


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<ul style="list-style-type: none"> <li>● 9:30 Shuttle - Food Lion/Dollar Tree (SU)</li> <li>● 10:00 Strength Exercise (FC)</li> <li>● 11:00 Coffee &amp; Current Events (AR)</li> <li>● 12:30 Banks &amp; Post Office (SU)</li> <li>● 1:00 March Madness Bracketology (AR)</li> <li>● 1:30 Chef Talk (AR)</li> <li>● 2:00 Bible Study w/Betty (AR)</li> <li>● 2:00 Train Dominoes (L2)</li> <li>● 6:30 Rummikub (AR)</li> </ul>	<ul style="list-style-type: none"> <li>● 10:00 Chair Yoga (FC)</li> <li>● 10:00 Shopping Trip to Harris Teeter (SU)</li> <li>● 11:00 Bingo (AR)</li> <li>● 1:00 King's Poker (OF)</li> <li>● 1:15 Living Well w/ Legacy (FC)</li> <li>● 2:00 Mahjong (AR)</li> <li>● 2:30 Happy Hour w/ Dennis Redoblado (T)</li> <li>● 6:30 Community Crossword (AR)</li> </ul>	<ul style="list-style-type: none"> <li>● 9:30 Shuttle - Park West/Aquatic Center (SU)</li> <li>● 10:00 Zumba Gold Chair Dance (FC)</li> <li>● 11:00 Wellness Meeting (AR)</li> <li>● 1:00 Bridge Club (AR)</li> <li>● 1:00 Walker &amp; Wheelchair Repair (OF)</li> <li>● 1:15 Stretch Exercise (FC)</li> <li>● 1:30 Scrabble (L2)</li> <li>● 2:00 Putterball Golf (AR)</li> <li>● 2:00 West Regional Library (SU)</li> <li>● 2:30 Pinochle (AR)</li> <li>● 6:30 Rummikub (L2)</li> <li>● 6:30 Wellness Talk w/ </li> </ul>	<ul style="list-style-type: none"> <li>● 9:30 Renovation Meeting (AR)</li> <li>● 10:00 Chair Yoga (FC)</li> <li>● 11:00 Bingo (AR)</li> <li>● 12:30 Million Dollar Quartet at Temple Theater (L)</li> <li>● 1:00 Queen's Poker (OF)</li> <li>● 2:00 Wii Bowling (T)</li> <li>● 2:30 Mahjong (L2)</li> <li>● 2:30 Stitch Together (OF)</li> <li>● 3:00 Catholic Communion (AR)</li> <li>● 3:30 Craftsmanship (AR)</li> <li>● 6:30 Pokeno (AR)</li> </ul>	<ul style="list-style-type: none"> <li>● 10:00 Strength Exercise (FC)</li> <li>● 10:00 Trip to WRAL Gardens (SU)</li> <li>● 1:00 Kings Poker (OF)</li> <li>● 1:15 Living Well w/Legacy (FC)</li> <li>● 2:00 Train Dominoes (AR)</li> <li>● 2:30 Happy Hour w/ Luke Lowe (T)</li> <li>● 6:30 Friday Night Movie - My Sailor, My Love (T)</li> <li>● 6:30 Rummikub (AR)</li> </ul>	<ul style="list-style-type: none"> <li>● 10:00 Stretch Exercise (FC)</li> <li>● 10:30 Preston Players Rehearsal (T)</li> <li>● 1:00 Hand &amp; Foot (AR)</li> <li>● 1:00 Play Boggle (AR)</li> <li>● 1:15 Strength Exercise (FC)</li> <li>● 2:00 Afternoon Movie - Julie &amp; Julia (T)</li> <li>● 2:00 Bible Study w/ Sudie (AR)</li> <li>● 6:30 Saturday Night Movie - Waking Ned Devine (T)</li> </ul>
<ul style="list-style-type: none"> <li>● 10:00 Church Shuttle (SU)</li> <li>● 10:00 Live Stream Service from St. Michael the Archangel (T)</li> <li>● 1:15 Rummikub (L2)</li> <li>● 1:30 Music w/ Emma (AR)</li> <li>● 2:00 Afternoon Movie - The Hiding Place (T)</li> <li>● 2:30 Strength Exercise (FC)</li> <li>● 3:00 Technology Support (AR)</li> <li>● 3:30 Christian Communion (OF)</li> <li>● 4:00 Sunday Social Club (AR)</li> </ul>	<ul style="list-style-type: none"> <li>● 9:30 Shuttle - Food Lion/Dollar Tree (SU)</li> <li>● 10:00 Strength Exercise (FC)</li> <li>● 11:00 Coffee &amp; Current Events (AR)</li> <li>● 12:30 Banks &amp; Post Office (SU)</li> <li>● 1:00 March Madness Bracketology (AR)</li> <li>● 2:00 Bible Study w/Betty (AR)</li> <li>● 2:00 Train Dominoes (L2)</li> <li>● 2:30 Happy Hour w/ Christian Green (T)</li> <li>● 6:30 Rummikub (AR)</li> </ul>	<ul style="list-style-type: none"> <li>● 10:00 Chair Yoga (FC)</li> <li>● 11:00 Bingo (AR)</li> <li>● 1:00 King's Poker (OF)</li> <li>● 1:30 The Mysteries of Medicare Presentation (T)</li> <li>● 2:00 Mahjong (AR)</li> <li>● 2:30 Wine &amp; Cheese Social (T)</li> <li>● 6:30 Community Crossword (AR)</li> </ul>	<ul style="list-style-type: none"> <li>● 9:30 Shopping Trip to Walmart (SU)</li> <li>● 10:00 COVID Clinic (AR)</li> <li>● 10:00 Zumba Gold Chair Dance (FC)</li> <li>● 11:00 Activities Meeting (AR)</li> <li>● 1:00 Bridge Club (AR)</li> <li>● 1:15 Stretch Exercise (FC)</li> <li>● 1:30 Scrabble (L2)</li> <li>● 2:30 Civil War Presentation (T)</li> <li>● 2:30 Pinochle (AR)</li> <li>● 6:30 Rummikub (AR)</li> <li>● 6:30 Trivia Night w/ Jean (T)</li> </ul>	<ul style="list-style-type: none"> <li>● 9:00 Audiology Clinic (WC)</li> <li>● 9:30 Renovation Meeting (AR)</li> <li>● 10:00 Chair Yoga (FC)</li> <li>● 11:00 Bingo (AR)</li> <li>● 1:00 Queen's Poker (OF)</li> <li>● 1:30 Movercize w/ Richard (FC)</li> <li>● 2:00 Wii Bowling (T)</li> <li>● 2:30 Mahjong (L2)</li> <li>● 2:30 Stitch Together (OF)</li> <li>● 3:00 Catholic Communion (AR)</li> <li>● 3:30 Craftsmanship (AR)</li> <li>● 6:30 Pokeno (AR)</li> </ul>	<ul style="list-style-type: none"> <li>● 10:00 Strength Exercise (FC)</li> <li>● 11:00 NC Symphony (L)</li> <li>● 1:00 Kings Poker (OF)</li> <li>● 1:15 Living Well w/Legacy (FC)</li> <li>● 2:00 Train Dominoes (AR)</li> <li>● 2:30 Happy Hour w/ Cole Koffi (T)</li> <li>● 6:30 Friday Night Movie - A Handful of Dust (T)</li> <li>● 6:30 Rummikub (AR)</li> </ul>	<ul style="list-style-type: none"> <li>● 10:00 Stretch Exercise (FC)</li> <li>● 10:30 Preston Players Rehearsal (T)</li> <li>● 1:00 Hand &amp; Foot (AR)</li> <li>● 1:00 Play Boggle (AR)</li> <li>● 1:15 Strength Exercise (FC)</li> <li>● 2:00 Afternoon Movie - Seabiscuit (T)</li> <li>● 6:30 Saturday Night Movie - From the Vine (T)</li> </ul>
<ul style="list-style-type: none"> <li>● 10:00 Church Shuttle (SU)</li> <li>● 10:00 Live Stream Service from St. Michael the Archangel (T)</li> <li>● 1:15 Rummikub (L2)</li> <li>● 1:30 Music w/ Emma (AR)</li> <li>● 2:00 Afternoon Movie - Angela's Ashes (T)</li> <li>● 2:30 Strength Exercise (FC)</li> <li>● 3:00 Technology Support (AR)</li> <li>● 4:00 Sunday Social Club (AR)</li> </ul>	<ul style="list-style-type: none"> <li>● 9:30 Shuttle - Food Lion/Dollar Tree (SU)</li> <li>● 10:00 Strength Exercise (FC)</li> <li>● 11:00 Coffee &amp; Current Events (AR)</li> <li>● 12:30 Banks &amp; Post Office (SU)</li> <li>● 2:00 Bible Study w/Betty (AR)</li> <li>● 2:00 Train Dominoes (L2)</li> <li>● 6:30 Rummikub (AR)</li> </ul>	<ul style="list-style-type: none"> <li>● 10:00 Chair Yoga (FC)</li> <li>● 11:00 Bingo (AR)</li> <li>● 1:00 King's Poker (OF)</li> <li>● 1:15 Living Well w/ Legacy (FC)</li> <li>● 2:00 Mahjong (AR)</li> <li>● 2:30 Wine &amp; Cheese Social (T)</li> <li>● 6:30 Community Crossword (AR)</li> </ul>	<ul style="list-style-type: none"> <li>● 9:30 Shuttle - Park West/Aquatic Center (SU)</li> <li>● 10:00 Zumba Gold Chair Dance (FC)</li> <li>● 11:00 Ambassador Meeting (AR)</li> <li>● 12:30 April Birthday Party (AR)</li> <li>● 1:00 Bridge Club (AR)</li> <li>● 1:15 Stretch Exercise (FC)</li> <li>● 1:30 Scrabble (L2)</li> <li>● 2:00 Legacy Health Talk (AR)</li> <li>● 2:30 Pinochle (AR)</li> <li>● 6:30 Rummikub (AR)</li> </ul>	<ul style="list-style-type: none"> <li>● 9:30 Renovation Meeting (AR)</li> <li>● 10:00 Chair Yoga (FC)</li> <li>● 11:00 Bingo (AR)</li> <li>● 1:00 Queen's Poker (OF)</li> <li>● 2:00 Wii Bowling (T)</li> <li>● 2:30 Mahjong (L2)</li> <li>● 2:30 Stitch Together (OF)</li> <li>● 3:00 Catholic Communion (AR)</li> <li>● 3:30 Craftsmanship (AR)</li> <li>● 6:30 Pokeno (AR)</li> </ul>	<ul style="list-style-type: none"> <li>● 10:00 Strength Exercise (FC)</li> <li>● 11:00 Lunch Outing - Prestonwood (SU)</li> <li>● 1:00 Kings Poker (OF)</li> <li>● 1:15 Living Well w/Legacy (FC)</li> <li>● 2:00 Train Dominoes (AR)</li> <li>● 2:30 Happy Hour w/ Caroline Gregory (T)</li> <li>● 6:30 Friday Night Movie - Seven Days in Utopia (T)</li> <li>● 6:30 Rummikub (L2)</li> <li>● 6:30 Shabbat Passover Service (AR)</li> </ul>	<ul style="list-style-type: none"> <li>● 10:00 Book Club (AR)</li> <li>● 10:00 Stretch Exercise (FC)</li> <li>● 10:30 Preston Players Rehearsal (T)</li> <li>● 1:00 Hand &amp; Foot (AR)</li> <li>● 1:00 Play Boggle (AR)</li> <li>● 1:15 Strength Exercise (FC)</li> <li>● 2:00 Afternoon Movie - Sophie's Choice (T)</li> <li>● 6:30 Saturday Night Movie - Sounder (T)</li> </ul>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>21</p> <ul style="list-style-type: none"> <li>10:00 Church Shuttle (SU)</li> <li>10:00 Live Stream Service from St. Michael the Archangel (T)</li> <li>1:15 Rummikub (L2)</li> <li>1:30 Music w/ Emma (AR)</li> <li>2:00 Afternoon Movie - Used People (T)</li> <li>2:30 Strength Exercise (FC)</li> <li>3:00 Technology Support (AR)</li> <li>4:00 Sunday Social Club (AR)</li> </ul>	<p>22</p> <ul style="list-style-type: none"> <li>9:30 Shuttle - Food Lion/Dollar Tree (SU)</li> <li>10:00 Strength Exercise (FC)</li> <li>11:00 Coffee &amp; Current Events (AR)</li> <li>12:30 Banks &amp; Post Office (SU)</li> <li>2:00 Bible Study w/Betty (AR)</li> <li>2:00 Train Dominoes (L2)</li> <li>6:30 Rummikub (AR)</li> </ul>	<p>23</p> <ul style="list-style-type: none"> <li>10:00 Chair Yoga (FC)</li> <li>11:00 Bingo (AR)</li> <li>1:00 King's Poker (OF)</li> <li>2:00 Mahjong (AR)</li> <li>2:30 Happy Hour w/ Vlad Kary (T)</li> <li>6:30 Community Crossword (AR)</li> </ul>	<p>24</p> <ul style="list-style-type: none"> <li>9:30 Shuttle - Park West/Aquatic Center (SU)</li> <li>10:00 Zumba Gold Chair Dance (FC)</li> <li>1:00 Bridge Club (AR)</li> <li>1:15 Stretch Exercise (FC)</li> <li>1:30 Scrabble (L2)</li> <li>2:00 Putterball Golf (AR)</li> <li>2:30 Pinochle (AR)</li> <li>4:30 Dinner Outing - Mezza Luna (SU)</li> <li>6:30 Rummikub (AR)</li> </ul>	<p>25</p> <ul style="list-style-type: none"> <li>9:30 Renovation Meeting (AR)</li> <li>10:00 Chair Yoga (FC)</li> <li>11:00 Bingo (AR)</li> <li>1:00 Queen's Poker (OF)</li> <li>2:00 Wii Bowling (T)</li> <li>2:30 Mahjong (L2)</li> <li>2:30 Stitch Together (OF)</li> <li>3:00 Catholic Communion (AR)</li> <li>3:30 Craftsmanship (AR)</li> <li>6:30 Pokeno (AR)</li> </ul>	<p>26</p> <ul style="list-style-type: none"> <li>10:00 Strength Exercise (FC)</li> <li>10:00 Tour of the Alpaca Farm (SU)</li> <li>1:00 Kings Poker (OF)</li> <li>1:15 Living Well w/Legacy (FC)</li> <li>2:00 Train Dominoes (AR)</li> <li>2:30 Happy Hour w/ Tom Neuhauser (T)</li> <li>6:30 Friday Night Movie - The Trip to Bountiful (T)</li> <li>6:30 Rummikub (AR)</li> </ul>	<p>27</p> <ul style="list-style-type: none"> <li>10:00 Stretch Exercise (FC)</li> <li>10:30 Preston Players Rehearsal (T)</li> <li>1:00 Hand &amp; Foot (AR)</li> <li>1:00 Play Boggle (AR)</li> <li>1:15 Strength Exercise (FC)</li> <li>1:30 Tea at the Carolina Inn (SU)</li> <li>2:00 Afternoon Movie - Becoming Astrid (T)</li> <li>6:30 Saturday Night Movie - A Little Bit of Heaven (T)</li> </ul>
<p>28</p> <ul style="list-style-type: none"> <li>10:00 Church Shuttle (SU)</li> <li>10:00 Live Stream Service from St. Michael the Archangel (T)</li> <li>1:15 Rummikub (L2)</li> <li>3:00 Ebony &amp; Ivory Event w/ Casablanca Orchestra (T)</li> <li>4:00 Sunday Social Club (AR)</li> </ul>	<p>29</p> <ul style="list-style-type: none"> <li>9:30 Shuttle - Food Lion/Dollar Tree (SU)</li> <li>10:00 Strength Exercise (FC)</li> <li>11:00 Coffee &amp; Current Events (AR)</li> <li>12:30 Banks &amp; Post Office (SU)</li> <li>1:00 King's Poker (OF)</li> <li>2:00 Bible Study w/Betty (AR)</li> <li>2:00 Train Dominoes (L2)</li> <li>3:00 Movement for Brain, Body, &amp; Soul (FC)</li> <li>6:30 Rummikub</li> </ul>	<p>30</p> <ul style="list-style-type: none"> <li>10:00 Chair Yoga (FC)</li> <li>11:00 Bingo (AR)</li> <li>1:15 Living Well w/ Legacy (FC)</li> <li>2:00 Mahjong (AR)</li> <li>2:00 Town Hall - Cash Prize Drawing (T)</li> <li>2:30 New Resident Social (T)</li> <li>6:30 Community Crossword (AR)</li> </ul>	<p>SU = Sign Up GR = Game Room FC = Fitness Center AR = Activity Room L2 = Library, 2nd Floor T = Theater OF = Outside Fitness Center WC = Wellness Center P = Patio L = Lobby FL = Fireside Lounge DR = Dining Room</p>	<ul style="list-style-type: none"> <li>Emotional</li> <li>Entertainment</li> <li>Intellectual</li> <li>Off-site Outing</li> <li>Physical</li> <li>Social</li> <li>Spiritual</li> </ul>		

# April 2024



PRESTON POINTE