

June 2019



PRESTON POINTE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1	2
DR - Medallion Dining (1st Floor) DR3 - Magnolia Dining (3rd Floor) WC - Wellness Center (2nd Floor) GR - Game Room (1st Floor) L2 - Library (2nd Floor) OFC - Outside Fitness Center (Lower Level) BR - Boardroom (Lower Level)	FL - Fireside Lounge (1st Floor) T - Theater (4th Floor) L - Lobby (1st Floor) FC - Fitness Center (Lower Level) C - Café (1st Floor) P - Back Patio (1st Floor)	<u>Doctors Making House Calls:</u> Monday, Tuesday Wednesday, Friday			10:30 Bingo! (T) 1:00 Hand & Foot Card Game (L2) 1:00-2:30 Catholic Bible Study (BR) 2:00 Card Games (T) 3:00 Spanish Club with MJ (FL) 4:00-5:00 Games with the Guys (GR) 7:30 Movie (T)	8:00-10:30 Transportation to St. Michael's and Genesis UMC 10:30 St. Michael's Mass (LIVE Stream) (T) Sunday Brunch (11:30 and 1:00) Please make a reservation. 2:30 Protestant Communion w/ Cornerstone Presbyterian (FL) 7:30 Movie (T)
3	4 <i>National Hug Your Cat Day / Podiatrist</i>	5	6 <i>Wear Polka Dots</i>	7	8	9
9:30 A Stitch in Time (FL) 10:00 SS CIRCUIT Exercise w/ Nourma (FC) 10:00-12:00 Food Lion 12:30-1:30 West Regional Library 1:00 Bible Study (BR) 1:30-3:00 Trader Joe's 2:00 Silver Sneakers Yoga w/ Nourma (FC) 2:30 Train Dominoes (L2) 2:30 Happy Music by Marie (T) 3:15-4:15 Wine and Cheese (L) 6:00 Rummikub (FL) 7:30 Monday Night Bridge (GR)	9:15 Post Office 10:30 Bingo (T) 11:30-1:30 Lunch at Persis Indian Grill 12:30 Line Dancing (FC) 1:00 Poker Club (GR) 1:00 Great Courses: Smithsonian (T) 1:15 Living Well Exercise w/ Legacy (FC) 3:30 Teens and Technology (L2) 4:00 Hymns & Scriptures w/ Jordan Lutheran (T)	9:00-1:00 Shopping Shuttle 11:00-1:00 Another Broken Egg Cafe 1:00 Rummikub (FL) 1:00 Preston Bridge Club (GR) 1:00 Zumba Gold Chair Dance (FC) 2:00 Art Workshop w/ Tony D'Amico (FC) 2:30 Train Dominoes (L2) 3:00 Seniors Sing!-Choir Practice (T) 3:15-4:15 Wine and Cheese (L) 6:30 Music with Teresa (L)	9:00-10:30 Blood Pressure Clinic (WC) 10:00 Flower Arranging (DR) 10:00 Chair Yoga with Leslie (FC) 11:00 Lemon Squares and Hot Tea (C) 1:00 Great Courses: Churches of the World (T) 2:30 Wii Bowling (T) 4:00 Catholic Communion (T) 7:30 Movie (T)	9:00 Banks 10:00 SS Stability and Balance Exercise w/ Nourma (FC) 11:00-2:30 NC Symphony Friday Favorites: Latin Classics (\$22) 11:00 Jewelry Making (BR) 1:15 Living Well Exercise w/ Legacy (FC) 2:00 Bingo! (T) 2:30 Train Dominoes (L2) 3:15-4:15 Happy Hour w/ Tom Neuhauser (T)	10:30 Bingo! (T) 1:00 Hand & Foot Card Game (L2) 1:00-2:30 Catholic Bible Study (BR) 2:00 Card Games (T) 3:00 Spanish Club with MJ (FL) 4:00-5:00 Games with the Guys (GR) 7:30 Movie (T)	8:00-10:30 Transportation to St. Michael's and Genesis UMC 10:30 St. Michael's Mass (LIVE Stream) (T) Sunday Brunch (11:30 and 1:00) Please make a reservation. 7:30 Movie (T)
10	11	12	13	14 <i>Audiologist / Flag Day / Wear Blue</i>	15	16 <i>Father's Day</i>
9:30 A Stitch in Time (FL) 10:00 SS CIRCUIT Exercise w/ Nourma (FC) 10:00-12:00 Food Lion 12:30-3:00 Walmart 1:00 Bible Study (BR) 2:00 Silver Sneakers Yoga w/ Nourma (FC) 2:30 Train Dominoes (L2) 3:15-4:15 Wine and Cheese (L) 6:00 Rummikub (FL) 7:15 Sing-a-long with Lisa (L) 7:30 Monday Night Bridge (GR)	9:15 Post Office 10:30 Bingo (T) 12:00-1:00 Men's Luncheon (DR) 12:30 Line Dancing (FC) 1:00 Great Courses: Smithsonian (T) 1:15 Living Well Exercise w/ Legacy (FC) 1:00-2:30 Publix Market 2:30 Poker Club (GR) 2:30 Taboo with JoAnna (T) 3:15-4:15 Terrific Tunes w/Ed Lyons (L) 6:00 Parkinson's Support Group (T and BR)	9:00-1:00 Shopping Shuttle 1:00 Rummikub (FL) 1:00 Preston Bridge Club (GR) 1:00 Zumba Gold Chair Dance Exercise (FC) 2:30 Train Dominoes (L2) 3:00 Seniors Sing!-Choir Practice (T) 3:15-4:15 Wine and Cheese (L)	9:00-10:30 Blood Pressure Clinic (WC) 10:00 Flower Arranging (DR) 10:00 Chair Yoga with Leslie (FC) 11:00 Cookies and Lemonade (C) 1:00 Great Courses: Churches of the World (T) 1:00 Beginner Canasta (GR) 2:30 Watermelon Social (P or T) 4:00 Catholic Communion (T) 7:30 Movie (T)	8:30-10:00 Audiology Clinic (WC) 9:00 Banks 10:00 SS Stability and Balance w/ Nourma (FC) 11:00 Lunch at Ruby Tuesday 11:00 Jewelry Making (BR) 1:15 Living Well Exercise w/ Legacy (FC) 2:00 Bingo! (T) 2:30 Train Dominoes (L2) 3:15-4:15 Happy Hour (T)	10:00 Book Club (FL) 10:30 Bingo! (T) 1:00 Hand & Foot Card Game (L2) 1:00-2:30 Catholic Bible Study (BR) 3:00 Spanish Club with MJ (FL) 2:00 Card Games (T) 4:00-5:00 Games with the Guys (GR) 7:30 Movie (T)	8:00-10:30 Transportation to St. Michael's and Genesis UMC 10:30 St. Michael's Mass (LIVE Stream) (T) Father's Day Brunch (11:30 and 1:00) Please make a reservation. 7:30 Movie (T)
17	18 <i>Pharmacist</i>	19	20 <i>Donate \$1 and Wear Jeans/</i>	21 <i>Summer Begins / National Selfie Day</i>	22	23 <i>National Hydration Day</i>
9:30 A Stitch in Time (FL) 10:00 SS CIRCUIT Exercise w/ Nourma (FC) 10:00-12:00 Food Lion 12:30-1:30 West Regional Library 1:00 Bible Study (BR) 2:00 Silver Sneakers Yoga w/ Nourma (FC) 2:30 Train Dominoes (L2) 3:15-4:15 Wine and Cheese (L) 6:00 Rummikub (FL) 7:30 Monday Night Bridge (GR)	9:00-10:30 Talk to the Pharmacist (WC) 9:15 Post Office 10:00-3:00 Brunch at Flying Biscuit and Visit Holy Name Cathedral 10:30 Bingo (T) 12:30 Line Dancing (FC) 1:00 Poker Club (GR) 1:00 Great Courses: Smithsonian (T) 1:15 Living Well Exercise w/ Legacy (FC) 4:00 Hymns & Scriptures w/ Jordan Lutheran (T)	9:00-1:00 Shopping Shuttle 11:00 Journey to Italy (T) 1:00 Rummikub (FL) 1:00 Preston Bridge Club (GR) 1:00 Zumba Gold Chair Dance Exercise (FC) 2:00 Art Workshop w/Tony D'Amico (FC) 2:30 Train Dominoes (L2) 3:00 Seniors Sing!-Choir Practice (T) 3:15-4:15 Wine and Cheese (L) 5:00 and 6:30 Passport Dinner: Italy (DR) 7:00 Music with Sara (L)	9:00-10:30 Blood Pressure Clinic (WC) 10:00 Flower Arranging (DR) 10:00 Chair Yoga with Leslie (FC) 11:00 Chocolate Pastries and Hot Tea (C) 12:00-1:00 June Birthday Party (DR) 1:00 Great Courses: Churches of the World (T) 2:30 Wii Bowling (T) 4:00 Catholic Communion (T) 7:30 Movie (T)	9:00 Banks 10:00 SS Stability and Balance w/ Nourma (FC) 11:00 Jewelry Making (BR) 1:15 Living Well Exercise w/ Legacy (FC) 2:00 Bingo! (T) 2:30 Train Dominoes (L2) 3:15-4:15 Happy Hour w/ Dan Blaisdell (T)	10:30 Bingo! (T) 1:00 Hand & Foot Card Game (L2) 1:00-2:30 Catholic Bible Study (BR) 1:00-5:00 Performance Edge Showcase (\$22) 2:00 Card Games (T) 3:00 Spanish Club with MJ (FL) 4:00-5:00 Games with the Guys (GR) 7:30 Movie (T)	8:00-10:30 Transportation to St. Michael's and Genesis UMC 10:30 St. Michael's Mass (LIVE Stream) (T) Sunday Brunch (11:30 and 1:00) Please make a reservation. 3:00 Music with Barbara (Lobby) 7:30 Movie (T)
24	25 <i>Dermatologist</i>	26	27	28	29	30
9:30 A Stitch in Time (FL) 10:00 SS CIRCUIT Exercise w/ Nourma (FC) 10:00-12:00 Food Lion 12:30-3:00 Walmart 1:00 Bible Study (BR) 2:00 Silver Sneakers Yoga w/ Nourma (FC) 2:30 Train Dominoes (L2) 3:15-4:15 Wine and Cheese (L) 4:00-6:30 Dinner at Carrabba's Italian Grill 6:00 Rummikub (FL) 7:15 Sing-a-long with Lisa (L) 7:30 Monday Night Bridge (GR)	9:15 Post Office 10:30 Bingo (T) 12:30-3:30 Shopping at Crossroads of Carv 1:00 Poker Club (GR) 1:00 Great Courses: Smithsonian (T) 1:00-2:00 Mobility Clinic (OFC) 1:15 Living Well Exercise w/ Legacy (FC) 2:30 Taboo with JoAnna (T) 3:15-4:15 Terrific Tunes w/ Tom Neuhauser (L)	9:00-1:00 Shopping Shuttle 1:00 Rummikub (FL) 1:00 Preston Bridge Club (GR) 1:00 Zumba Gold Chair Dance Exercise (FC) 2:30 Train Dominoes (L2) 3:00 Seniors Sing!-Choir Practice (T) 3:15-4:15 Wine and Cheese (L) 7:00 Music with the Hancock Family (L)	9:00-10:30 Blood Pressure Clinic (WC) 10:00 Flower Arranging (DR) 10:00 Chair Yoga with Leslie (FC) 11:00 Cookies and Lemonade (C) 1:00 Great Courses: Churches of the World (T) 2:30 Wii Bowling (T) 4:00 Catholic Communion (T) 7:30 Movie (T)	9:00 Banks 10:00 SS Stability and Balance w/ Nourma (FC) 10:45 Bojangles 11:00 Jewelry Making (BR) 1:15 Living Well Exercise w/ Legacy (FC) 2:00 JACKPOT Bingo! (T) 2:30 Train Dominoes (L2) 3:15-4:15 New Resident Welcome Social (T) 7:15 Shabbat Service (FL)	10:30 Bingo! (T) 1:00 Hand & Foot Card Game (L2) 1:00-2:30 Catholic Bible Study (BR) 2:00 Card Games (T) 3:00 Spanish Club with MJ (FL) 4:00-5:00 Games with the Guys (GR) 7:30 Movie (T)	8:00-10:30 Transportation to St. Michael's and Genesis UMC 10:30 St. Michael's Mass (LIVE Stream) (T) Sunday Brunch (11:30 and 1:00) Please make a reservation. 1:00-3:00 Music with Teresa (Lobby) 7:30 Movie (T)