

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|--|--|--|--|
| <ul style="list-style-type: none"> ● 10:00am Church Shuttle (SU) ● 10:30am Live Stream Service from St. Michael the Archangel (T) ● 1:15pm Rummikub (L2) ● 2:00pm Afternoon Movie - Invictus (T) ● 2:00pm Bible Study w/ Sudie - Dramatization of Joseph (AR) ● 2:30pm Strength Exercise (FC) ● 3:00pm Technology Support (AR) ● 3:30pm Christian Communion (OF) ● 4:00pm Sunday Social Club (AR) | <ul style="list-style-type: none"> ● 9:30am Shuttle - Food Lion/Dollar Tree (SU) ● 10:00am Strength Exercise (FC) ● 11:00am Coffee & Current Events (C) ● 12:30pm Banks & Post Office (SU) ● 1:00pm Holiday Open House @ Gloria Owens' Apartment ● 2:00pm Bible Study w/Betty (AR) ● 2:00pm Train Dominoes (L2) ● 6:30pm Rummikub (AR) | <ul style="list-style-type: none"> ● 10:00am Chair Yoga (FC) ● 10:00am Shopping Trip to Wegman's (SU) ● 11:00am Bingo (AR) ● 1:00pm King's Poker (AR) ● 2:00pm Mahjong (AR) ● 2:30pm Wine & Cheese Social (T) ● 6:30pm Community Crossword (AR) | <ul style="list-style-type: none"> ● 9:30am Shuttle - Park West/Aquatic Center (SU) ● 10:00am Zumba Gold Chair Dance (FC) ● 11:00am Golden Expressions Wellness Group w/ NC State Students (AR) ● 1:00pm Bridge Club (AR) ● 1:00pm Walker & Wheelchair Repair (OF) ● 1:30pm Legacy Health Talk - Occupational Therapy Benefits (T) ● 1:30pm Scrabble (GR) ● 2:00pm West Regional Library (SU) ● 2:30pm Pinochle (AR) ● 6:30pm Rummikub (AR) ● 6:30pm Wellness Talk w/ Leslie (AR) | <ul style="list-style-type: none"> ● 10:00am Chair Yoga (FC) ● 10:00am Shopping Trip to Harris Teeter (SU) ● 11:00am Bingo (AR) ● 2:00pm Wii Bowling (T) ● 2:30pm Mahjong (L2) ● 2:30pm Stitch Together (OF) ● 3:00pm Catholic Communion (AR) ● 3:30pm Craftsmanship (AR) ● 6:30pm Pokeno (AR) | <ul style="list-style-type: none"> ● 10:00am Strength Exercise (FC) ● 11:00am NC Symphony (L) ● 1:00pm Kings Poker (AR) ● 1:15pm Living Well w/ Legacy (FC) ● 2:00pm Train Dominoes (AR) ● 2:30pm Happy Hour w/ Luke Lowe (T) ● 6:30pm Friday Night Movie - Finding Neverland (T) ● 6:30pm Rummikub (AR) | <ul style="list-style-type: none"> ● 10:00am Stretch Exercise (FC) ● 10:30am Preston Players Rehearsal (T) ● 11:00am Morning Music (L) ● 1:00pm Hand & Foot (AR) ● 1:00pm Play Boggle (AR) ● 1:15pm Strength Exercise (FC) ● 2:00pm Afternoon Movie - August: Osage County (T) ● 6:30pm Saturday Night Movie - Cat on a Hot Tin Roof (T) |
| <ul style="list-style-type: none"> ● 10:00am Church Shuttle (SU) ● 10:30am Live Stream Service from St. Michael the Archangel (T) ● 1:15pm Rummikub (L2) ● 3:00pm Casablanca Orchestra (T) ● 4:00pm Sunday Social Club (AR) | <ul style="list-style-type: none"> ● 9:30am Shuttle - Food Lion/Dollar Tree (SU) ● 10:00am Strength Exercise (FC) ● 11:00am Coffee & Current Events (C) ● 12:30pm Banks & Post Office (SU) ● 1:00pm Parkinson Support Group (T) ● 2:00pm Bible Study w/Betty (AR) ● 2:00pm Train Dominoes (L2) ● 6:30pm Rummikub (AR) | <ul style="list-style-type: none"> ● 10:00am Chair Yoga (FC) ● 11:00am Bingo (AR) ● 1:00pm King's Poker (AR) ● 1:15pm Living Well w/ Legacy (FC) ● 2:30pm Holiday Cookie Exchange (T) ● 6:30pm Carolina Harmony Chorus Concert (T) | <ul style="list-style-type: none"> ● 9:30am Shopping Trip to Walmart (SU) ● 10:00am Zumba Gold Chair Dance (FC) ● 11:00am Activities Meeting (AR) ● 1:00pm Bridge Club (AR) ● 1:15pm Stretch Exercise (FC) ● 1:30pm Scrabble (GR) ● 2:00pm Putterball Golf (AR) ● 2:30pm Pinochle (AR) ● 6:30pm Rummikub (AR) ● 6:30pm Trivia Night w/ Jean (T) | <ul style="list-style-type: none"> ● 10:00am Chair Yoga (FC) ● 11:00am Bingo (AR) ● 12:00pm A Christmas Carol @ Temple Theater (L) ● 2:00pm Wii Bowling (T) ● 2:30pm Mahjong (L2) ● 2:30pm Stitch Together (OF) ● 3:00pm Catholic Communion (AR) ● 3:30pm Craftsmanship (AR) ● 6:30pm Pokeno (AR) | <ul style="list-style-type: none"> ● 10:00am Strength Exercise (FC) ● 11:00am Lunch @ Prestonwood (SU) ● 1:00pm Kings Poker (AR) ● 1:15pm Living Well w/ Legacy (FC) ● 2:00pm Train Dominoes (AR) ● 2:30pm Happy Hour w/ Cole Koffi (T) ● 6:30pm Friday Night Movie - Shall We Dance? (T) ● 6:30pm Rummikub (AR) | <ul style="list-style-type: none"> ● 10:00am Stretch Exercise (FC) ● 10:30am Preston Players Rehearsal (T) ● 1:00pm Hand & Foot (AR) ● 1:00pm Play Boggle (AR) ● 1:15pm Strength Exercise (FC) ● 2:00pm Afternoon Movie - Moneyball (T) ● 6:30pm Saturday Night Movie - State Fair (T) |
| <ul style="list-style-type: none"> ● 10:00am Church Shuttle (SU) ● 10:30am Live Stream Service from St. Michael the Archangel (T) ● 1:15pm Rummikub (L2) ● 2:00pm Afternoon Movie - Anchors Aweigh (T) ● 2:30pm Strength Exercise (FC) ● 4:00pm Sunday Social Club (AR) | <ul style="list-style-type: none"> ● 9:30am Shuttle - Food Lion/Dollar Tree (SU) ● 10:00am Strength Exercise (FC) ● 11:00am Coffee & Current Events (C) ● 12:30pm Banks & Post Office (SU) ● 2:00pm Bible Study w/Betty (AR) ● 2:00pm Train Dominoes (L2) ● 3:00pm Holiday Party (L) ● 6:30pm Rummikub (AR) | <ul style="list-style-type: none"> ● 10:00am Chair Yoga (FC) ● 11:00am Bingo (AR) ● 1:00pm King's Poker (AR) ● 2:00pm Mahjong (AR) ● 2:30pm Happy Hour w/ Dennis Redoblado (T) ● 6:30pm Community Crossword (AR) ● 6:30pm Holiday Lights Bus Tour (SU) | <ul style="list-style-type: none"> ● 9:30am Shuttle - Park West/Aquatic Center (SU) ● 10:00am Zumba Gold Chair Dance (FC) ● 11:00am Ambassador Meeting (AR) ● 12:30pm December Birthday Party (AR) ● 1:00pm Bridge Club (AR) ● 1:15pm Stretch Exercise (FC) ● 1:30pm Scrabble (GR) ● 2:00pm Holiday Resident Giving Social (T) ● 2:30pm Pinochle (AR) ● 6:30pm Holiday Lights Bus Tour (SU) ● 6:30pm Rummikub (AR) | <ul style="list-style-type: none"> ● 10:00am Chair Yoga (FC) ● 11:00am Bingo (AR) ● 2:00pm Wii Bowling (T) ● 2:30pm Mahjong (L2) ● 2:30pm Stitch Together (OF) ● 3:00pm Catholic Communion (AR) ● 3:30pm Craftsmanship (AR) ● 6:30pm Pokeno (AR) | <ul style="list-style-type: none"> ● 10:00am Nutcracker @ Cary Arts Center (L) ● 10:00am Strength Exercise (FC) ● 1:00pm Kings Poker (AR) ● 1:15pm Living Well w/ Legacy (FC) ● 2:00pm Train Dominoes (AR) ● 2:30pm Happy Hour w/ Caroline Gregory (T) ● 6:30pm Friday Night Movie - Miracle on 34th Street (T) ● 6:30pm Rummikub (AR) | <ul style="list-style-type: none"> ● 10:00am Book Club (AR) ● 10:00am Stretch Exercise (FC) ● 10:30am Preston Players Rehearsal (T) ● 1:00pm Hand & Foot (AR) ● 1:00pm Play Boggle (AR) ● 1:15pm Strength Exercise (FC) ● 2:00pm Afternoon Movie - It's a Wonderful Life (T) ● 6:30pm Saturday Night Movie - A Christmas Carol (T) |

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|--|---|---|---|
| <ul style="list-style-type: none"> ● 10:00am Church Shuttle (SU) ²² ● 10:30am Live Stream Service from St. Michael the Archangel (T) ● 1:15pm Rummikub (L2) ● 3:00pm Holiday Concert w/ Emma (T) ● 4:00pm Sunday Social Club (AR) | <ul style="list-style-type: none"> ● 9:30am Shuttle - Food Lion/Dollar Tree (SU) ²³ ● 10:00am Strength Exercise (FC) ● 11:00am Coffee & Current Events (C) ● 12:30pm Banks & Post Office (SU) ● 2:00pm Bible Study w/Betty (AR) ● 2:00pm Train Dominoes (L2) ● 2:30pm Happy Hour w/ Christian Green (T) ● 6:30pm Rummikub (AR) | <ul style="list-style-type: none"> ● 10:00am Chair Yoga (FC) ²⁴ ● 11:00am Bingo (AR) ● 1:00pm King's Poker (AR) ● 1:15pm Living Well w/ Legacy (FC) ● 2:00pm Mahjong (AR) ● 2:30pm Wine & Cheese Social (T) | <ul style="list-style-type: none"> ● 11:00am Christmas Day Brunch (DR) ²⁵ ● 1:00pm Bridge Club (AR) ● 1:15pm Stretch Exercise (FC) ● 1:30pm Scrabble (GR) ● 2:30pm Pinochle (AR) ● 6:30pm Hannukah Candle Lighting (FL) ● 6:30pm Rummikub (AR) | <ul style="list-style-type: none"> ● 10:00am Chair Yoga (FC) ²⁶ ● 11:00am Bingo (AR) ● 2:00pm Wii Bowling (T) ● 2:30pm Mahjong (L2) ● 2:30pm Stitch Together (OF) ● 3:00pm Catholic Communion (AR) ● 3:30pm Craftsmanship (AR) ● 6:30pm Hannukah Candle Lighting (FL) ● 6:30pm Pokeno (AR) | <ul style="list-style-type: none"> ● 10:00am Brunch @ Cracker Barrel (SU) ²⁷ ● 10:00am Strength Exercise (FC) ● 1:00pm Kings Poker (AR) ● 1:15pm Living Well w/ Legacy (FC) ● 2:00pm Train Dominoes (AR) ● 2:30pm Happy Hour w/ Tom Neuhauser (T) ● 6:30pm Friday Night Movie - Woman in Gold (T) ● 6:30pm Hannukah Candle Lighting (FL) ● 6:30pm Rummikub (AR) | <ul style="list-style-type: none"> ● 10:00am Stretch Exercise (FC) ²⁸ ● 10:30am Preston Players Rehearsal (T) ● 1:00pm Hand & Foot (AR) ● 1:00pm Play Boggle (AR) ● 1:15pm Strength Exercise (FC) ● 2:00pm Afternoon Movie - Evita (T) ● 6:30pm Hannukah Candle Lighting (FL) ● 6:30pm Saturday Night Movie - Somewhere in Time (T) |
| <ul style="list-style-type: none"> ● 10:00am Church Shuttle (SU) ²⁹ ● 10:30am Live Stream Service from St. Michael the Archangel (T) ● 1:15pm Rummikub (L2) ● 1:30pm Music w/ Emma (AR) ● 2:00pm Afternoon Movie - Inherit the Wind (T) ● 2:30pm Strength Exercise (FC) ● 3:00pm Technology Support (AR) ● 4:00pm Sunday Social Club (AR) ● 6:30pm Hannukah Candle Lighting (FL) | <ul style="list-style-type: none"> ● 9:30am Shuttle - Food Lion/Dollar Tree (SU) ³⁰ ● 10:00am Strength Exercise (FC) ● 11:00am Coffee & Current Events (C) ● 12:30pm Banks & Post Office (SU) ● 2:00pm Bible Study w/Betty (AR) ● 2:00pm Train Dominoes (L2) ● 3:00pm Movement for Brain, Body, & Soul (FC) ● 6:30pm Hannukah Candle Lighting (FL) ● 6:30pm Rummikub (AR) | <ul style="list-style-type: none"> ● 10:00am Chair Yoga (FC) ³¹ ● 11:00am Bingo (AR) ● 1:00pm King's Poker (AR) ● 2:00pm Mahjong (AR) ● 2:30pm New Year's Eve Party w/ Table 5 (T) ● 6:30pm Community Crossword (AR) ● 6:30pm Hannukah Candle Lighting (FL) | <p>SU = Sign Up GR = Game Room FC = Fitness Center 3D = 3rd Floor Dining Room L2 = Library, 2nd Floor T = Theater OF = Outside Fitness Center BR = Boardroom P = Patio L = Lobby FL = Fireside Lounge DR = Dining Room</p> | <ul style="list-style-type: none"> ● Emotional ● Entertainment ● Intellectual ● Off-site Outing ● Physical ● Social ● Spiritual | | |

December

2024



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