

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

April 2025



PRESTON POINTE

- 10:00 Chair Yoga (FC) **1**
- 10:00 Shopping Trip to Wegman's (SU)
- 11:00 Bingo (AR)
- 1:00 King's Poker (AR)
- 1:15 Living Well w/ Legacy (FC)
- 2:00 Mahjong (AR)
- 2:30 Happy Hour (T)
- 6:30 Community Crossword (AR)

- 9:30 Shuttle - Park West/Aquatic Center (SU) **2**
- 10:00 Zumba Gold Chair Dance (FC)
- 11:00 Horizon Wellness Group w/ NC State (AR)
- 1:00 Bridge Club (AR)
- 1:00 Walker & Wheelchair Repair (OF)
- 1:15 Stretch Exercise (FC)
- 1:30 Scrabble (GR)
- 2:00 Morrisville Community Library (SU)
- 2:30 Pinochle (AR)
- 3:00 Billiards (GR)
- 6:30 Rummikub (AR)
- 6:30 Wellness Talk w/ Leslie (AR)

- 10:00 Chair Yoga (FC) **3**
- 10:00 Shopping Trip to Harris Teeter (SU)
- 11:00 Bingo (AR)
- 2:00 Corn Hole (T)
- 2:00 Rummikub (GR)
- 2:30 Knitting & Crocheting Together (OF)
- 3:00 Catholic Communion (AR)
- 3:30 Craftsmanship (AR)
- 6:30 Pokeno (AR)

- 10:00 Strength Exercise (FC) **4**
- 10:00 Tour of WRAL Gardens (SU)
- 11:00 Shuffleboard (GR)
- 1:00 King's Poker (AR)
- 1:15 Living Well w/ Legacy (FC)
- 2:00 Train Dominoes (AR)
- 2:30 Happy Hour w/ Luke Lowe (T)
- 6:30 Friday Night Movie - Sing Sing (T)
- 6:30 Rummikub (AR)

- 10:00 Stretch Exercise (FC) **5**
- 10:30 Preston Players Rehearsal (T)
- 1:00 Hand & Foot (AR)
- 1:15 Strength Exercise (FC)
- 2:00 Afternoon Movie - Nickel Boys (T)
- 6:30 Saturday Night Movie - Life is Beautiful (T)

- 10:00 Church Shuttle (SU) **6**
- 10:30 Live Stream Service from St. Michael the Archangel (T)
- 2:00 Afternoon Movie - West Side Story (T)
- 2:00 Rummikub (GR)
- 2:30 Strength Exercise (FC)
- 3:00 Technology Support (AR)
- 3:30 Christian Communion (OF)
- 4:00 Sunday Social Club (AR)

- 9:30 Shuttle - Food Lion/Dollar Tree (SU) **7**
- 10:00 Strength Exercise (FC)
- 11:00 Coffee & Current Events (C)
- 12:30 Banks & Post Office (SU)
- 1:00 March Madness Bracketology (AR)
- 1:30 Chef Talk (AR)
- 2:00 Bible Study w/Betty (AR)
- 2:00 Train Dominoes (L2)
- 3:00 Putting Green Golf (P)
- 6:30 Rummikub (AR)

- 10:00 Chair Yoga (FC) **8**
- 11:00 Bingo (AR)
- 1:00 King's Poker (AR)
- 2:00 Mahjong (AR)
- 2:30 Happy Hour (T)
- 6:30 Community Crossword (AR)

- 9:30 Shopping Trip to Walmart (SU) **9**
- 10:00 Zumba Gold Chair Dance (FC)
- 11:00 Dental Presentation (T)
- 1:00 Bridge Club (AR)
- 1:15 Stretch Exercise (FC)
- 1:30 Dementia Talk (T)
- 1:30 Scrabble (GR)
- 2:30 Pinochle (AR)
- 3:00 Billiards (GR)
- 6:30 Rummikub (AR)
- 6:30 Trivia Night w/ Jean (T)

- 9:00 Audiology Clinic (WC) **10**
- 10:00 Chair Yoga (FC)
- 11:00 Bingo (AR)
- 1:30 Movercize w/ Richard (FC)
- 2:00 Corn Hole (T)
- 2:00 Rummikub (GR)
- 2:30 Knitting & Crocheting Together (OF)
- 3:00 Catholic Communion (AR)
- 3:30 Craftsmanship (AR)
- 6:30 Pokeno (AR)

- 10:00 Brunch Outing @ Simply Crepes (SU) **11**
- 10:00 Strength Exercise (FC)
- 11:00 Shuffleboard (GR)
- 1:00 King's Poker (AR)
- 1:15 Living Well w/ Legacy (FC)
- 2:00 Train Dominoes (AR)
- 2:30 Happy Hour w/ Cole Koffi (T)
- 6:30 Friday Night Movie - Memphis Belle (T)
- 6:30 Rummikub (AR)
- 6:30 Shabbat w/ the Lowes Family (AR)

- 10:00 Stretch Exercise (FC) **12**
- 10:30 Preston Players Rehearsal (T)
- 1:00 Hand & Foot (AR)
- 1:15 Strength Exercise (FC)
- 2:00 Afternoon Movie - Far and Away (T)
- 6:30 Saturday Night Movie - Chicago (T)

- 10:00 Church Shuttle (SU) **13**
- 10:30 Live Stream Service from St. Michael the Archangel (T)
- 2:00 Rummikub (GR)
- 3:00 Ballroom Dance Show (AR)
- 4:00 Sunday Social Club (AR)

- 9:30 Shuttle - Food Lion/Dollar Tree (SU) **14**
- 10:00 Strength Exercise (FC)
- 11:00 Coffee & Current Events (C)
- 12:30 Banks & Post Office (SU)
- 1:00 Parkinson Support Group (T)
- 2:00 Bible Study w/Betty (AR)
- 2:00 Train Dominoes (L2)
- 3:00 Putting Green Golf (P)
- 6:30 Rummikub (AR)

- 10:00 Chair Yoga (FC) **15**
- 11:00 Bingo (AR)
- 1:00 King's Poker (AR)
- 1:15 Living Well w/ Legacy (FC)
- 1:30 Elder Fraud Prevention Presentation (T)
- 2:00 Mahjong (AR)
- 2:30 Happy Hour (T)
- 6:30 Community Crossword (AR)

- 9:30 Shuttle - Park West/Aquatic Center (SU) **16**
- 10:00 Zumba Gold Chair Dance (FC)
- 11:00 Ambassador Meeting (AR)
- 12:30 April Birthday Party (AR)
- 1:00 Bridge Club (AR)
- 1:15 Stretch Exercise (FC)
- 1:30 Scrabble (GR)
- 2:30 Pinochle (AR)
- 3:00 Billiards (GR)
- 6:30 Rummikub (AR)

- 10:00 Chair Yoga (FC) **17**
- 11:00 Bingo (AR)
- 2:00 Corn Hole (T)
- 2:00 Rummikub (GR)
- 2:30 Knitting & Crocheting Together (OF)
- 3:00 Catholic Communion (AR)
- 3:30 Craftsmanship (AR)
- 6:30 Pokeno (AR)

- 10:00 Step-On Tour of Raleigh (SU) **18**
- 10:00 Strength Exercise (FC)
- 11:00 Shuffleboard (GR)
- 1:00 King's Poker (AR)
- 1:15 Living Well w/ Legacy (FC)
- 2:00 Train Dominoes (AR)
- 2:30 Happy Hour w/ Caroline Gregory (T)
- 6:30 Friday Night Movie - Sister Act 2 (T)
- 6:30 Rummikub (AR)

- 10:00 Book Club (AR) **19**
- 10:00 Stretch Exercise (FC)
- 10:30 Preston Players Rehearsal (T)
- 1:00 Hand & Foot (AR)
- 1:15 Strength Exercise (FC)
- 2:00 Afternoon Movie - Rent (T)
- 6:30 Saturday Night Movie - Once (T)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<ul style="list-style-type: none"> ● 10:00 Church Shuttle (SU) 20 ● 10:30 Live Stream Service from St. Michael the Archangel (T) ● 11:00 Easter Sunday Brunch (DR) ● 2:00 Rummikub (GR) ● 4:00 Sunday Social Club (AR) 	<ul style="list-style-type: none"> ● 9:30 Shuttle - Food Lion/Dollar Tree (SU) 21 ● 10:00 Strength Exercise (FC) ● 11:00 Coffee & Current Events (C) ● 12:30 Banks & Post Office (SU) ● 2:00 Bible Study w/Betty (AR) ● 2:00 Train Dominoes (L2) ● 3:00 Movement for Brain, Body, & Soul (FC) ● 3:00 Putting Green Golf (P) ● 6:30 Rummikub (AR) 	<ul style="list-style-type: none"> ● 10:00 Chair Yoga (FC) 22 ● 11:00 Bingo (AR) ● 1:00 King's Poker (AR) ● 2:00 Mahjong (AR) ● 2:30 Garden Party (P) ● 6:30 Community Crossword (AR) 	<ul style="list-style-type: none"> ● 9:30 Shuttle - Park West/Aquatic Center (SU) 23 ● 10:00 COVID Booster Clinic (AR) ● 10:00 Zumba Gold Chair Dance (FC) ● 1:00 Bridge Club (AR) ● 1:15 Stretch Exercise (FC) ● 1:30 Scrabble (GR) ● 2:30 Pinochle (AR) ● 3:00 Billiards (GR) ● 6:30 Rummikub (AR) 	<ul style="list-style-type: none"> ● 10:00 Chair Yoga (FC) 24 ● 11:00 Bingo (AR) ● 2:00 Corn Hole (T) ● 2:00 Rummikub (GR) ● 2:30 Knitting & Crocheting Together (OF) ● 3:00 Catholic Communion (AR) ● 3:30 Craftsmanship (AR) ● 6:30 Pokeno (AR) 	<ul style="list-style-type: none"> ● 10:00 Shopping Trip to Hamrick's (SU) 25 ● 10:00 Strength Exercise (FC) ● 11:00 Shuffleboard (GR) ● 1:00 King's Poker (AR) ● 1:15 Living Well w/ Legacy (FC) ● 2:00 Train Dominoes (AR) ● 2:30 Happy Hour w/ Tom Neuhauser (T) ● 6:30 Friday Night Movie - The Post (T) ● 6:30 Rummikub (AR) 	<ul style="list-style-type: none"> ● 10:00 Stretch Exercise (FC) 26 ● 10:30 Preston Players Rehearsal (T) ● 12:00 Trip to Livestream of "Figaro" Opera (SU) ● 1:00 Hand & Foot (AR) ● 1:15 Strength Exercise (FC) ● 2:00 Afternoon Movie - A Complete Unknown (T) ● 6:30 Saturday Night Movie - Last Love (T)

<ul style="list-style-type: none"> ● 10:00 Church Shuttle (SU) 27 ● 10:30 Live Stream Service from St. Michael the Archangel (T) ● 1:30 Music w/ Emma (AR) ● 2:00 Afternoon Movie - Finding Forrester (T) ● 2:00 Rummikub (GR) ● 2:30 Strength Exercise (FC) ● 3:00 Technology Support (AR) ● 4:00 Sunday Social Club (AR) 	<ul style="list-style-type: none"> ● 9:30 Shuttle - Food Lion/Dollar Tree (SU) 28 ● 10:00 Strength Exercise (FC) ● 11:00 Coffee & Current Events (C) ● 12:30 Banks & Post Office (SU) ● 2:00 Bible Study w/Betty (AR) ● 2:00 Train Dominoes (L2) ● 2:30 Happy Hour w/ Christian Green (T) ● 3:00 Putting Green Golf (P) ● 6:30 Rummikub (AR) 	<ul style="list-style-type: none"> ● 10:00 Chair Yoga (FC) 29 ● 11:00 Bingo (AR) ● 1:00 King's Poker (AR) ● 1:15 Living Well w/ Legacy (FC) ● 2:00 Mahjong (AR) ● 2:00 Town Hall Meeting - Cash Prize Drawing (T) ● 2:30 New Resident Social (T) 	<ul style="list-style-type: none"> ● 9:30 Shuttle - Park West/Aquatic Center (SU) 30 ● 10:00 Zumba Gold Chair Dance (FC) ● 1:00 Bridge Club (AR) ● 1:15 Stretch Exercise (FC) ● 1:30 Scrabble (GR) ● 2:30 Pinochle (AR) ● 3:00 Billiards (GR) ● 4:30 Dinner Outing @ Peng's Chinese Restaurant (SU) ● 6:30 Rummikub (AR) 	<p>SU = Sign Up GR = Game Room FC = Fitness Center AR = Activity Room L2 = Library, 2nd Floor T = Theater OF = Outside Fitness Center WC = Wellness Center P = Patio L = Lobby FL = Fireside Lounge DR = Dining Room</p>		<ul style="list-style-type: none"> ● Emotional ● Entertainment ● Intellectual ● Off-site Outing ● Physical ● Social ● Spiritual
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