

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
OCTOBER 2025 PRESTON POINTE			● 9:30am Shuttle - Park West/Aquatic Center (SU) ● 10:00am Zumba Gold Chair Dance (FC) ● 1:00pm Walker & Wheelchair Repair (OFC) ● 1:15pm Stretch Exercise (FC) ● 1:30pm Bridge Club (AR) ● 2:00pm Morrisville Community Library (SU) ● 3:00pm Billiards (GR) ● 6:30pm Rummikub (AR) ● 6:30pm Wellness Talk w/ Leslie (AR) 1	● 10:00am Chair Yoga (FC) ● 10:00am Shopping Trip to Harris Teeter (SU) ● 11:00am Bingo (AR) ● 2:00pm Corn Hole (T) ● 2:00pm Rummikub (GR) ● 2:30pm Knitting & Crocheting Together (OFC) ● 3:00pm Catholic Communion (AR) ● 3:30pm Arts & Crafts (AR) ● 6:30pm Pokeno (AR) 2	● 10:00am Strength Exercise (FC) ● 10:00am Trip to Hamrick's (SU) ● 11:00am Shuffleboard (GR) ● 1:00pm King's Poker (AR) ● 1:15pm Living Well w/ Legacy (FC) ● 2:30pm Happy Hour w/ Luke Lowe (T) ● 6:30pm Friday Night Movie - Superman (T) ● 6:30pm Rummikub (AR) 3	● 10:00am Stretch Exercise (FC) ● 11:00am Rubik's Cube Class (T) ● 1:00pm Hand & Foot (AR) ● 1:15pm Strength Exercise (FC) ● 2:00pm Afternoon Movie - A Real Pain (T) ● 6:30pm Saturday Night Movie - Fly Me to the Moon (T) 4
● 10:00am Church Shuttle (SU) ● 10:30am Live Stream Service from St. Michael the Archangel (T) ● 1:00pm Pinochle (GR) ● 1:30pm Music w/ Emma (AR) ● 2:00pm Afternoon Movie - The Unbreakable Boy (T) ● 2:00pm Bible Study w/ Sudie ● 2:00pm Rummikub (GR) ● 2:30pm Strength Exercise (FC) ● 3:00pm Technology Support (AR) ● 3:30pm Christian Communion (OFC) ● 4:00pm Sunday Social Club (AR) 5	● 9:30am Shuttle - Food Lion/Dollar Tree (SU) ● 10:00am Strength Exercise (FC) ● 11:00am Current Events (AR) ● 12:30pm Banks & Post Office (SU) ● 1:30pm Chef Talk (AR) ● 2:00pm Bible Study w/Betty (AR) ● 3:00pm Putting Green Golf (P) ● 6:30pm Rummikub (AR) ● 6:30pm Train Dominoes (L2F) 6	● 10:00am Chair Yoga (FC) ● 10:00am Shopping Trip to Wegman's (SU) ● 11:00am Bingo (AR) ● 1:00pm King's Poker (AR) ● 2:00pm Mahjong (AR) ● 2:30pm Happy Hour (T) ● 6:30pm Community Crossword (AR) 7	● 9:30am Shopping Trip to Walmart (SU) ● 9:30am Shuttle - Park West/Aquatic Center (SU) ● 10:00am Zumba Gold Chair Dance (FC) ● 11:00am Ambassador Meeting (AR) ● 1:15pm Stretch Exercise (FC) ● 1:30pm Bridge Club (AR) ● 2:30pm Country Hoedown (TBD) ● 3:00pm Billiards (GR) ● 6:30pm Rummikub (AR) ● 6:30pm Trivia Night w/ Jean (T) 8	● 9:00am Audiology Clinic (WC) ● 10:00am Chair Yoga (FC) ● 11:00am Bingo (AR) ● 1:30pm Movercize w/ Richard (FC) ● 2:00pm Corn Hole (T) ● 2:00pm Rummikub (GR) ● 2:30pm Knitting & Crocheting Together (OFC) ● 3:00pm Catholic Communion (AR) ● 3:30pm Arts & Crafts (AR) ● 6:30pm Pokeno (AR) 9	● 10:00am Strength Exercise (FC) ● 10:30am Civil War Step-On Tour (L) ● 11:00am Shuffleboard (GR) ● 1:00pm King's Poker (AR) ● 1:15pm Living Well w/ Legacy (FC) ● 2:30pm Happy Hour w/ Cole Koffi (T) ● 6:30pm Friday Night Movie - Inside (T) ● 6:30pm Rummikub (AR) ● 6:30pm Shabbat w/ the Lowes Family (OFC) 10	● 10:00am Stretch Exercise (FC) ● 11:00am Rubik's Cube Class (T) ● 1:00pm Hand & Foot (AR) ● 1:15pm Strength Exercise (FC) ● 2:00pm Afternoon Movie - Together (T) ● 6:30pm Saturday Night Movie - We Live in Time (T) 11
● 10:00am Church Shuttle (SU) ● 10:30am Live Stream Service from St. Michael the Archangel (T) ● 1:00pm Pinochle (GR) ● 2:00pm Afternoon Movie - Scrambled (T) ● 2:00pm Rummikub (GR) ● 2:30pm Strength Exercise (FC) ● 4:00pm Sunday Social Club (AR) 12	● 9:30am Shuttle - Food Lion/Dollar Tree (SU) ● 10:00am Strength Exercise (FC) ● 11:00am Current Events (AR) ● 12:30pm Banks & Post Office (SU) ● 1:00pm Parkinson Support Group (T) ● 2:00pm Bible Study w/Betty (AR) ● 2:00pm Mahjong (T) ● 3:00pm Putting Green Golf (P) ● 6:30pm Rummikub (AR) ● 6:30pm Train Dominoes (L2F) 13	● 10:00am Chair Yoga (FC) ● 11:00am Bingo (AR) ● 1:00pm King's Poker (AR) ● 1:15pm Living Well w/ Legacy (FC) ● 2:00pm Mahjong (AR) ● 2:30pm Happy Hour (T) ● 6:30pm Community Crossword (AR) 14	● 9:30am Shuttle - Park West/Aquatic Center (SU) ● 10:00am Zumba Gold Chair Dance (FC) ● 12:30pm October Birthday Party ● 1:15pm Stretch Exercise (FC) ● 1:30pm Bridge Club (AR) ● 3:00pm Billiards (GR) ● 6:30pm Rummikub (AR) 15	● 10:00am Chair Yoga (FC) ● 11:00am Bingo (AR) ● 2:00pm Catholic Mass (AR) ● 2:00pm Corn Hole (T) ● 2:00pm Rummikub (GR) ● 2:30pm Knitting & Crocheting Together (OFC) ● 3:00pm Catholic Communion (AR) ● 3:30pm Arts & Crafts (AR) ● 6:30pm Pokeno (AR) 16	● 10:00am NC State Arboretum (L) ● 10:00am Strength Exercise (FC) ● 11:00am Shuffleboard (GR) ● 1:00pm King's Poker (AR) ● 1:15pm Living Well w/ Legacy (FC) ● 2:30pm Happy Hour w/ Caroline (T) ● 6:30pm Friday Night Movie - Virginia Minnesota (T) ● 6:30pm Rummikub (AR) 17	● 10:00am Book Club (AR) ● 10:00am Stretch Exercise (FC) ● 11:00am Rubik's Cube Class (T) ● 1:00pm Hand & Foot (AR) ● 1:15pm Strength Exercise (FC) ● 2:00pm Afternoon Movie - Wildflower (T) ● 6:30pm Saturday Night Movie - When You Finish (T) 18

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
● 10:00am Church Shuttle (SU) ● 10:30am Live Stream Service from St. Michael the Archangel (T) ● 1:00pm Pinochle (GR) ● 2:00pm Afternoon Movie - Saving the World (T) ● 2:00pm Rummikub (GR) ● 2:30pm Strength Exercise (FC) ● 4:00pm Sunday Social Club (AR) 19	● 9:30am Shuttle - Food Lion/Dollar Tree (SU) ● 10:00am Strength Exercise (FC) ● 11:00am Current Events (AR) ● 12:30pm Banks & Post Office (SU) ● 2:00pm Bible Study w/Betty (AR) ● 2:00pm Mahjong (T) ● 3:00pm Movement for Brain, Body, & Soul (FC) ● 3:00pm Putting Green Golf (P) ● 6:30pm Rummikub (AR) ● 6:30pm Train Dominoes (L2F) 20	● 10:00am Chair Yoga (FC) ● 11:00am Bingo (AR) ● 1:00pm King's Poker (AR) ● 2:00pm Mahjong (AR) ● 2:30pm Happy Hour (T) ● 6:30pm Community Crossword (AR) 21	● 9:30am Shuttle - Park West/Aquatic Center (SU) ● 10:00am Zumba Gold Chair Dance (FC) ● 1:15pm Stretch Exercise (FC) ● 1:30pm Bridge Club (AR) ● 3:00pm Billiards (GR) ● 6:30pm Rummikub (AR) 22	● 10:00am Chair Yoga (FC) ● 11:00am Bingo (AR) ● 2:00pm Corn Hole (T) ● 2:00pm Rummikub (GR) ● 2:30pm Knitting & Crocheting Together (OFC) ● 3:00pm Catholic Communion (AR) ● 3:30pm Arts & Crafts (AR) ● 6:30pm Pokeno (AR) 23	● 10:00am Cary Town Park & Lunch at Academy Bistro (L) ● 10:00am Strength Exercise (FC) ● 11:00am Shuffleboard (GR) ● 1:00pm King's Poker (AR) ● 1:15pm Living Well w/ Legacy (FC) ● 2:30pm Happy Hour w/ Tom Neuhauser (T) ● 6:30pm Friday Night Movie - On the Rocks (T) ● 6:30pm Rummikub (AR) 24	● 10:00am Stretch Exercise (FC) ● 11:00am Rubik's Cube Class (T) ● 1:00pm Hand & Foot (AR) ● 1:15pm Strength Exercise (FC) ● 2:00pm Afternoon Movie - About Time (T) ● 6:30pm Saturday Night Movie - The Big Short (T) 25
● 10:00am Church Shuttle (SU) ● 10:30am Live Stream Service from St. Michael the Archangel (T) ● 1:00pm Pinochle (GR) ● 2:00pm Afternoon Movie - The Good Half (T) ● 2:00pm Rummikub (GR) ● 2:30pm Strength Exercise (FC) ● 3:00pm Carolina Harmony Chorus Concert (T) ● 4:00pm Sunday Social Club (AR) 26	● 9:30am Shuttle - Food Lion/Dollar Tree (SU) ● 10:00am Strength Exercise (FC) ● 11:00am Current Events (AR) ● 12:30pm Banks & Post Office (SU) ● 2:00pm Bible Study w/Betty (AR) ● 2:00pm Mahjong (T) ● 3:00pm Putting Green Golf (P) ● 6:30pm Rummikub (AR) ● 6:30pm Train Dominoes (L2F) 27	● 10:00am Chair Yoga (FC) ● 11:00am Bingo (AR) ● 1:00pm King's Poker (AR) ● 1:15pm Living Well w/ Legacy (FC) ● 2:00pm Mahjong (AR) ● 2:00pm Town Hall Meeting - Cash Prize Drawing (T) ● 2:30pm Happy Hour (T) ● 2:30pm New Resident Social (T) ● 6:30pm Community Crossword (AR) 28	● 9:30am Shuttle - Park West/Aquatic Center (SU) ● 10:00am Zumba Gold Chair Dance (FC) ● 1:15pm Stretch Exercise (FC) ● 1:30pm Bridge Club (AR) ● 3:00pm Billiards (GR) ● 4:30pm Dinner Outing - Firebirds (L) ● 6:30pm Rummikub (AR) 29	● 10:00am Chair Yoga (FC) ● 11:00am Bingo (AR) ● 2:00pm Corn Hole (T) ● 2:00pm Rummikub (GR) ● 2:30pm Knitting & Crocheting Together (OFC) ● 3:00pm Catholic Communion (AR) ● 3:30pm Arts & Crafts (AR) ● 6:30pm Pokeno (AR) 30	● 10:00am Strength Exercise (FC) ● 11:00am Shuffleboard (GR) ● 1:00pm King's Poker (AR) ● 1:15pm Living Well w/ Legacy (FC) ● 1:30pm Halloween Party w/ Christian (T) ● 6:30pm Friday Night Movie - Beetlejuice (T) ● 6:30pm Rummikub (AR) 31	SU = Sign Up GR = Game Room FC = Fitness Center 3D = 3rd Floor Activity Room L2 = Library, 2nd Floor T = Theater OF = Outside Fitness Center WC = Wellness Center P = Patio L = Lobby FL = Fireside Lounge DR = Dining Room ● Emotional ● Entertainment ● Intellectual ● Off-site Outing ● Physical ● Social ● Spiritual