

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>May 2024</h1> <h2>PRESTON POINTE</h2>			<ul style="list-style-type: none"> ● 9:30 Shuttle - Park West/Aquatic Center (SU) 1 ● 10:00 Zumba Gold Chair Dance (FC) ● 11:00 Wellness Meeting (AR) ● 1:00 Bridge Club (AR) ● 1:00 Walker & Wheelchair Repair (OF) ● 1:15 Stretch Exercise (FC) ● 1:30 Scrabble (L2) ● 2:00 Putterball Golf (AR) ● 2:00 West Regional Library (SU) ● 2:30 Pinochle (AR) ● 6:30 Rummikub (AR) ● 6:30 Wellness Talk w/ Leslie (AR) 	<ul style="list-style-type: none"> ● 9:30 Renovation Meeting (AR) 2 ● 10:00 Chair Yoga (FC) ● 11:00 Bingo (AR) ● 12:00 Trip to Chico's for Fashion Show Fitting (L) ● 1:00 Queen's Poker (AR) ● 2:00 Wii Bowling (T) ● 2:30 Mahjong (L2) ● 2:30 Stitch Together (OF) ● 3:00 Catholic Communion (AR) ● 3:30 Craftsmanship (AR) ● 6:30 Pokeno (AR) 	<ul style="list-style-type: none"> ● 10:00 Strength Exercise (FC) 3 ● 11:00 Trip to Chico's for Fashion Show Fitting (L) ● 1:00 Kings Poker (OF) ● 1:15 Living Well w/Legacy (FC) ● 2:00 Train Dominoes (AR) ● 2:30 Happy Hour w/ Luke Lowe (AR) ● 6:30 Friday Night Movie - Casablanca (T) ● 6:30 Rummikub (AR) 	<ul style="list-style-type: none"> ● 10:00 Stretch Exercise (FC) 4 ● 10:30 Preston Players Rehearsal (T) ● 11:00 Trip to Chico's for Fashion Show Fitting (L) ● 1:00 Hand & Foot (AR) ● 1:00 Play Boggle (AR) ● 1:15 Strength Exercise (FC) ● 2:00 Bible Study w/ Sudie (OF) ● 5:30 Kentucky Derby Party (T)
<ul style="list-style-type: none"> ● 10:00 Church Shuttle (SU) 5 ● 10:30 Live Stream Service from St. Michael the Archangel (T) ● 1:15 Rummikub (L2) ● 2:30 Fashion Show (T) ● 3:30 Christian Communion (OF) ● 4:00 Sunday Social Club (AR) 	<ul style="list-style-type: none"> ● 9:30 Shuttle - Food Lion/Dollar Tree (SU) 6 ● 10:00 Strength Exercise (FC) ● 11:00 Coffee & Current Events (AR) ● 12:30 Banks & Post Office (SU) ● 1:30 Chef Talk (AR) ● 2:00 Bible Study w/Betty (AR) ● 2:00 Train Dominoes (L2) ● 6:30 Rummikub (AR) 	<ul style="list-style-type: none"> ● 10:00 Chair Yoga (FC) 7 ● 11:00 Bingo (AR) ● 1:00 King's Poker (AR) ● 2:00 Mahjong (AR) ● 2:30 Wine & Cheese Social (T) ● 6:30 Community Crossword (AR) 	<ul style="list-style-type: none"> ● 9:30 Shopping Trip to Walmart (SU) 8 ● 10:00 Zumba Gold Chair Dance (FC) ● 11:00 Activities Meeting (AR) ● 1:00 Bridge Club (T) ● 1:15 Stretch Exercise (FC) ● 1:30 Scrabble (L2) ● 2:00 Mother's Day Tea (AR) ● 2:30 Pinochle (T) ● 6:30 Rummikub (AR) ● 6:30 Trivia Night w/ Jean (T) 	<ul style="list-style-type: none"> ● 9:00 Audiology Clinic (WC) 9 ● 9:30 Renovation Meeting (AR) ● 10:00 Chair Yoga (FC) ● 10:00 Trip to Duke Gardens (SU) ● 11:00 Bingo (AR) ● 1:00 Queen's Poker (AR) ● 1:30 Movercize w/ Richard (FC) ● 2:00 Wii Bowling (T) ● 2:30 Mahjong (L2) ● 2:30 Stitch Together (OF) ● 3:00 Catholic Communion (AR) ● 3:30 Craftsmanship (AR) ● 6:30 Pokeno (AR) 	<ul style="list-style-type: none"> ● 10:00 Strength Exercise (FC) 10 ● 10:00 Trip to Duke Gardens (SU) ● 1:00 Kings Poker (OF) ● 1:15 Living Well w/Legacy (FC) ● 2:00 Train Dominoes (AR) ● 2:30 Happy Hour w/ Larry & Friends (AR) ● 6:30 Friday Night Movie - The Graduate (T) ● 6:30 Rummikub (L2) ● 6:30 Shabbat w/ the Lowes Family (AR) 	<ul style="list-style-type: none"> ● 10:00 Stretch Exercise (FC) 11 ● 10:30 Preston Players Rehearsal (T) ● 12:00 Trip to Live Stream of Madame Butterfly (L) ● 1:00 Hand & Foot (AR) ● 1:00 Play Boggle (AR) ● 1:15 Strength Exercise (FC) ● 2:00 Afternoon Movie - The Boys in the Boat (T) ● 6:30 Saturday Night Movie - Easter Parade (T)
<ul style="list-style-type: none"> ● 10:00 Church Shuttle (SU) 12 ● 10:30 Live Stream Service from St. Michael the Archangel (T) ● 11:00 Mother's Day Brunch (DR) ● 1:15 Rummikub (L2) ● 2:00 Afternoon Movie - It's Complicated (T) ● 2:30 Strength Exercise (FC) ● 4:00 Sunday Social Club (AR) 	<ul style="list-style-type: none"> ● 9:30 Shuttle - Food Lion/Dollar Tree (SU) 13 ● 10:00 Strength Exercise (FC) ● 11:00 Coffee & Current Events (AR) ● 12:30 Banks & Post Office (SU) ● 2:00 Bible Study w/Betty (AR) ● 2:00 Train Dominoes (L2) ● 3:00 Movement for Brain, Body, and Soul (FC) ● 6:30 Rummikub (AR) 	<ul style="list-style-type: none"> ● 10:00 Chair Yoga (FC) 14 ● 10:00 Trip to Lochmere Golf Course (SU) ● 11:00 Bingo (AR) ● 1:00 King's Poker (AR) ● 1:15 Living Well w/ Legacy (FC) ● 2:00 Mahjong (AR) ● 2:30 Wine & Cheese Social (T) ● 6:30 Community Crossword (AR) 	<ul style="list-style-type: none"> ● 9:30 Shuttle - Park West/Aquatic Center (SU) 15 ● 10:00 Zumba Gold Chair Dance (FC) ● 11:00 Ambassador Meeting (AR) ● 12:30 May Birthday Party (3D) ● 1:00 Bridge Club (AR) ● 1:15 Stretch Exercise (FC) ● 1:30 Scrabble (L2) ● 2:00 Legacy Health Talk (AR) ● 2:30 Pinochle (AR) ● 6:30 Resident Spotlight - Clarence Wegmann (T) ● 6:30 Rummikub (AR) 	<ul style="list-style-type: none"> ● 9:30 Renovation Meeting (AR) 16 ● 10:00 Chair Yoga (FC) ● 10:00 Shopping Trip to Harris Teeter (SU) ● 11:00 Bingo (AR) ● 1:00 Queen's Poker (AR) ● 2:00 Wii Bowling (T) ● 2:30 Mahjong (L2) ● 2:30 Stitch Together (OF) ● 3:00 Catholic Communion (AR) ● 3:30 Craftsmanship (AR) ● 6:30 Pokeno (AR) 	<ul style="list-style-type: none"> ● 10:00 Strength Exercise (FC) 17 ● 10:00 Trip to the Painted Tree (SU) ● 1:00 Kings Poker (OF) ● 1:15 Living Well w/Legacy (FC) ● 2:00 Train Dominoes (AR) ● 2:30 Happy Hour w/ Caroline Gregory (AR) ● 6:30 Friday Night Movie - Mystic Pizza (T) ● 6:30 Rummikub (AR) 	<ul style="list-style-type: none"> ● 10:00 Book Club (AR) 18 ● 10:00 Stretch Exercise (FC) ● 10:30 Preston Players Rehearsal (T) ● 1:00 Hand & Foot (AR) ● 1:00 Play Boggle (AR) ● 1:15 Strength Exercise (FC) ● 3:00 Flobone Concert (T) ● 6:30 Saturday Night Movie - Monty Python and the Holy Grail (T)

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<p>19</p> <ul style="list-style-type: none"> ● 10:00 Church Shuttle (SU) ● 10:30 Live Stream Service from St. Michael the Archangel (T) ● 1:15 Rummikub (L2) ● 1:30 Music w/ Emma (AR) ● 2:00 Afternoon Movie - West Side Story (T) ● 2:30 Strength Exercise (FC) ● 3:00 Technology Support (AR) ● 4:00 Sunday Social Club (AR) 	<p>20</p> <ul style="list-style-type: none"> ● 9:30 Shuttle - Food Lion/Dollar Tree (SU) ● 10:00 Strength Exercise (FC) ● 11:00 Coffee & Current Events (AR) ● 12:30 Banks & Post Office (SU) ● 2:00 Bible Study w/Betty (AR) ● 2:00 Train Dominoes (L2) ● 2:30 Happy Hour w/ Christian Green (T) ● 6:30 Rummikub (AR) 	<p>21</p> <ul style="list-style-type: none"> ● 10:00 Chair Yoga (FC) ● 11:00 Bingo (AR) ● 1:00 King's Poker (AR) ● 2:00 Mahjong (AR) ● 2:30 Wine & Cheese Social (T) ● 6:30 Community Crossword (AR) 	<p>22</p> <ul style="list-style-type: none"> ● 9:30 Shuttle - Park West/Aquatic Center (SU) ● 10:00 Zumba Gold Chair Dance (FC) ● 1:00 Bridge Club (AR) ● 1:15 Stretch Exercise (FC) ● 1:30 Scrabble (L2) ● 2:30 How to Laugh Yourself into Health and Happiness Presentation (T) ● 2:30 Pinochle (AR) ● 6:30 Rummikub (AR) 	<p>23</p> <ul style="list-style-type: none"> ● 9:30 Renovation Meeting (AR) ● 10:00 Chair Yoga (FC) ● 11:00 Bingo (AR) ● 1:00 Queen's Poker (AR) ● 2:00 Wii Bowling (T) ● 2:30 Mahjong (L2) ● 2:30 Stitch Together (OF) ● 3:00 Catholic Communion (AR) ● 3:30 Craftsmanship (AR) ● 6:30 Pokeno (AR) 	<p>24</p> <ul style="list-style-type: none"> ● 10:00 Strength Exercise (FC) ● 11:00 Lunch Outing - Hickory Tavern (SU) ● 1:00 Kings Poker (OF) ● 1:15 Living Well w/Legacy (FC) ● 2:00 Train Dominoes (AR) ● 2:30 Happy Hour w/ Tom Neuhauser (AR) ● 6:30 Friday Night Movie - Gideon's Trumpet (T) ● 6:30 Rummikub (AR) 	<p>25</p> <ul style="list-style-type: none"> ● 10:00 Stretch Exercise (FC) ● 10:30 Preston Players Rehearsal (T) ● 1:00 Hand & Foot (AR) ● 1:00 Play Boggle (AR) ● 1:15 Strength Exercise (FC) ● 2:00 Afternoon Movie - Hidden Figures (T) ● 6:30 Saturday Night Movie - Queen Bees (T)
<p>26</p> <ul style="list-style-type: none"> ● 10:00 Church Shuttle (SU) ● 10:30 Live Stream Service from St. Michael the Archangel (T) ● 1:15 Rummikub (L2) ● 1:30 Music w/ Emma (AR) ● 2:00 Afternoon Movie - Thelma & Louise (T) ● 2:30 Strength Exercise (FC) ● 3:00 Technology Support (AR) ● 4:00 Sunday Social Club (AR) 	<p>27</p> <ul style="list-style-type: none"> ● 10:00 Strength Exercise (FC) ● 11:00 Memorial Day Brunch (DR) ● 1:00 King's Poker (OF) ● 2:00 Bible Study w/Betty (AR) ● 2:00 Train Dominoes (L2) ● 2:30 Memorial Day Remembrance (T) ● 6:30 Rummikub (AR) 	<p>28</p> <ul style="list-style-type: none"> ● 10:00 Chair Yoga (FC) ● 11:00 Bingo (AR) ● 1:00 King's Poker (AR) ● 1:15 Living Well w/ Legacy (FC) ● 2:00 Mahjong (AR) ● 2:00 Town Hall - Cash Prize Drawing (T) ● 2:30 New Resident Social (T) ● 6:30 Community Crossword (AR) 	<p>29</p> <ul style="list-style-type: none"> ● 9:30 Shuttle - Park West/Aquatic Center (SU) ● 10:00 Zumba Gold Chair Dance (FC) ● 1:00 Bridge Club (AR) ● 1:15 Stretch Exercise (FC) ● 1:30 Scrabble (L2) ● 2:00 Putterball Golf (AR) ● 2:30 Pinochle (AR) ● 4:30 Dinner Outing - Outback Steakhouse (SU) ● 6:30 Rummikub (AR) 	<p>30</p> <ul style="list-style-type: none"> ● 9:30 Renovation Meeting (AR) ● 10:00 Chair Yoga (FC) ● 11:00 Bingo (AR) ● 1:00 Queen's Poker (AR) ● 2:00 Wii Bowling (T) ● 2:30 Mahjong (L2) ● 2:30 Stitch Together (OF) ● 3:00 Catholic Communion (AR) ● 3:30 Craftsmanship (AR) ● 6:30 Pokeno (AR) 	<p>31</p> <ul style="list-style-type: none"> ● 10:00 Strength Exercise (FC) ● 10:00 Trip to Gregg Museum of Art (SU) ● 1:00 Kings Poker (OF) ● 1:15 Living Well w/Legacy (FC) ● 2:00 Train Dominoes (AR) ● 2:30 Happy Hour w/ Dennis Redoblado (AR) ● 6:30 Friday Night Movie - The Lightkeepers (T) ● 6:30 Rummikub (AR) 	<p>SU = Sign Up GR = Game Room FC = Fitness Center AR = Activity Room L2 = Library, 2nd Floor T = Theater OF = Outside Fitness Center WC = Wellness Center P = Patio L = Lobby FL = Fireside Lounge DR = Dining Room</p> <ul style="list-style-type: none"> ● Emotional ● Entertainment ● Intellectual ● Off-site Outing ● Physical ● Social ● Spiritual