

May 2019



PRESTON POINTE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1	2	3	4	5 <i>National Lemonade Day</i>
DR - Medallion Dining (1st Floor) DR3 - Magnolia Dining (3rd Floor) WC - Wellness Center (2nd Floor) GR - Game Room (1st Floor) L2 - Library (2nd Floor) OFC - Outside Fitness Center (Lower Level) BR - Boardroom (Lower Level)	FL - Fireside Lounge (1st Floor) T - Theater (4th Floor) L - Lobby (1st Floor) FC - Fitness Center (Lower Level) C - Café (1st Floor) P - Back Patio (1st Floor)	9:00-1:00 Shopping Shuttle 1:00 Rummikub (FL) 1:00 Preston Bridge Club (GR) 1:00 Zumba Gold Chair Dance (FC) 2:00 Art Workshop w/ Tony D'Amico (FC) 2:30 Train Dominoes (L2) 3:00 Seniors Sing!-Choir Practice (T) 3:15-4:15 Wine and Cheese (L) 6:30 Music with Teresa (L)	9:00-10:30 Blood Pressure Clinic (WC) 10:00 Flower Arranging (DR) 11:00-12:00 Chocolate Pastries and Coffee (C) 1:00 Great Courses: Churches of the World (T) 1:00 Beginner Canasta (GR) 2:30 Town Hall and Cash Prize Drawing (T) 4:00 Catholic Communion (T) 7:30 Movie (T)	9:00 Banks 10:00 SS Stability and Balance w/ Nourma (FC) 10:45 Bojangles 11:00 Jewelry Making (BR) 1:15 Living Well Exercise w/ Legacy (FC) 2:00 Bingo! (T) 2:30 Train Dominoes (L2) 3:15-4:15 Kentucky Derby Happy Hour w/ Ed Lyons (cash prize drawing, \$1 per ticket, winner takes all) (T)	10:30 Bingo! (T) 1:00 Hand & Foot Card Game (L2) 1:00-2:30 Catholic Bible Study (BR) 2:00 Card Games (T) 5:00-7:00 Kentucky Derby Coverage and Race (T) 7:30 Movie (T)	8:00-10:30 Transportation to St. Michael's and Genesis UMC 10:30 St. Michael's Mass (LIVE Stream) (T) Sunday Brunch (11:30 and 1:00) Please make a reservation. 2:30 Communion w/ Cornerstone Presbyterian (FL) 7:30 Movie (T)
6 <i>National Nurses Day</i>	7	8 <i>National Receptionists' Day</i>	9 <i>Wear Stripes</i>	10	11	12 <i>Mother's Day</i>
9:30 A Stitch in Time (FL) 10:00 SS CIRCUIT Exercise w/ Nourma (FC) 10:00-12:00 Food Lion 12:30-1:30 West Regional Library 1:00 Bible Study (BR) 1:30-3:00 Trader Joe's 2:00 Silver Sneakers Yoga w/ Nourma (FC) 2:30 Train Dominoes (L2) 2:30 Happy Music by Marie (T) 3:15-4:15 Wine and Cheese (L) 6:00 Rummikub (FL) 7:30 Monday Night Bridge (GR)	9:15 Post Office 10:30 Bingo (T) 11:30-2:30 Shopping at Cary Town Center 12:30 Line Dancing (FC) 1:00 Poker Club (GR) 1:00 Great Courses: Smithsonian (T) 1:15 Living Well Exercise w/ Legacy (FC) 2:30 Taboo with Jennifer (T) 3:30 Teens and Technology (L2) 4:00 Hymns & Scriptures w/ Jordan Lutheran (T)	9:00-1:00 Shopping Shuttle 1:00 Rummikub (FL) 1:00 Preston Bridge Club (GR) 1:00 Zumba Gold Chair Dance Exercise (FC) 2:30 Train Dominoes (L2) 3:00 Seniors Sing!-Choir Practice (T) 3:15-4:15 Wine and Cheese (L) 7:00 Music with Barbara (L)	9:00-10:30 Blood Pressure Clinic (WC) 10:00 Flower Arranging (DR) 10:00 Chair Yoga with Leslie (FC) 11:00 Banana Bread and Hot Tea (C) 12:30-2:15 Shopping at Dorcas 1:00 Great Courses: Churches of the World (T) 2:30 Wii Bowling (T) 3:30 Catholic Confession (T) 4:00 Catholic Mass (T) 7:30 Movie (T)	9:00 Banks 10:00 SS Stability and Balance Exercise w/ Nourma (FC) 11:00 Lunch at Smithfield Chicken and BBQ 11:00 Jewelry Making (BR) 1:15 Living Well Exercise w/ Legacy (FC) 2:00 Bingo! (T) 2:30 Train Dominoes (L2) 3:15-4:15 Happy Hour w/ Smith Jazz Duo (T)	10:30 Bingo! (T) 1:00 Hand & Foot Card Game (L2) 1:00-2:30 Catholic Bible Study (BR) 2:00 Card Games (T) 2:00-5:30 Pink Martini and the NC Symphony (Ticket sales closed.) 3:00 Spanish Club with MJ (FL) 7:30 Movie (T)	8:00-10:30 Transportation to St. Michael's and Genesis UMC 10:30 St. Michael's Mass (LIVE Stream) (T) Mother's Day Brunch (11:30 and 1:00) Please make a reservation. 7:30 Movie (T)
13 <i>Apple Pie Day</i>	14 <i>Podiatrist</i>	15	16 <i>Do Something for Your Neighbor Day</i>	17 <i>Audiologist</i>	18	19
9:30 A Stitch in Time (FL) 10:00 SS CIRCUIT Exercise w/ Nourma (FC) 10:00-12:00 Food Lion 12:30-3:00 Walmart 1:00 Bible Study (BR) 2:00 Silver Sneakers Yoga w/ Nourma (FC) 2:30 Train Dominoes (L2) 3:15-4:15 Wine and Cheese (L) 6:00 Rummikub (FL) 7:15 Sing-a-long with Lisa (L) 7:30 Monday Night Bridge (GR)	9:15 Post Office 10:30 Bingo (T) 11:30-12:30 Games with the Guys (GR) 12:30 Line Dancing (FC) 1:00 Poker Club (GR) 1:00 Great Courses: Smithsonian (T) 1:15 Living Well Exercise w/ Legacy (FC) 1:30-2:30 Ladies Tea (DR) 3:15-4:15 Terrific Tunes w/Performance Edge (L) 6:00 Parkinson's Support Group (T and BR)	9:00-11:30 Shopping Shuttle 12:15-5:00 Met Opera Encore in HD: Dialogues Des Carmelites (\$25) 1:00 Rummikub (FL) 1:00 Preston Bridge Club (GR) 2:00 Art Workshop w/Tony D'Amico (FC) 2:30 Train Dominoes (L) 3:00 Seniors Sing!-Choir Practice (T) 3:15-4:15 Wine and Cheese (L) 7:00 Music with Sara (L)	9:00-10:30 Blood Pressure Clinic (WC) 10:00 Flower Arranging (DR) 10:00 Chair Yoga with Leslie (FC) 11:00 Cinnamon Buns and Coffee (C) 12:00-1:00 May Birthday Party (DR) 1:00 Great Courses: Churches of the World (T) 1:00 Beginner Canasta (GR) 2:30 Wii Bowling (T) 4:00 Catholic Communion (T) 7:30 Movie (T)	8:30-10:00 Audiology Clinic (WC) 9:00 Banks 10:00 SS Stability and Balance w/ Nourma (FC) 11:00 Jewelry Making (BR) 11:00-2:30 NC Symphony Friday Favorites Beethoven Piano Concerto No. 3 (\$22) 1:15 Living Well Exercise w/ Legacy (FC) 2:00 Bingo! (T) 2:30 Train Dominoes (L2) 3:15-4:15 Happy Hour w/ Dan Blaisdell (T)	10:00 Book Club (FL) 10:30 Bingo! (T) 1:00 Hand & Foot Card Game (L2) 1:00-2:30 Catholic Bible Study (BR) 3:00 Spanish Club with MJ (FL) 2:00 Card Games (T) 7:30 Movie (T)	8:00-10:30 Transportation to St. Michael's and Genesis UMC 10:30 St. Michael's Mass (LIVE Stream) (T) Sunday Brunch (11:30 and 1:00) Please make a reservation. 4:00-5:00 MUSE Concert (T) 7:30 Movie (T)
20	21 <i>Pharmacist</i>	22	23 <i>Donate \$1 and Wear Jeans</i>	24	25	26
9:30 A Stitch in Time (FL) 10:00 SS CIRCUIT Exercise w/ Nourma (FC) 10:00-12:00 Food Lion 12:30-1:30 West Regional Library 1:00 Bible Study (BR) 2:00 Silver Sneakers Yoga w/ Nourma (FC) 2:30 Train Dominoes (L2) 3:15-4:15 Wine and Cheese (L) 6:00 Rummikub (FL) 7:30 Monday Night Bridge (GR)	9:00-10:30 Talk to the Pharmacist (WC) 9:15 Post Office 10:30 Bingo (T) 11:00-3:00 Bridge Party (DR) 11:30-1:30 Men's Lunch (Biergarten of Cary) 12:30 Line Dancing (FC) 1:00 Poker Club (GR) 1:00 Great Courses: Smithsonian (T) 1:15 Living Well Exercise w/ Legacy (FC) 2:30 Culinary Services Meeting (T) 4:00 Hymns & Scriptures w/ Jordan Lutheran (T)	9:00-1:00 Shopping Shuttle 1:00 Rummikub (FL) 1:00 Preston Bridge Club (GR) 1:00 Zumba Gold Chair Dance Exercise (FC) 2:30 Train Dominoes (L2) 2:00 Legacy Presentation (T) 3:00 Seniors Sing!-Choir Practice (T) 3:15-4:15 Wine and Cheese (L) 7:00 Music with the Hancock Family (L)	9:00-10:30 Blood Pressure Clinic (WC) 10:00 Flower Arranging (DR) 10:00 Chair Yoga with Leslie (FC) 11:00 Donuts and Coffee (C) 1:00 Great Courses: Churches of the World (T) 2:30 Wii Bowling (T) 4:00 Catholic Communion (T) 7:30 Movie (T)	9:00 Banks 10:00 SS Stability and Balance w/ Nourma (FC) 11:00 Jewelry Making (BR) 11:00 Lunch at Olive Garden 1:15 Living Well Exercise w/ Legacy (FC) 2:00 Bingo! (T) 2:30 Train Dominoes (L2) 3:15-4:15 Happy Hour w/ Caroline Gregory (T)	10:30 Bingo! (T) 1:00 Hand & Foot Card Game (L2) 1:00-2:30 Catholic Bible Study (BR) 2:00 Card Games (T) 3:00 Spanish Club with MJ (FL) 7:30 Movie (T)	8:00-10:30 Transportation to St. Michael's and Genesis UMC 10:30 St. Michael's Mass (LIVE Stream) (T) Sunday Brunch (11:30 and 1:00) Please make a reservation. 1:00-3:00 Music with Teresa (Lobby) 8:00 National Memorial Day Concert (T)
27 <i>Memorial Day / Wear Red, White & Blue</i>	28 <i>Dermatologist</i>	29 <i>National Senior Health and Fitness Day</i>	30 <i>Wear Yellow</i>	31		
9:30 A Stitch in Time (FL) 10:00 SS CIRCUIT Exercise w/ Nourma (FC) Memorial Day Lunch 11:30 and 1:00 (Make a reservation.) 1:00 Bible Study (BR) 2:00 Silver Sneakers Yoga w/ Nourma (FC) 2:30 Train Dominoes (L2) 6:00 Rummikub (FL) 7:15 Patriotic Sing-a-long with Lisa (L) 7:30 Monday Night Bridge (GR)	9:30-12:30 Trolley Tour-Duke Gardens (\$10) 10:30 Bingo (T) 1:00 Poker Club (GR) 1:00 Great Courses: Smithsonian (T) 1:00-2:00 Mobility Clinic (OFC) 1:15 Living Well Exercise w/ Legacy (FC) 1:30 Presentation: Technology Classes at Cary Senior Center (T) 2:30 Taboo with JoAnna (T) 3:15-4:15 Terrific Tunes w/ Tom Neuhauser (L)	9:00-1:00 Shopping Shuttle 1:00 Post Office 1:00 Rummikub (FL) 1:00 Preston Bridge Club (GR) 1:00 Zumba Gold Chair Dance Exercise (FC) 2:30 Train Dominoes (L2) 3:15-4:15 Seniors Sing!-Choir Practice (T) 3:15-4:15 Wine and Cheese (L)	9:00-10:30 Blood Pressure Clinic (WC) 9:30-12:30 Trolley Tour-Duke Gardens (\$10) 10:00 Flower Arranging (DR) 10:00 Chair Yoga with Leslie (FC) 11:00 Cinnamon Buns and Coffee (C) 1:00 Great Courses: Churches of the World (T) 1:00 Beginner Canasta (GR) 2:30 Wii Bowling (T) 4:00 Catholic Communion (T) 7:30 Movie (T)	9:00 Banks 10:00 SS Stability and Balance w/ Nourma (FC) 11:00 Jewelry Making (BR) 11:00 Lunch and Treats at Dairy Queen 1:15 Living Well Exercise w/ Legacy (FC) 2:00 Bingo! (T) 2:30 Train Dominoes (L2) 3:15-4:15 New Resident Welcome and Happy Hour (T) 7:15 Shabbat Service (FL)		
						<p style="text-align: center;"><i>Doctors Making House Calls:</i></p> <p style="text-align: center;"><i>Monday, Tuesday</i> <i>Wednesday, Friday</i></p>