Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<ul> <li>10:00am Strength Exercise (FC)</li> <li>11:00am Labor Day Brunch (DR)</li> <li>2:00pm Bible Study w/Betty (AR)</li> <li>2:00pm Mahjong (T)</li> <li>3:00pm Labor Day Celebration (T)</li> <li>6:30pm Rummikub (AR)</li> <li>6:30pm Train Dominoes (L2)</li> </ul>	<ul> <li>10:00am Chair Yoga (FC)</li> <li>10:00am Shopping Trip to Wegman's (SU)</li> <li>11:00am Bingo (AR)</li> <li>1:00pm King's Poker (AR)</li> <li>1:15pm Living Well w/ Legacy (FC)</li> <li>1:30pm Financial Presentation (T)</li> <li>2:00pm Mahjong (AR)</li> <li>2:30pm Happy Hour (T)</li> <li>6:30pm Community Crossword (AR)</li> </ul>	<ul> <li>9:30am Shuttle - Park West/Aquatic Center (SU)</li> <li>10:00am Zumba Gold Chair Dance (FC)</li> <li>1:00pm Walker &amp; Wheelchair Repair (OF)</li> <li>1:15pm Stretch Exercise (FC)</li> <li>1:30pm Bridge Club (AR)</li> <li>1:30pm Scrabble (GR)</li> <li>2:00pm Morrisville Community Library (SU)</li> <li>3:00pm Billiards (GR)</li> <li>6:30pm Rummikub (AR)</li> <li>6:30pm Wellness Talk w/ Leslie (AR)</li> </ul>	<ul> <li>10:00am Chair Yoga (FC)</li> <li>10:00am Shopping Trip to Harris Teeter (SU)</li> <li>11:00am Bingo (AR)</li> <li>2:00pm Corn Hole (T)</li> <li>2:00pm Rummikub (GR)</li> <li>2:30pm Knitting &amp; Crocheting Together (OF)</li> <li>3:00pm Catholic Communion (AR)</li> <li>3:30pm Arts &amp; Crafts (AR)</li> <li>6:30pm Pokeno (AR)</li> <li>6:30pm Train Dominoes (GR)</li> </ul>	<ul> <li>9:30am New Hope Valley Locomotive Railroad Ride (SU)</li> <li>10:00am Strength Exercise (FC)</li> <li>11:00am Shuffleboard (GR)</li> <li>1:00pm King's Poker (AR)</li> <li>1:15pm Living Well w/ Legacy (FC)</li> <li>2:30pm Happy Hour w/ Luke Lowe (T)</li> <li>6:30pm Friday Night Movie - Where the Crawdads Sing (T)</li> <li>6:30pm Rummikub (AR)</li> </ul>	<ul> <li>10:00am Stretch Exercise (FC)</li> <li>1:00pm Hand &amp; Foot (AR)</li> <li>1:15pm Strength Exercise (FC)</li> <li>2:00pm Afternoon Movie - The Map That Leads to You (T)</li> <li>6:30pm Saturday Night Movie - 10 Things I Hate About You (T)</li> </ul>
<ul> <li>10:00am Church Shuttle (SU)</li> <li>10:30am Live Stream Service from St. Michael the Archangel (T)</li> <li>1:00pm Pinochle (GR)</li> <li>1:30pm Christian Communion (OF)</li> <li>2:00pm Bible Study w/ Sudie (AR)</li> <li>2:00pm Rummikub (GR)</li> <li>3:00pm Olive Chapel Handbell Choir Concert (T)</li> <li>4:00pm Sunday Social Club (AR)</li> </ul>	<ul> <li>9:30am Shuttle - Food Lion/Dollar Tree (SU)</li> <li>10:00am Strength Exercise (FC)</li> <li>11:00am Current Events (AR)</li> <li>12:30pm Banks &amp; Post Office (SU)</li> <li>1:00pm Parkinson Support Group (T)</li> <li>1:30pm Chef Talk (AR)</li> <li>2:00pm Bible Study w/Betty (AR)</li> <li>2:00pm Mahjong (T)</li> <li>3:00pm Putting Green Golf (AR)</li> <li>6:30pm Rummikub (AR)</li> </ul>	<ul> <li>11:00am Bingo (AR)</li> <li>1:00pm King's Poker (AR)</li> <li>1:30pm SHIIP Talk on Medicare (T)</li> <li>2:00pm Mahjong (AR)</li> <li>2:30pm Happy Hour (T)</li> <li>6:30pm Community Crossword (AR)</li> </ul>	<ul> <li>9:30am Shopping Trip to Walmart (SU)</li> <li>10:00am Zumba Gold Chair Dance (FC)</li> <li>11:00am Ambassador Meeting (AR)</li> <li>1:15pm Stretch Exercise (FC)</li> <li>1:30pm Bridge Club (AR)</li> <li>1:30pm Scrabble (GR)</li> <li>2:00pm Loop Nutrition Presentation (T)</li> <li>3:00pm Billiards (GR)</li> <li>6:30pm Rummikub (AR)</li> <li>6:30pm Trivia Night w/ Jean (T)</li> </ul>	9:00am Audiology Clinic (WC) 10:00am Chair Yoga (FC) 11:00am Bingo (AR) 12:00pm Trip to Chico's for Fashion Show Fitting (SU) 1:30pm Movercize w/ Richard (FC) 2:00pm Corn Hole (T) 2:00pm Rummikub (GR) 2:30pm Knitting & Crocheting Together (OF) 3:00pm Catholic Communion (AR) 3:30pm Arts & Crafts (AR) 6:30pm Pokeno (AR)	1 10:00am Strength Exercise (FC) 11:00am Shuffleboard (GR) 11:00am Trip to Chico's for Fashion Show Fitting (SU) 1:00pm King's Poker (AR) 1:15pm Living Well w/ Legacy (FC) 2:30pm Happy Hour w/ Larry & Friends (T) 6:30pm Friday Night Movie - I'll Be Right There (T) 6:30pm Rummikub (AR) 6:30pm Shabbat w/ the Lowes Family (OF)	<ul> <li>10:00am Stretch Exercise (FC)</li> <li>11:00am Trip to Chico's for Fashion Show Fitting (SU)</li> <li>1:00pm Hand &amp; Foot (AR)</li> <li>1:15pm Strength Exercise (FC)</li> <li>2:00pm Afternoon Movie - Baby Room (T)</li> <li>6:30pm Saturday Night Movie - Grace Quigley (T)</li> </ul>
<ul> <li>10:00am Church Shuttle (SU)</li> <li>10:30am Live Stream Service from St. Michael the Archangel (T)</li> <li>1:00pm Pinochle (GR)</li> <li>2:00pm Rummikub (GR)</li> <li>3:00pm Preston Pointe Fall Fashion Show (T)</li> <li>4:00pm Sunday Social Club (AR)</li> </ul>	<ul> <li>9:30am Shuttle - Food Lion/Dollar Tree (SU)</li> <li>10:00am Strength Exercise (FC)</li> <li>11:00am Current Events (AR)</li> <li>12:30pm Banks &amp; Post Office (SU)</li> <li>2:00pm Bible Study w/Betty (AR)</li> <li>2:00pm Mahjong (T)</li> <li>3:00pm Movement for Brain, Body, &amp; Soul (FC)</li> <li>3:00pm Putting Green Golf (AR)</li> <li>6:30pm Rummikub (AR)</li> <li>6:30pm Train Dominoes (L2)</li> </ul>	<ul> <li>10:00am Chair Yoga (FC)</li> <li>11:00am Bingo (AR)</li> <li>1:00pm King's Poker (AR)</li> <li>1:15pm Living Well w/ Legacy (FC)</li> <li>1:30pm Medical Transportation Presentation (T)</li> <li>2:00pm Mahjong (AR)</li> <li>2:30pm Happy Hour (T)</li> <li>6:30pm Community Crossword (AR)</li> </ul>	<ul> <li>9:30am Shuttle - Park West/Aquatic Center (SU)</li> <li>10:00am Zumba Gold Chair Dance (FC)</li> <li>12:30pm September Birthday Party (AR)</li> <li>1:15pm Stretch Exercise (FC)</li> <li>1:30pm Bridge Club (AR)</li> <li>3:00pm Billiards (GR)</li> <li>6:30pm Rummikub (AR)</li> </ul>	10:00am Chair Yoga (FC) 11:00am Bingo (AR) 2:00pm Corn Hole (T) 2:00pm Rummikub (GR) 2:30pm Knitting & Crocheting Together (OF) 3:00pm Catholic Communion (AR) 3:30pm Arts & Crafts (AR) 6:30pm Pokeno (AR)	<ul> <li>10:00am Raleigh Farmers Market &amp; Brunch (SU)</li> <li>10:00am Strength Exercise (FC)</li> <li>11:00am Shuffleboard (GR)</li> <li>1:00pm King's Poker (AR)</li> <li>1:15pm Living Well w/ Legacy (FC)</li> <li>2:30pm Happy Hour w/ Caroline Gregory (T)</li> <li>6:30pm Friday Night Movie - Harry &amp; Son (T)</li> <li>6:30pm Rummikub (AR)</li> </ul>	<ul> <li>10:00am Book Club (AR)</li> <li>10:00am Stretch Exercise (FC)</li> <li>1:00pm Hand &amp; Foot (AR)</li> <li>1:15pm Strength Exercise (FC)</li> <li>2:00pm Afternoon Movie - The Last Rifleman (T)</li> <li>6:30pm Saturday Night Movie - Sommersby (T)</li> </ul>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<ul> <li>10:00am Church Shuttle (SU)</li> <li>10:30am Live Stream Service from St. Michael the Archangel (T)</li> <li>1:00pm Pinochle (GR)</li> <li>1:30pm Music w/ Emma (AR)</li> <li>2:00pm Afternoon Movie - Mystic Pizza (T)</li> <li>2:00pm Rummikub (GR)</li> <li>2:30pm Strength Exercise (FC)</li> <li>3:00pm Technology Support (AR)</li> <li>4:00pm Sunday Social Club (AR)</li> </ul>	<ul> <li>9:30am Shuttle - Food Lion/Dollar Tree (SU)</li> <li>10:00am Strength Exercise (FC)</li> <li>11:00am Current Events (AR)</li> <li>12:30pm Banks &amp; Post Office (SU)</li> <li>2:00pm Bible Study w/Betty (AR)</li> <li>2:00pm Mahjong (T)</li> <li>2:30pm Happy Hour w/ Christian Green (T)</li> <li>3:00pm Putting Green Golf (AR)</li> <li>6:30pm Rummikub (AR)</li> <li>6:30pm Train Dominoes (L2)</li> </ul>	10:00am Chair Yoga (FC) 11:00am Bingo (AR) 1:00pm King's Poker (AR) 1:30pm Magic Show (T) 2:00pm Mahjong (AR) 2:30pm Happy Hour (T) 6:30pm Community Crossword (AR)	<ul> <li>9:30am Shuttle - Park West/Aquatic Center (SU)</li> <li>10:00am Flu Shot Clinic (AR)</li> <li>10:00am Zumba Gold Chair Dance (FC)</li> <li>1:15pm Stretch Exercise (FC)</li> <li>1:30pm Bridge Club (AR)</li> <li>3:00pm Billiards (GR)</li> <li>4:30pm Dinner Outing @ Lucky 32 (SU)</li> <li>6:30pm Rummikub (AR)</li> </ul>	10:00am Chair Yoga (FC) 11:00am Bingo (AR) 2:00pm Catholic Mass (AR) 2:00pm Corn Hole (T) 2:00pm Rummikub (GR) 2:30pm Knitting & Crocheting Together (OF) 3:30pm Arts & Crafts (AR) 6:30pm Pokeno (AR)	<ul> <li>10:00am Strength Exercise (FC)</li> <li>11:00am NC Symphony (L)</li> <li>11:00am Shuffleboard (GR)</li> <li>1:00pm King's Poker (AR)</li> <li>1:15pm Living Well w/ Legacy (FC)</li> <li>2:30pm Happy Hour w/ Tom Neuhauser (T)</li> <li>6:30pm Friday Night Movie (T)</li> <li>6:30pm Rummikub (AR)</li> </ul>	<ul> <li>10:00am Stretch Exercise (FC)</li> <li>1:00pm Hand &amp; Foot (AR)</li> <li>1:15pm Strength Exercise (FC)</li> <li>2:00pm Afternoon Movie - Prizzi's Honor (T)</li> <li>6:30pm Saturday Night Movie (T)</li> </ul>
Shuttle (SU)  10:30am Live Stream Service from St. Michael the Archangel (T)  1:00pm Pinochle (GR)  2:00pm Afternoon Movie - The Greatest Showman (T)  2:00pm Grease at Cary Arts Center (L)  2:00pm Rummikub (GR)  2:30pm Strength Exercise (FC)	<ul> <li>9:30am Shuttle - Food Lion/Dollar Tree (SU)</li> <li>10:00am Strength Exercise (FC)</li> <li>11:00am Current Events (AR)</li> <li>12:30pm Banks &amp; Post Office (SU)</li> <li>2:00pm Bible Study w/Betty (AR)</li> <li>2:00pm Mahjong (T)</li> <li>3:00pm Putting Green Golf (AR)</li> </ul>	(FC)  11:00am Bingo (AR)  1:00pm King's Poker (AR)  1:15pm Living Well w/ Legacy (FC)  2:00pm Mahjong (AR)  2:00pm Town Hall Meeting - Cash Prize Drawing (T)  2:30pm New Resident Social (T)  6:30pm Community	SU = Sign Up GR = Game Room FC = Fitness Center AR = Activity Room L2 = Library, 2nd Floor T = Theater OF = Outside Fitness Center WC = Wellness Center P = Patio L = Lobby FL = Fireside Lounge DR = Dining Room	<ul> <li>Emotional</li> <li>Entertainment</li> <li>Intellectual</li> <li>Off-site Outing</li> <li>Physical</li> <li>Social</li> <li>Spiritual</li> </ul>		
• 4:00pm Sunday Social Club (AR)	6:30pm Rummikub (AR) 6:30pm Train Dominoes (L2)	Crossword (AR)	September 2025 PRESTON POINTE			