

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

JANUARY 2025

HAPPY NEW YEAR



PRESTON POINTE

- 1**
- 11:00-1:00 New Year's Day Brunch (DR)
 - 1:00-2:00 Bridge Club (AR)
 - 1:15-2:15 Stretch Exercise (FC)
 - 1:30-2:30 Scrabble (GR)
 - 2:30-3:30 Pinochle (AR)
 - 6:30-7:00 Hannukah Candle Lighting (FL)
 - 6:30-7:30 Rummikub (AR)

- 2**
- 10:00-11:00 Chair Yoga (FC)
 - 10:00-12:00 Shopping Trip to Harris Teeter (SU)
 - 11:00-12:00 Bingo (AR)
 - 2:00-3:00 Wii Bowling (T)
 - 2:30-3:30 Mahjong (L2)
 - 2:30-3:30 Stitch Together (OF)
 - 3:00-3:30 Catholic Communion (AR)
 - 3:30-4:30 Craftsmanship (AR)
 - 6:30-7:30 Pokeno (AR)

- 3**
- 10:00-12:00 Shopping Trip to Southpoint Mall (SU)
 - 10:00-10:30 Strength Exercise (FC)
 - 1:00-2:00 Kings Poker (AR)
 - 1:15-2:15 Living Well w/ Legacy (FC)
 - 2:00-3:00 Train Dominoes (AR)
 - 2:30-3:30 Happy Hour w/ Luke Lowe (T)
 - 6:30-8:30 Friday Night Movie - Murder by the Book (T)
 - 6:30-7:30 Rummikub (AR)

- 4**
- 10:00-11:00 Stretch Exercise (FC)
 - 10:30-11:30 Preston Players Rehearsal (T)
 - 1:00-2:00 Hand & Foot (AR)
 - 1:00-2:00 Play Boggle (AR)
 - 1:15-2:15 Strength Exercise (FC)
 - 2:00-4:00 Afternoon Movie - Moonlight Becomes You (T)
 - 6:30-8:30 Saturday Night Movie - Still of the Night (T)

- 5**
- 10:00-12:30 Church Shuttle (SU)
 - 10:30-11:30 Live Stream Service from St. Michael the Archangel (T)
 - 1:15-2:15 Rummikub (L2)
 - 1:30-2:00 Music w/ Emma (AR)
 - 2:00-4:00 Afternoon Movie - If I Had You (T)
 - 2:00-3:00 Bible Study w/ Sudie (AR)
 - 2:30-3:30 Strength Exercise (FC)
 - 3:00-4:00 Technology Support (AR)
 - 4:00-5:00 Sunday Social Club (AR)

- 6**
- 9:30-11:30 Shuttle - Food Lion/Dollar Tree (SU)
 - 10:00-11:00 Strength Exercise (FC)
 - 11:00-12:00 Coffee & Current Events (C)
 - 12:30-1:30 Banks & Post Office (SU)
 - 1:30-2:30 Chef Talk (AR)
 - 2:00-3:00 Bible Study w/Betty (AR)
 - 2:00-3:00 Train Dominoes (L2)
 - 6:30-7:30 Rummikub (AR)

- 7**
- 10:00-11:00 Chair Yoga (FC)
 - 10:00-12:00 Shopping Trip to Wegman's (SU)
 - 11:00-12:00 Bingo (AR)
 - 1:00-2:00 King's Poker (AR)
 - 1:15-2:15 Living Well w/ Legacy (FC)
 - 2:00-3:00 Mahjong (AR)
 - 2:30-3:30 100th Birthday Party for Clarence (T)
 - 2:30-3:30 Happy Hour (T)
 - 6:30-7:30 Community Crossword (AR)

- 8**
- 9:30-11:30 Shopping Trip to Walmart (SU)
 - 10:00-11:00 Zumba Gold Chair Dance (FC)
 - 11:00-12:00 Ambassador Meeting (AR)
 - 1:00-2:00 Bridge Club (AR)
 - 1:15-2:15 Stretch Exercise (FC)
 - 1:30-2:30 Scrabble (GR)
 - 2:00-3:00 Morrisville Community Library (SU)
 - 2:30-3:30 Pinochle (AR)
 - 6:30-7:30 Rummikub (AR)
 - 6:30-7:30 Trivia Night w/ Jean (T)

- 9**
- 10:00-11:00 Chair Yoga (FC)
 - 11:00-12:00 Bingo (AR)
 - 1:30-2:30 Movercize w/ Richard (FC)
 - 2:00-3:00 Wii Bowling (T)
 - 2:30-3:30 Mahjong (L2)
 - 2:30-3:30 Stitch Together (OF)
 - 3:00-3:30 Catholic Communion (AR)
 - 3:30-4:30 Craftsmanship (AR)
 - 6:30-7:30 Pokeno (AR)

- 10**
- 10:00-10:30 Strength Exercise (FC)
 - 10:00-12:00 Trip to NC Science Museum: Journey into Space (SU)
 - 1:00-2:00 Kings Poker (AR)
 - 1:15-2:15 Living Well w/ Legacy (FC)
 - 2:00-3:00 Train Dominoes (AR)
 - 2:30-3:30 Happy Hour (T)
 - 6:30-8:30 Friday Night Movie - Random Hearts (T)
 - 6:30-7:30 Rummikub (AR)

- 11**
- 10:00-11:00 Stretch Exercise (FC)
 - 10:30-11:30 Preston Players Rehearsal (T)
 - 1:00-2:00 Hand & Foot (AR)
 - 1:00-2:00 Play Boggle (AR)
 - 1:15-2:15 Strength Exercise (FC)
 - 2:00-4:00 Afternoon Movie - Into the Blue (T)
 - 6:30-8:30 Saturday Night Movie - Separate Lives (T)

- 12**
- 10:00-12:30 Church Shuttle (SU)
 - 10:30-11:30 Live Stream Service from St. Michael the Archangel (T)
 - 1:15-2:15 Rummikub (L2)
 - 3:00-4:00 Sunday Concert w/ FloBone (T)
 - 4:00-5:00 Sunday Social Club (AR)

- 13**
- 9:30-11:30 Shuttle - Food Lion/Dollar Tree (SU)
 - 10:00-11:00 Strength Exercise (FC)
 - 11:00-12:00 Coffee & Current Events (C)
 - 12:30-1:30 Banks & Post Office (SU)
 - 1:00-2:00 Parkinson Support Group (T)
 - 2:00-3:00 Bible Study w/Betty (AR)
 - 2:00-3:00 Train Dominoes (L2)
 - 6:30-7:30 Rummikub (AR)

- 14**
- 10:00-11:00 Chair Yoga (FC)
 - 11:00-12:00 Bingo (AR)
 - 1:00-2:00 King's Poker (AR)
 - 2:00-3:00 Mahjong (AR)
 - 2:30-3:30 Happy Hour (T)
 - 6:30-7:30 Community Crossword (AR)

- 15**
- 9:30-11:30 Shuttle - Park West/Aquatic Center (SU)
 - 10:00-11:00 Zumba Gold Chair Dance (FC)
 - 12:30-1:30 January Birthday Party (AR)
 - 1:00-2:00 Bridge Club (AR)
 - 1:15-2:15 Stretch Exercise (FC)
 - 1:30-2:30 Scrabble (GR)
 - 2:30-3:30 Pinochle (AR)
 - 6:30-7:30 Rummikub (AR)

- 16**
- 10:00-11:00 Chair Yoga (FC)
 - 11:00-12:00 Bingo (AR)
 - 2:00-3:00 Wii Bowling (T)
 - 2:30-3:30 Mahjong (L2)
 - 2:30-3:30 Stitch Together (OF)
 - 3:00-3:30 Catholic Communion (AR)
 - 3:30-4:30 Craftsmanship (AR)
 - 6:30-7:30 Pokeno (AR)

- 17**
- 10:00-10:30 Strength Exercise (FC)
 - 10:00-12:00 Trip to Nasher Museum of Art & Lunch (SU)
 - 1:00-2:00 Kings Poker (AR)
 - 1:15-2:15 Living Well w/ Legacy (FC)
 - 2:00-3:00 Train Dominoes (AR)
 - 2:30-3:30 Happy Hour w/ Caroline Gregory (T)
 - 6:30-8:30 Friday Night Movie - Prizzi's Honor (T)
 - 6:30-7:30 Rummikub (AR)

- 18**
- 10:00-11:00 Book Club (AR)
 - 10:00-11:00 Stretch Exercise (FC)
 - 10:30-11:30 Preston Players Rehearsal (T)
 - 1:00-2:00 Hand & Foot (AR)
 - 1:00-2:00 Play Boggle (AR)
 - 1:15-2:15 Strength Exercise (FC)
 - 2:00-4:00 Afternoon Movie - Wycliffe (T)
 - 6:30-8:30 Saturday Night Movie - The Girl with No Name (T)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>19</p> <ul style="list-style-type: none"> 10:00-12:30 Church Shuttle (SU) 10:30-11:30 Live Stream Service from St. Michael the Archangel (T) 1:15-2:15 Rummikub (L2) 3:00-4:00 Bruce Smith Duo: I Could Have Danced All Night (T) 4:00-5:00 Sunday Social Club (AR) 	<p>20</p> <ul style="list-style-type: none"> 9:30-11:30 Shuttle - Food Lion/Dollar Tree (SU) 10:00-11:00 Strength Exercise (FC) 11:00-12:00 Coffee & Current Events (C) 12:30-1:30 Banks & Post Office (SU) 2:00-3:00 Bible Study w/Betty (AR) 2:00-3:00 Train Dominoes (L2) 2:30-3:30 Martin Luther King Celebration w/ 	<p>21</p> <ul style="list-style-type: none"> 10:00-11:00 Chair Yoga (FC) 11:00-12:00 Bingo (AR) 1:00-2:00 King's Poker (AR) 1:15-2:15 Living Well w/ Legacy (FC) 2:00-3:00 Mahjong (AR) 2:30-3:30 Happy Hour (T) 6:30-7:30 Community Crossword (AR) 	<p>22</p> <ul style="list-style-type: none"> 9:30-11:30 Shuttle - Park West/Aquatic Center (SU) 10:00-11:00 Zumba Gold Chair Dance (FC) 1:00-2:00 Bridge Club (AR) 1:15-2:15 Stretch Exercise (FC) 1:30-2:30 Scrabble (GR) 2:30-3:30 Pinochle (AR) 6:30-7:30 Rummikub (AR) 6:30-7:30 Wellness Talk w/ Leslie (AR) 	<p>23</p> <ul style="list-style-type: none"> 10:00-11:00 Chair Yoga (FC) 11:00-12:00 Bingo (AR) 2:00-3:30 Catholic Mass & Reconciliation (AR) 2:00-3:00 Wii Bowling (T) 2:30-3:30 Stitch Together (OF) 6:30-7:30 Pokeno (AR) 	<p>24</p> <ul style="list-style-type: none"> 10:00-12:00 Lunch @ Washington Duke (SU) 10:00-10:30 Strength Exercise (FC) 1:00-2:00 Kings Poker (AR) 1:15-2:15 Living Well w/ Legacy (FC) 2:00-3:00 Train Dominoes (AR) 2:30-3:30 Happy Hour w/ Tom Neuhauser (T) 6:30-8:30 Friday Night Movie - Miss Willoughby and the Haunted 	<p>25</p> <ul style="list-style-type: none"> 10:00-11:00 Stretch Exercise (FC) 10:30-11:30 Preston Players Rehearsal (T) 1:00-2:00 Hand & Foot (AR) 1:00-2:00 Play Boggle (AR) 1:15-2:15 Strength Exercise (FC) 2:00-3:00 Trivia & Games w/ Volunteer Students (T) 6:30-8:30 Saturday Night Movie - The Cat's Meow (T)
<p>26</p> <ul style="list-style-type: none"> 10:00-12:30 Church Shuttle (SU) 10:30-11:30 Live Stream Service from St. Michael the Archangel (T) 1:15-2:15 Rummikub (L2) 1:30-2:00 Music w/ Emma (AR) 2:00-4:00 Afternoon Movie - Evil Under the Sun (T) 2:30-3:30 Strength Exercise (FC) 3:00-4:00 Technology Support (AR) 4:00-5:00 	<p>27</p> <ul style="list-style-type: none"> 9:30-11:30 Shuttle - Food Lion/Dollar Tree (SU) 10:00-11:00 Strength Exercise (FC) 11:00-12:00 Coffee & Current Events (C) 12:30-1:30 Banks & Post Office (SU) 2:00-3:00 Bible Study w/Betty (AR) 2:00-3:00 Train Dominoes (L2) 3:00-4:00 Movement for Brain, Body, & Soul (FC) 	<p>28</p> <ul style="list-style-type: none"> 10:00-11:00 Chair Yoga (FC) 11:00-12:00 Bingo (AR) 1:00-2:00 King's Poker (AR) 2:00-3:00 Mahjong (AR) 2:00-2:30 Town Hall Meeting - Cash Prize Drawing (T) 2:30-3:30 New Resident Social (T) 6:30-7:30 Community Crossword (AR) 	<p>29</p> <ul style="list-style-type: none"> 9:30-11:30 Shuttle - Park West/Aquatic Center (SU) 10:00-11:00 Zumba Gold Chair Dance (FC) 1:00-2:00 Bridge Club (AR) 1:15-2:15 Stretch Exercise (FC) 1:30-2:30 Scrabble (GR) 2:30-3:30 Pinochle (AR) 4:30-6:30 Dinner Outing @ Leo's Italian Social (SU) 6:30-7:30 Rummikub (AR) 	<p>30</p> <ul style="list-style-type: none"> 10:00-11:00 Chair Yoga (FC) 11:00-12:00 Bingo (AR) 2:00-3:00 Wii Bowling (T) 2:30-3:30 Stitch Together (OF) 3:00-3:30 Catholic Communion (AR) 3:30-4:30 Craftsmanship (AR) 6:30-7:30 Pokeno (AR) 	<p>31</p> <ul style="list-style-type: none"> 10:00-10:30 Strength Exercise (FC) 11:00-1:00 NC Symphony (L) 1:00-2:00 Kings Poker (AR) 1:15-2:15 Living Well w/ Legacy (FC) 2:00-3:00 Train Dominoes (AR) 2:30-3:30 Happy Hour w/ Dennis Redoblado (T) 6:30-8:30 Friday Night Movie - Mary Higgins Clark's A Crime of Passion (T) 	