

| Sunday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | Monday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | Tuesday                                                                                                                                                                                                                                                                                                                                                                                                            | Wednesday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | Thursday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | Friday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Saturday                                                                                                                                                                                                                                                                                                                                                                   |
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| <div> <div>November 2025</div> <div>  <div>PRESTON POINTE</div> </div> </div>                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                    | SU = Sign Up<br>GR = Game Room<br>FC = Fitness Center<br>AR = 3rd Floor Activity Room<br>L2 = Library, 2nd Floor<br>T = Theater                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | <div> <div></div> Emotional           <div></div> Entertainment           <div></div> Intellectual           <div></div> Off-site Outing           <div></div> Physical           <div></div> Social           <div></div> Spiritual         </div>                                                                                                                                                                                                                                                 | <div> <div></div> 10:00 Stretch Exercise (FC)           <div></div> 1:00 Hand &amp; Foot Card Game (AR)           <div></div> 1:15 Strength Exercise (FC)           <div></div> 2:00 Movie – Sister Act (T)           <div></div> 6:30 Movie – Our Souls at Night (T)         </div> <div>1</div>                                                                          |
| <div> <div></div> 10:00 Church Shuttle (L)           <div></div> 10:30 St. Michael's Live Stream (T)           <div></div> 1:00 Pinochle (GR)           <div></div> 2:00 Movie – The Martian (T)           <div></div> 2:00 Bible Study (AR)           <div></div> 2:00 Rummikub (GR)           <div></div> 2:30 Strength Exercise (FC)           <div></div> 3:00 Tech Support (AR)           <div></div> 3:30 Christian Communion (OF)           <div></div> 4:00 Sunday Social Club (AR)         </div> <div>2</div> | <div> <div></div> 9:30 Shuttle – Food Lion/Dollar Tree (SU)           <div></div> 10:00 Strength Exercise (FC)           <div></div> 11:00 Current Events (AR)           <div></div> 12:30 Banks &amp; Post Office (SU)           <div></div> 2:00 Bible Study w/Betty (AR)           <div></div> 2:00 Mahjong (T)           <div></div> 3:00 Putting Green Golf (P)           <div></div> 6:30 Rummikub (AR)           <div></div> 6:30 Train Dominoes (L2)         </div> <div>3</div>                                                         | <div> <div></div> 10:00 Chair Yoga (FC)           <div></div> 10:00 Shuttle to Voting Polls (L)           <div></div> 11:00 Bingo (AR)           <div></div> 1:00 King's Poker (AR)           <div></div> 2:00 Mahjong (AR)           <div></div> 2:30 Happy Hour (T)           <div></div> 6:30 Community Crossword (AR)         </div> <div>4</div>                                                              | <div> <div></div> 9:30 Shuttle – Park West/Aquatic Center (SU)           <div></div> 10:00 Zumba Gold Chair Dance (FC)           <div></div> 1:00 Walker &amp; Wheelchair Repair (OF)           <div></div> 1:15 Stretch Exercise (FC)           <div></div> 1:30 Bridge Club (AR)           <div></div> 1:30 Scrabble (GR)           <div></div> 2:00 Morrisville Community Library (SU)           <div></div> 3:00 Billiards (GR)           <div></div> 6:30 Rummikub (AR)           <div></div> 6:30 Wellness Talk w/ Leslie (AR)         </div> <div>5</div> | <div> <div></div> 10:00 Chair Yoga (FC)           <div></div> 10:00 Shopping Trip to Harris Teeter (SU)           <div></div> 11:00 Bingo (AR)           <div></div> 2:00 Corn Hole (T)           <div></div> 2:00 Rummikub (GR)           <div></div> 2:30 Knitting &amp; Crocheting Together (FL)           <div></div> 3:00 Catholic Communion (AR)           <div></div> 3:30 Arts &amp; Crafts (AR)           <div></div> 6:30 Pokeno (AR)         </div> <div>6</div>                                        | <div> <div></div> 10:00 Strength Exercise (FC)           <div></div> 10:00 Trip to Dorcas (L)           <div></div> 11:00 Shuffleboard (GR)           <div></div> 1:00 King's Poker (AR)           <div></div> 1:15 Living Well w/ Legacy (FC)           <div></div> 2:30 Happy Hour w/ Luke Lowe (T)           <div></div> 6:30 Movie – Blonde (T)           <div></div> 6:30 Rummikub (AR)         </div> <div>7</div>                                                                            | <div> <div></div> 10:00 Stretch Exercise (FC)           <div></div> 12:00 CineBistro Opera 'La Boheme' (L)           <div></div> 1:00 Hand &amp; Foot Card Game (AR)           <div></div> 1:15 Strength Exercise (FC)           <div></div> 2:00 Movie – The Fundamentals of Caring (T)           <div></div> 6:30 Movie – The Karate Kid (T)         </div> <div>8</div> |
| <div> <div></div> 10:00 Church Shuttle (SU)           <div></div> 10:30 St. Michael's Live Stream (T)           <div></div> 1:00 Pinochle (GR)           <div></div> 2:00 Movie – Anger Management (T)           <div></div> 2:00 Rummikub (GR)           <div></div> 2:30 Strength Exercise (FC)           <div></div> 3:00 Technology Support (AR)           <div></div> 4:00 Sunday Social Club (AR)         </div> <div>9</div>                                                                                     | <div> <div></div> 9:30 Shuttle – Food Lion/Dollar Tree (SU)           <div></div> 10:00 Strength Exercise (FC)           <div></div> 11:00 Current Events (AR)           <div></div> 12:30 Banks &amp; Post Office (SU)           <div></div> 1:00 Parkinson Support Group (T)           <div></div> 2:00 Bible Study w/Betty (AR)           <div></div> 2:00 Mahjong (T)           <div></div> 3:00 Putting Green Golf (P)           <div></div> 6:30 Rummikub (AR)           <div></div> 6:30 Train Dominoes (L2)         </div> <div>10</div> | <div> <div></div> 10:00 Chair Yoga (FC)           <div></div> 10:00 Trip to Wegmans (L)           <div></div> 11:00 Bingo (AR)           <div></div> 1:00 King's Poker (AR)           <div></div> 1:15 Living Well w/ Legacy (FC)           <div></div> 2:00 Mahjong (AR)           <div></div> 2:30 Veterans Day Celebration (T)           <div></div> 6:30 Community Crossword (AR)         </div> <div>11</div> | <div> <div></div> 9:30 Shopping Trip to Walmart (SU)           <div></div> 10:00 Zumba Gold Chair Dance (FC)           <div></div> 11:00 Ambassador Meeting (AR)           <div></div> 1:15 Stretch Exercise (FC)           <div></div> 1:30 Bridge Club (AR)           <div></div> 1:30 Scrabble (GR)           <div></div> 2:00 Craft Fair (L)           <div></div> 3:00 Billiards (GR)           <div></div> 6:30 Rummikub (AR)           <div></div> 6:30 Trivia Night w/ Jean (T)         </div> <div>12</div>                                             | <div> <div></div> 9:00 Audiology Clinic (WC)           <div></div> 10:00 Chair Yoga (FC)           <div></div> 11:00 Bingo (AR)           <div></div> 1:30 Movercize w/ Richard (FC)           <div></div> 2:00 Corn Hole (T)           <div></div> 2:00 Rummikub (GR)           <div></div> 2:30 Knitting &amp; Crocheting Together (FL)           <div></div> 3:00 Catholic Communion (AR)           <div></div> 3:30 Arts &amp; Crafts (AR)           <div></div> 6:30 Pokeno (AR)         </div> <div>13</div> | <div> <div></div> 10:00 Strength Exercise (FC)           <div></div> 11:00 Shuffleboard (GR)           <div></div> 11:00 Trip to NC Symphony (L)           <div></div> 1:00 King's Poker (AR)           <div></div> 1:15 Living Well w/ Legacy (FC)           <div></div> 2:30 Happy Hour w/ Larry &amp; Friends (T)           <div></div> 6:30 Movie – Annie (T)           <div></div> 6:30 Rummikub (AR)           <div></div> 6:30 Shabbat w/ the Lowes Family (OF)         </div> <div>14</div> | <div> <div></div> 10:00 Book Club (AR)           <div></div> 10:00 Stretch Exercise (FC)           <div></div> 1:00 Hand &amp; Foot Card Game (AR)           <div></div> 1:15 Strength Exercise (FC)           <div></div> 2:00 Movie – Rebecca (T)           <div></div> 6:30 Movie – Clueless (T)         </div> <div>15</div>                                           |

| Sunday                                                                                                                                                                                                                                                                                                                                                                              | Monday                                                                                                                                                                                                                                                                                                                                                                                                                                 | Tuesday                                                                                                                                                                                                                                                                                                                                                                                         | Wednesday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Thursday                                                                                                                                                                                                                                                                                                                                          | Friday                                                                                                                                                                                                                                                                                                                                                                                                  | Saturday                                                                                                                                                                                                                                                                                                                                        |
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| <div> <span>●</span> 10:00 Church Shuttle (SU) <span>●</span> 10:30 St. Michael's Live Stream (T) <span>●</span> 1:00 Pinochle (GR) <span>●</span> 2:00 Movie – Coach Carter (T) <span>●</span> 2:00 Rummikub (GR) <span>●</span> 2:30 Strength Exercise (FC) <span>●</span> 3:00 Technology Support (AR) <span>●</span> 4:00 Sunday Social Club (AR) </div> <div>16</div>          | <div> <span>●</span> 9:30 Shuttle – Food Lion/Dollar Tree (SU) <span>●</span> 10:00 Strength Exercise (FC) <span>●</span> 11:00 Current Events (AR) <span>●</span> 12:30 Banks &amp; USPS (SU) <span>●</span> 2:00 Bible Study w/Betty (AR) <span>●</span> 2:00 Mahjong (T) <span>●</span> 3:00 Putting Green Golf (P) <span>●</span> 6:30 Rummikub (AR) <span>●</span> 6:30 Train Dominoes (L2) </div> <div>17</div>                  | <div> <span>●</span> 10:00 Chair Yoga (FC) <span>●</span> 11:00 Bingo (AR) <span>●</span> 1:00 King's Poker (AR) <span>●</span> 1:30 <b>Big Red Dance Project Performance (T)</b> <span>●</span> 2:00 Mahjong (AR) <span>●</span> 2:30 Happy Hour (T) <span>●</span> 6:30 Community Crossword (AR) </div> <div>18</div>                                                                         | <div> <span>●</span> 9:30 Shuttle – Park West/Aquatic Center (SU) <span>●</span> 10:00 Zumba Gold Chair Dance (FC) <span>●</span> 12:30 Birthday Party (AR) <span>●</span> 1:15 Stretch Exercise (FC) <span>●</span> 1:30 <b>Bladder Health (T)</b> <span>●</span> 1:30 Bridge Club (AR) <span>●</span> 1:30 Scrabble (GR) <span>●</span> 3:00 Billiards (GR) <span>●</span> 4:30 Dinner Outing to Luganos (L) <span>●</span> 6:30 Rummikub (AR) </div> <div>19</div>                                  | <div> <span>●</span> 10:00 Chair Yoga (FC) <span>●</span> 11:00 Bingo (AR) <span>●</span> 2:00 Catholic Mass (AR) <span>●</span> 2:00 Corn Hole (T) <span>●</span> 2:00 Rummikub (GR) <span>●</span> 2:30 Knitting &amp; Crocheting Together (OF) <span>●</span> 3:30 Arts &amp; Crafts (AR) <span>●</span> 6:30 Pokeno (AR) </div> <div>20</div> | <div> <span>●</span> 9:30 <b>Trip to Festival of Trees in Pinehurst (L)</b> <span>●</span> 10:00 Strength Exercise (FC) <span>●</span> 11:00 Shuffleboard (GR) <span>●</span> 1:00 King's Poker (AR) <span>●</span> 1:15 Living Well w/ Legacy (FC) <span>●</span> 2:30 Happy Hour w/ Caroline (T) <span>●</span> 6:30 Movie – Dirty Dancing (T) <span>●</span> 6:30 Rummikub (AR) </div> <div>21</div> | <div> <span>●</span> 10:00 Movement for Brain, Body, &amp; Soul (FC) <span>●</span> 12:00 <b>CineBistro Opera 'Arabella' (L)</b> <span>●</span> 1:00 Hand &amp; Foot Card Game (AR) <span>●</span> 1:15 Strength Exercise (FC) <span>●</span> 2:00 Movie – Hacksaw Ridge (T) <span>●</span> 6:30 Movie – Groundhog Day (T) </div> <div>22</div> |
| <div> <span>●</span> 10:00 Church Shuttle (SU) <span>●</span> 10:30 St. Michael's Live Stream (T) <span>●</span> 1:00 Pinochle (GR) <span>●</span> 2:00 Movie – The Amazing Spiderman (T) <span>●</span> 2:00 Rummikub (GR) <span>●</span> 2:30 Strength Exercise (FC) <span>●</span> 3:00 Technology Support (AR) <span>●</span> 4:00 Sunday Social Club (AR) </div> <div>23</div> | <div> <span>●</span> 9:30 Shuttle – Food Lion (SU) <span>●</span> 10:00 Strength Exercise (FC) <span>●</span> 11:00 Current Events (AR) <span>●</span> 12:30 Banks &amp; USPS (SU) <span>●</span> 2:00 Bible Study w/Betty (AR) <span>●</span> 2:30 <b>Happy Hour w/ Christian Green (T)</b> <span>●</span> 3:00 Putting Green Golf (P) <span>●</span> 6:30 Rummikub (AR) <span>●</span> 6:30 Train Dominoes (L2) </div> <div>24</div> | <div> <span>●</span> 10:00 Chair Yoga (FC) <span>●</span> 11:00 Bingo (AR) <span>●</span> 1:00 King's Poker (AR) <span>●</span> 1:15 Living Well w/ Legacy (FC) <span>●</span> 2:00 Mahjong (AR) <span>●</span> 2:00 <b>Town Hall Meeting – Cash Prize Drawing (T)</b> <span>●</span> 2:30 New Resident Social/Happy Hour (T) <span>●</span> 6:30 Community Crossword (AR) </div> <div>25</div> | <div> <span>●</span> 9:30 Shuttle – Park West/Aquatic Center (SU) <span>●</span> 10:00 Zumba Gold Chair Dance (FC) <span>●</span> 1:15 Stretch Exercise (FC) <span>●</span> 1:30 Bridge Club (AR) <span>●</span> 1:30 Scrabble (GR) <span>●</span> 3:00 Billiards (GR) <span>●</span> 3:00 Catholic Service (AR) <span>●</span> 6:30 Rummikub (AR) </div> <div>26</div>                                                                                                                                | <div> <span>●</span> 11:00 <b>Thanksgiving Brunch (DR)</b> <span>●</span> 2:00 Corn Hole (T) <span>●</span> 2:00 Rummikub (GR) <span>●</span> 2:30 Knitting &amp; Crocheting Together (OF) </div> <div>27</div>                                                                                                                                   | <div> <span>●</span> 10:00 Strength Exercise (FC) <span>●</span> 10:00 <b>Trip to Cedar Creek Gallery (L)</b> <span>●</span> 11:00 Shuffleboard (GR) <span>●</span> 1:00 King's Poker (AR) <span>●</span> 1:15 Living Well w/ Legacy (FC) <span>●</span> 2:30 Happy Hour w/ Tom Neuhauser (T) <span>●</span> 6:30 Movie – The Longest Yard (T) <span>●</span> 6:30 Rummikub (AR) </div> <div>28</div>   | <div> <span>●</span> 10:00 Stretch Exercise (FC) <span>●</span> 1:00 Hand &amp; Foot Card Game (AR) <span>●</span> 1:15 Strength Exercise (FC) <span>●</span> 2:00 Movie – Captain Phillips (T) <span>●</span> 6:30 Movie – Apollo 13 (T) </div> <div>29</div>                                                                                  |
| <div> <span>●</span> 10:00 Church Shuttle (SU) <span>●</span> 10:30 St. Michael's Live Stream (T) <span>●</span> 1:00 Pinochle (GR) <span>●</span> 2:00 Movie – Founder (T) <span>●</span> 2:00 Rummikub (GR) <span>●</span> 2:30 Strength Exercise (FC) <span>●</span> 3:00 Technology Support (AR) <span>●</span> 4:00 Sunday Social Club (AR) </div> <div>30</div>               |                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                                                                 | <div> <span>●</span> Emotional <span>●</span> Entertainment <span>●</span> Intellectual <span>●</span> Off-site Outing <span>●</span> Physical <span>●</span> Social <span>●</span> Spiritual </div> <div> SU = Sign Up<br/> GR = Game Room<br/> FC = Fitness Center<br/> AR = 3rd Floor Activity Room<br/> L2 = Library, 2nd Floor<br/> T = Theater </div> <div> OF = Outside Fitness Center<br/> BR = Boardroom<br/> P = Patio<br/> L = Lobby<br/> FL = Fireside Lounge<br/> DR = Dining Room </div> |                                                                                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                 |