T and BR)            7:15 Sing-a-long with Lisa (L)            7:30 Beginner Canasta (GR)</p>	<p>8:30 <b>AARP Tax Prep Assistance</b>            9:00-1:00 <b>Shopping Shuttle</b>            1:00 Rummikub (FL)            1:00 Preston Bridge Club (GR)            1:00 Zumba Gold Chair Dance Exercise (FC)            2:30 Train Dominoes (L2)            3:00 Seniors Sing!-Harmony Choral Group (T)            3:30 Wine and Cheese (L)            7:00 Music with Barbara (L)</p>	<p>9:00-10:30 Blood Pressure Clinic (WC)            10:00 Flower Arranging (DR)            11:00 Lemon Squares and Hot Tea (C)            1:00 Great Courses: Winston Churchill (T)            2:30 Bruce Smith Jazz Duo: Tony Bennett -" The Comeback Kid" (T)            4:00 Catholic Communion (T)            7:30 Movie (T)</p>	<p>9:00 <b>Banks</b>            10:00 SS Stability and Balance Exercise w/ Nourma (FC)            10:45 <b>Bojangles</b>            11:00 Jewelry Making (BR)            1:15 Living Well Exercise w/ Legacy (FC)            2:00 Bingo! (T)            2:30 Train Dominoes (L2)            3:15-4:15 Happy Hour w/ Debbie Verderamo (T)</p>	<p>10:00 Silver Sneakers CIRCUIT Exercise w/ Nourma (FC)            10:30 Bingo! (T)            1:00 Hand &amp; Foot Card Game (L2)            1:00-2:30 Catholic Bible Study (BR)            2:00 Card Games (FL)            7:30 Movie (T)</p>	<p>8:00-10:30 <b>Transportation to St. Michael's and Genesis UMC</b>            10:30 St. Michael's Mass (LIVE Stream) (T)  <b>Sunday Brunch (11:30 and 1:00)</b>  <b>Please make a reservation.</b>            6:30-9:30 <b>NC Symphony: Debussy "La Mer" (Chapel Hill) (\$50)</b>            7:30 Movie (T)</p>
<b>15</b>	<b>16</b> <i>Podiatrist / Pharmacist</i>	<b>17</b>	<b>18</b>	<b>19</b> <i>Passover Begins</i>	<b>20</b>	<b>21</b> <i>Easter</i>
<p>9:30 A Stitch in Time (FL)            10:00 SS CIRCUIT Exercise w/ Nourma (FC)            10:00-12:00 <b>Food Lion</b>            12:30-3:00 <b>Walmart</b>            1:00 Bible Study (BR)            2:00 Yoga by DVD (FC)            2:30 Train Dominoes (L2)            3:30 Wine and Cheese (L)            6:00 Rummikub (FL)            7:30 Monday Night Bridge (GR)</p>	<p>9:00-10:30 Talk to the Pharmacist (WC)            9:15 <b>Post Office</b>            10:30 Bingo (T)            11:30-1:30 <b>Lunch at Mellow Mushroom</b>            12:30 Line Dancing (FC)            1:00 Poker Club (GR)            1:00 Great Courses: Tour Medieval Europe (T)            1:15 Living Well Exercise w/ Legacy (FC)            2:30 Laugh Out Loud!: Laugh In (T)            4:00 Hymns &amp; Scriptures w/ Jordan Lutheran (T)            7:30 Beginner Canasta (GR)</p>	<p>9:00-1:00 <b>Shopping Shuttle</b>            1:00 Rummikub (FL)            1:00 Preston Bridge Club (GR)            2:00 Art Workshop w/Tony D'Amico (FC)            2:30 Train Dominoes (L2)            3:00 Seniors Sing!-Harmony Choral Group (T)            3:30 Wine and Cheese (L)            7:00 Music with Sara (L)</p>	<p>9:00-10:30 Blood Pressure Clinic (WC)            10:00 Flower Arranging (DR)            11:00 Muffins and Coffee (C)            12:00-1:00 <b>April Birthday Party (DR)</b>            1:00 Great Courses: Great Churches of the World (T)            2:30 Wii Bowling (T)            4:00 Catholic Communion (T)            7:30 Movie (T)</p>	<p>9:00 <b>Banks</b>            10:00 SS Stability and Balance w/ Nourma (FC)            11:00 Jewelry Making (BR)            11:00 <b>Lunch at O' Charley's</b>            1:15 Living Well Exercise w/ Legacy (FC)            2:00 Bingo! (T)            2:30 Train Dominoes (L2)            3:15-4:15 Happy Hour w/ Dan Blaisdell (T)</p>	<p>10:00 Book Club (FL)            10:00 Silver Sneakers CIRCUIT Exercise w/ Nourma (FC)            10:30 Bingo! (T)            1:00 Hand &amp; Foot Card Game (L2)            1:00-2:30 Catholic Bible Study (BR)            2:00 Card Games (T)            7:30 Movie (T)</p>	<p>8:00-10:30 <b>Transportation to St. Michael's and Genesis UMC</b>            10:30 St. Michael's Mass (LIVE Stream) (T)  <b>Sunday Brunch (11:30 and 1:00)</b>  <b>Please make a reservation.</b>            7:30 Movie (T)</p>
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b> <i>Wear Your Favorite T-Shirt &amp; Jeans</i>	<b>26</b>	<b>27</b>	<b>28</b>
<p>9:30 A Stitch in Time (FL)            10:00 SS CIRCUIT Exercise w/ Nourma (FC)            10:00-12:00 <b>Food Lion</b>            12:30-1:30 <b>West Regional Library</b>            1:00 Bible Study (BR)            2:00 Yoga by DVD (FC)            2:30 Train Dominoes (L2)            3:30 Wine and Cheese (L)            6:00 Rummikub (FL)            7:15 Sing-a-long with Lisa (L)            7:30 Monday Night Bridge (GR)</p>	<p>9:15 <b>Post Office</b>            10:30 Bingo (T)            11:30-3:00 <b>Shopping at Southpoint</b>            1:00 Poker Club (GR)            1:00 Great Courses: Tour Medieval Europe (T)            1:00-2:00 Mobility Clinic (OFC)            1:15 Living Well Exercise w/ Legacy (FC)            2:30 Taboo with Joanna (T)            3:45-4:45 Terrific Tunes w/ Tom Neuhauser            7:30 Beginner Canasta (GR)</p>	<p>9:00-1:00 <b>Shopping Shuttle</b>            1:00 Rummikub (FL)            1:00 Preston Bridge Club (GR)            1:00 Zumba Gold Chair Dance Exercise (FC)            2:30 Train Dominoes (L2)            3:00 Seniors Sing!-Choral Group (T)            3:30 Wine and Cheese (L)            7:00 Music with the Hancock Family (L)</p>	<p>9:00-10:30 Blood Pressure Clinic (WC)            10:00 Flower Arranging (DR)            11:00 Donuts and Coffee (C)            1:00 Great Courses: Great Churches of the World (T)            2:30 Wii Bowling (T)            4:00 Catholic Communion (T)            7:30 Movie (T)</p>	<p>9:00 <b>Banks</b>            10:00 SS Stability and Balance w/ Nourma (FC)            11:00 Jewelry Making (BR)            11:00 <b>Lunch at Lucky 32</b>            1:15 Living Well Exercise w/ Legacy (FC)            2:00 JACKPOT Bingo! (T)            2:30 Train Dominoes (L2)            3:15-4:15 Happy Hour w/ Cole Koffi (T)</p>	<p>10:00 Silver Sneakers CIRCUIT Exercise w/ Nourma (FC)            10:30 Bingo! (T)            1:00 Hand &amp; Foot Card Game (L2)            1:00-2:30 Catholic Bible Study (BR)            2:00 Card Games (T)            6:30-9:30 <b>Lady Luck (GPAC) (\$40)</b>            7:30 Movie (T)</p>	<p>8:00-10:30 <b>Transportation to St. Michael's and Genesis UMC</b>            10:30 St. Michael's Mass (LIVE Stream) (T)  <b>Sunday Brunch (11:30 and 1:00)</b>  <b>Please make a reservation.</b>            1:00-3:00 Music with Teresa (Lobby)            2:00-5:30 <b>Cary Players: Four Weddings and an Elvis (\$22)</b>            5:00 <b>Beer, Bourbon and BBQ Dinner (\$25-DR)</b>            7:30 Movie (T)</p>
<b>29</b>	<b>30</b> <i>Dermatologist</i>					
<p>9:30 A Stitch in Time (FL)            10:00 SS CIRCUIT Exercise w/ Nourma (FC)            10:00-12:00 <b>Food Lion</b>            12:30-3:00 <b>Walmart</b>            1:00 Bible Study (BR)            2:00 Yoga by DVD (FC)            2:30 Train Dominoes (L2)            3:30 Wine and Cheese (L)            6:00 Rummikub (FL)            7:30 Monday Night Bridge (GR)</p>	<p>9:15 <b>Post Office</b>            10:30 Bingo (T)            11:30-12:30 Games with the Guys (GR)            12:30 Line Dancing (FC)            1:00 Poker Club (GR)            1:00 Great Courses: Tour Medieval Europe (T)            1:15 Living Well Exercise w/ Legacy (FC)            7:30 Beginner Canasta (GR)</p>			<p><b>Doctors Making House Calls:</b>   <b>Monday, Tuesday</b>  <b>Wednesday, Friday</b></p>	<p>DR- Medallion Dining (1st Floor)            DR3- Magnolia Dining (3rd Floor)            WC- Wellness Center (2nd Floor)            GR- Game Room (1st Floor)            L2- Library (2nd Floor)            OFC- Outside Fitness Center (Lower Level)            BR- Boardroom (Lower Level)</p>	<p>FL- Fireside Lounge (1st Floor)            T- Theater (4th Floor)            L- Lobby (1st Floor)            FC- Fitness Center (Lower Level)            C- Café (1st Floor)            P- Back Patio (1st Floor)</p>