

October 2019



PRESTON POINTE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1	2	3	4	5	6
<p><u><i>Doctors Making House Calls:</i></u></p> <p><i>Monday, Tuesday Wednesday, Friday</i></p>	<p>9:15 Post Office 10:30 Bingo (T) 11:30-2:30 Park West Movie: Downton Abbey (\$5 ticket and \$5 popcorn and drink) 12:30 Line Dancing (FC) 1:00 Poker Club (GR) 1:15 Living Well Exercise w/ Legacy (FC) 3:00 TED Talk & Discussion w/ Richard Bobst (T) 3:30 Teens and Technology (L2) 4:00 Hymns & Scriptures w/ Jordan Lutheran (T)</p>	<p>9:00-1:00 Shopping Shuttle 11:30-1:30 Flower Arranging and Lunch w/ Gigi's Playhouse (FC and DR) 1:00 Rummikub (FL) 1:00 Preston Bridge Club (GR) 1:00 Zumba Gold Chair Dance Exercise (FC) 2:30 Train Dominoes (L2) 3:15-4:15 Wine and Cheese (L) 6:30 Music with Teresa (L)</p>	<p>9:00-10:30 Blood Pressure Clinic (WC) 10:00 Flower Arranging (DR) 10:00 Chair Yoga with Leslie (FC) 11:00 Donuts and Coffee (C) 1:00 Great Courses: Historic Voyages (T) 1:00 Beginner Canasta (L2) 2:30 Wii Bowling (T) 3:30 Rosary Service (T) 4:00 Catholic Communion (T) 7:30 Movie (T)</p>	<p>9:00 Banks 10:00 SS Stability and Balance w/ Nourma (FC) 11:00 Jewelry Making (BR) 1:15 Living Well Exercise w/ Legacy (FC) 2:00 Bingo! (T) 2:30 Train Dominoes (L2) 3:15-4:15 New Resident Welcome (T) 7:30 Luo Brothers' Piano Concert (L) 7:30 Shabbat Service (T)</p>	<p>10:30 Bingo! (T) 1:00 Hand & Foot Card Game (L2) 1:00-2:30 Catholic Bible Study (BR) 2:00 Card Games (T) 4:00-5:00 Games with the Guys (GR) 7:30 Movie (T)</p>	<p>8:00-10:30 Transportation to St. Michael's and Genesis UMC 10:30 St. Michael's Mass (LIVE Stream) (T) Sunday Brunch (11:30 and 1:00) Please make a reservation. 2:30 Protestant Communion w/ Cornerstone Presbyterian (FL) 7:30 Movie (T)</p>
7	8 <i>Yom Kippur Begins / Podiatrist Visits</i>	9	10	11	12	13
<p>9:30 A Stitch in Time (FL) 10:00 SS CIRCUIT Exercise w/ Nourma (FC) 10:00-12:00 Food Lion 12:30-1:30 West Regional Library 1:00 Bible Study (BR) 1:30-3:00 Publix 2:30 Train Dominoes (L2) 2:30 Happy Music by Marie (T) 3:15-4:15 Wine and Cheese (L) 6:00 Rummikub (FL) 7:30 Monday Night Bridge (GR)</p>	<p>9:15 Post Office 10:30 Bingo (T) 11:30-3:00 Jordan Lake Boat Tour and Picnic (\$15) 12:30 Line Dancing (FC) 1:00 Poker Club (GR) 1:15 Living Well Exercise w/ Legacy (FC) 2:30 Play Taboo (T) 3:15-4:15 Terrific Tunes w/ Ed Lyons (L) 6:00 Parkinson's Support Group (T and BR)</p>	<p>9:00-1:00 Shopping Shuttle 1:00 Rummikub (FL) 1:00 Preston Bridge Club (GR) 1:00 Zumba Gold Chair Dance Exercise (FC) 2:00 Art Workshop w/ Tony D'Amico (FC) 2:30 Train Dominoes (L2) 3:15-4:15 Wine and Cheese (L) 7:00 Music with Barbara (L)</p>	<p>9:00-10:30 Blood Pressure Clinic (WC) 10:00 Flower Arranging (DR) 10:00 Chair Yoga with Leslie (FC) 11:00 Sugar Cookies and Hot Tea (C) 12:00-1:00 October Birthday Party (DR) 1:00 Great Courses: Historic Voyages (T) 1:00 Beginner Canasta (L2) 2:30 Wii Bowling (T) 4:00 Catholic Communion (T) 7:30 Movie (T)</p>	<p>9:00 Banks 11:00 Lunch at Dames Chicken and Waffles 11:00 Jewelry Making (BR) 1:15 Living Well Exercise w/ Legacy (FC) 2:00 Bingo! (T) 2:30 Train Dominoes (L2) 3:15-4:15 Happy Hour w/ Tom Neuhauser T)</p>	<p>10:30 Bingo! (T) 12:15-4:30 Met Opera Live in HD: Turandot (\$27) 1:00 Hand & Foot Card Game (L2) 1:00-2:30 Catholic Bible Study (BR) 2:00 Card Games (T) 3:00 Bible Study w/ Glenn and Sudie (T) 4:00-5:00 Games with the Guys (GR) 7:30 Movie (T)</p>	<p>8:00-10:30 Transportation to St. Michael's and Genesis UMC 10:30 St. Michael's Mass (LIVE Stream) (T) Sunday Brunch (11:30 and 1:00) Please make a reservation. 2:00-3:00 Music with Teresa (piano) (L) 7:30 Movie (T)</p>
14	15	16	17	18 <i>Audiologist</i>	19	20
<p>9:30 A Stitch in Time (FL) 10:00 SS CIRCUIT Exercise w/ Nourma (FC) 10:00-2:00 Flu Shot Clinic (T) 10:00-12:00 Food Lion 12:30-3:00 Walmart 1:00 Bible Study (BR) 2:30 Train Dominoes (L2) 3:15-4:15 Wine and Cheese (L) 6:00 Rummikub (FL) 7:15 Sing-a-long with Lisa (L) 7:30 Monday Night Bridge (GR)</p>	<p>9:15 Post Office 10:30 Bingo (T) 12:30-2:00 Walmart Neighborhood Market 1:00 Poker Club (GR) 1:15 Living Well Exercise w/ Legacy (FC) 2:30 NETFLIX Movie Matinee: POMS 4:00 Hymns & Scriptures w/ Jordan Lutheran (T)</p>	<p>9:00-1:00 Shopping Shuttle 1:00 Rummikub (FL) 1:00 Preston Bridge Club (GR) 1:00 Zumba Gold Chair Dance Exercise (FC) 1:00-3:00 Bingo to Beat Breast Cancer (DR) 2:30 Train Dominoes (L) 3:15-4:15 Wine and Cheese (L) 7:00 Music with Sara (L)</p>	<p>9:00-10:30 Blood Pressure Clinic (WC) 10:00 Flower Arranging (DR) 10:00 Chair Yoga with Leslie (FC) 11:00 Pastries and Coffee (C) 1:00 L'Chaim Club (FL) 1:00 Great Courses: American Parks (T) 1:00 Beginner Canasta (L2) 4:00 Catholic Communion (T) 7:30 Movie (T)</p>	<p>9:00 Banks 10:00 SS Stability and Balance w/ Nourma (FC) 11:00 Jewelry Making (BR) 11:00 Lunch at Red Bowl Asian Bistro 1:15 Living Well Exercise w/ Legacy (FC) 2:00 Bingo! (T) 2:30 Train Dominoes (L2) 3:15-4:15 Happy Hour w/ Dan Blaisdell (T)</p>	<p>10:00 Book Club () 10:30 Bingo! (T) 1:00 Hand & Foot Card Game (L2) 1:00-2:30 Catholic Bible Study (BR) 3:00 Memorial Service for Mary Marques (T) 4:00-5:00 Games with the Guys (GR) 7:30 Movie (T)</p>	<p>8:00-10:30 Transportation to St. Michael's and Genesis UMC 10:30 St. Michael's Mass (LIVE Stream) (T) Sunday Brunch (11:30 and 1:00) Please make a reservation. 5:00-6:00 Violin Concert w/ Phillips Oja and Students (T) 7:30 Movie (T)</p>
21	22	23	24	25	26	27
<p>9:30 A Stitch in Time (FL) 10:00 SS CIRCUIT Exercise w/Nourma (FC) 10:00-2:00 Flu Shot Clinic (T) 10:00-12:00 Food Lion 12:30-1:30 West Regional Library 1:00 Bible Study (BR) 1:30-3:00 Trader Joe's 2:30 Train Dominoes (L2) 3:15-4:15 Wine and Cheese (L) 6:00 Rummikub (FL) 7:30 Monday Night Bridge (GR)</p>	<p>9:15 Post Office 10:30 Bingo (T) 10:30-2:30 Shopping at Southpoint Mall 12:30 Line Dancing (FC) 1:00 Poker Club (GR) 1:00-2:00 Mobility Clinic (OFC) 1:15 Living Well Exercise w/Legacy (FC) 2:30 Special Presentation: Musical Descriptions with Mary Ann Nielsen (T) 3:15-4:15 Terrific Tunes with Tom Neuhauser (L)</p>	<p>9:00-1:00 Shopping Shuttle 1:00 Rummikub (FL) 1:00 Preston Bridge Club (GR) 1:00 Zumba Gold Chair Dance Exercise (FC) 1:00-3:00 Preston Pointe Fair (L and P) 2:30 Train Dominoes (L2) 3:15-4:15 Wine and Cheese (L) 7:00 Music with the Hancock Family (L)</p>	<p>9:00-10:30 Blood Pressure Clinic (WC) 10:00 Flower Arranging (DR) 10:00 Chair Yoga with Leslie (FC) 11:00 Scones and Hot Tea (C) 1:00 Beginner Canasta (L2) 1:00 Great Courses: American Parks (T) 2:30 Wii Bowling (T) 4:00 Catholic Communion (T) 7:30 Movie (T)</p>	<p>8:30-10:00 Audiology Clinic (WC) 9:00 Banks 10:00 SS Stability and Balance w/ Nourma (FC) 11:00 Lunch at La Farm Bakery 11:00 Jewelry Making (BR) 1:15 Living Well Exercise w/ Legacy (FC) 2:00 JACKPOT Bingo! (T) 2:30 Train Dominoes (L2) 3:15-4:15 Happy Hour w/ Cole Koffi (T)</p>	<p>10:30 Bingo! (T) 12:15-5:00 Met Opera Live in HD: Manon (\$27) 1:00 Hand & Foot Card Game (L2) 1:00-2:30 Catholic Bible Study (BR) 2:00 Card Games (T) 3:00 Bible Study w/ Glenn and Sudie (T) 4:00-5:00 Games with the Guys (GR) 7:30 Movie (T)</p>	<p>8:00-10:30 Transportation to St. Michael's and Genesis UMC 10:30 St. Michael's Mass (LIVE Stream) (T) Sunday Brunch (11:30 and 1:00) Please make a reservation. 2:00-6:00 Food Truck Rodeo w/ Music by Island Bob (Front Entrance and DR) 7:30 Movie (T)</p>
28 <i>Dermatologist</i>	29	30	31 <i>Halloween</i>			
<p>9:30 A Stitch in Time (FL) 10:00 SS CIRCUIT Exercise w/ Nourma (FC) 10:00-12:00 Food Lion 12:30-3:00 Walmart 1:00 Bible Study (BR) 2:30 Train Dominoes (L2) 3:15-4:15 Wine and Cheese (L) 6:00 Rummikub (FL) 7:15 Sing-a-long with Lisa (L) 7:30 Monday Night Bridge (GR)</p>	<p>9:15 Post Office 10:30 Bingo (T) 12:30-2:00 Harris Teeter 1:00 Poker Club (GR) 1:15 Living Well Exercise w/ Legacy (FC) 2:30 NETFLIX Movie Matinee: Patrick</p>	<p>9:00-1:00 Shopping Shuttle 1:00 Rummikub (FL) 1:00 Preston Bridge Club (GR) 1:00 Zumba Gold Chair Dance Exercise (FC) 2:00 Art Workshop w/ Tony D'Amico (FC) 2:30 Train Dominoes (L2) 3:15-4:15 Wine and Cheese (L)</p>	<p>9:00-10:30 Blood Pressure Clinic (WC) 10:00 Flower Arranging (DR) 10:00 Chair Yoga with Leslie (FC) 11:00 Cinnamon Rolls and Coffee (C) 1:30-2:30 Halloween Party and Costume Contest (T) 4:00 Catholic Communion (T) 7:30 Movie (T)</p>			
					<p>DR- Medallion Dining (1st Floor) DR3- Magnolia Dining (3rd Floor) WC- Wellness Center (2nd Floor) GR- Game Room (1st Floor) L2- Library (2nd Floor) OFC- Outside Fitness Center (Lower Level) BR- Boardroom (Lower Level)</p>	<p>FL- Fireside Lounge (1st Floor) T- Theater (4th Floor) L- Lobby (1st Floor) FC- Fitness Center (Lower Level) C- Café (1st Floor) P- Back Patio (1st Floor)</p>