

SU = Sign Up
 GR = Game Room
 FC = Fitness Center
 AR = 3rd Floor Activity Room
 L2 = Library, 2nd Floor
 T = Theater

OF = Outside Fitness Center
 L = Lobby
 FL = Fireside Lounge
 DR = Dining Room
 RG = Raised Gardens
 C = Café

March 2026



PRESTON POINTE

- Emotional
- Entertainment
- Intellectual
- Off-site Outing
- Physical
- Social
- Spiritual

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<ul style="list-style-type: none"> ● 10:00 Church Shuttle (SU) 1 ● 10:30 St. Michael's Live Stream (T) ● 1:00 Pinochle (GR) ● 2:00 Movie - Walk the Line (T) ● 2:00 Rummikub (GR) ● 2:30 Strength Exercise (FC) ● 3:00 Technology Support (L2) ● 3:30 Christian Communion (AR) 	<ul style="list-style-type: none"> ● 9:30 Shuttle - Food Lion/Dollar Tree (SU) 2 ● 10:00 Strength Exercise (FC) ● 11:00 Current Events (AR) ● 12:30 Banks & Post Office (SU) ● 1:30 Chef Talk (AR) ● 2:00 Bible Study w/Betty (AR) ● 2:00 Mahjong (T) ● 3:30 Tea with Legacy (AR) ● 6:30 Rummikub (AR) ● 6:30 Train Dominoes (GR) 	<ul style="list-style-type: none"> ● 10:00 Chair Yoga (FC) 3 ● 10:00 Purim Celebration (T) ● 10:00 Shopping Trip to Wegmans (SU) ● 11:00 Bingo (AR) ● 1:00 Trip to the Polls (Primary Election) (SU) ● 1:15 Seated Tai Chi (FC) ● 2:00 Town Hall Meeting - Cash Prize Drawing (T) ● 2:30 Community Connections (T) ● 6:30 Community Crossword (AR) 	<ul style="list-style-type: none"> ● 9:30 Shuttle - Park West, Aquatic Center, CVS (SU) 4 ● 10:00 Zumba Gold Chair Dance (FC) ● 1:00 Walker & Wheelchair Repair (OF) ● 1:30 Bridge Club (AR) ● 1:30 Scrabble (GR) ● 2:00 Stretch Exercise (FC) ● 2:00 Trip to West Regional Library (SU) ● 3:00 Billiards (GR) ● 6:30 Rummikub (AR) ● 6:30 Wellness Talk w/ Leslie (AR) 	<ul style="list-style-type: none"> ● 10:00 Chair Yoga (FC) 5 ● 10:00 Shopping Trip to Harris Teeter (SU) ● 11:00 Bingo (AR) ● 2:00 Corn Hole (T) ● 2:00 Rummikub (GR) ● 3:00 Catholic Communion (AR) ● 3:30 Arts & Crafts (AR) ● 6:30 Pokeno (AR) 	<ul style="list-style-type: none"> ● 10:00 Shopping Trip to Dorcas (SU) 6 ● 10:00 Strength Exercise (FC) ● 11:00 Shuffleboard (GR) ● 1:00 Poker (AR) ● 1:15 Get Fit w/ Legacy (FC) ● 2:30 Music and Mingle w/ Luke Lowe (T) ● 6:30 Movie - Quartet (T) ● 6:30 Rummikub (AR) 	<ul style="list-style-type: none"> ● 10:00 Stretch Exercise (FC) 7 ● 10:30 Preston Players Meeting (T) ● 11:00 Bingo w/ Young Men's Leadership Service (AR) ● 1:00 Hand & Foot Card Game (AR) ● 1:15 Strength Exercise (FC) ● 2:00 Movie - Big Miracle (T) ● 6:30 Movie - Titanic (T)
<ul style="list-style-type: none"> ● 10:00 Church Shuttle (SU) 8 ● 10:30 St. Michael's Live Stream (T) ● 1:00 Pinochle (GR) ● 2:00 Movie - Murder on the Orient Express (T) ● 2:00 Rummikub (GR) ● 2:30 Strength Exercise (FC) ● 3:00 Technology Support (L2) 	<ul style="list-style-type: none"> ● 9:30 Shuttle - Food Lion/Dollar Tree (SU) 9 ● 10:00 Strength Exercise (FC) ● 11:00 Current Events (AR) ● 12:30 Banks & Post Office (SU) ● 2:00 Bible Study w/Betty (AR) ● 2:00 Mahjong Lessons and Play (T) ● 6:30 Rummikub (AR) ● 6:30 Train Dominoes (GR) 	<ul style="list-style-type: none"> ● 10:00 Chair Yoga (FC) 10 ● 11:00 Bingo (AR) ● 1:15 Seated Tai Chi (FC) ● 2:30 Explore Our World (T) ● 6:30 Community Crossword (AR) 	<ul style="list-style-type: none"> ● 9:30 AARP Tax Preparation (T) 11 ● 9:30 Shopping Trip to Walmart (SU) ● 10:00 Zumba Gold Chair Dance (FC) ● 11:00 Ambassador Meeting (AR) ● 1:30 Bridge Club (AR) ● 1:30 Scrabble (GR) ● 2:00 Stretch Exercise (FC) ● 3:00 Billiards (GR) ● 6:30 Rummikub (AR) ● 6:30 Trivia Night w/ Jean (T) 	<ul style="list-style-type: none"> ● 9:00 Audiology Clinic (WC) 12 ● 10:00 Chair Yoga (FC) ● 11:00 Bingo (AR) ● 1:30 Movercize w/ Richard (FC) ● 2:00 Corn Hole (T) ● 2:00 Rummikub (GR) ● 3:00 Catholic Communion (AR) ● 3:30 Arts & Crafts (AR) ● 6:30 Pokeno (AR) 	<ul style="list-style-type: none"> ● 10:00 Strength Exercise (FC) 13 ● 11:00 Shuffleboard (GR) ● 11:30 Lunch at Trali Irish Pub (SU) ● 1:00 Poker (AR) ● 1:15 Get Fit w/ Legacy (FC) ● 2:30 Music and Mingle w/ Larry and Friends (T) ● 4:00 Shabbat Service (AR) ● 6:30 Movie - Going in Style (T) ● 6:30 Rummikub (AR) 	<ul style="list-style-type: none"> ● 10:00 Stretch Exercise (FC) 14 ● 10:30 Preston Players Meeting (T) ● 1:00 Hand & Foot Card Game (AR) ● 1:15 Strength Exercise (FC) ● 2:00 Movie - The Count of Monte Cristo (T) ● 6:30 Movie - Shakespeare in Love (T)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<ul style="list-style-type: none"> ● 10:00 Church Shuttle (SU) 15 ● 10:30 St. Michael's Live Stream (T) ● 1:00 Pinochle (GR) ● 2:00 Movie - The Lake House (T) ● 2:00 Rummikub (GR) ● 2:30 Strength Exercise (FC) ● 3:00 Irish Step Dance Show (AR) ● 3:00 Technology Support (L2) 	<ul style="list-style-type: none"> ● 9:30 Shuttle - Food Lion/Dollar Tree (SU) 16 ● 10:00 Strength Exercise (FC) ● 11:00 Current Events (AR) ● 12:30 Banks & Post Office (SU) ● 1:00 Bracketology (AR) ● 2:00 Bible Study (AR) ● 2:00 Mahjong (T) ● 6:30 Rummikub (AR) ● 6:30 Train Dominoes (GR) 	<ul style="list-style-type: none"> ● St. Patrick's Day 17 ● 10:00 Chair Yoga (FC) ● 11:00 Bingo (AR) ● 1:15 Seated Tai Chi (FC) ● 2:30 St. Patrick's Day Celebration (T) ● 6:30 Community Crossword (AR) 	<ul style="list-style-type: none"> ● 9:30 Shuttle - Park West, Aquatic Center, CVS (SU) 18 ● 10:00 Zumba Gold Chair Dance (FC) ● 12:30 March Birthday Party (AR) ● 1:30 Bridge Club (AR) ● 1:30 Scrabble (GR) ● 2:00 Stretch Exercise (FC) ● 3:00 Billiards (GR) ● 6:30 Rummikub (AR) 	<ul style="list-style-type: none"> ● 10:00 Chair Yoga (FC) 19 ● 10:00 Trip to Art in Bloom (SU) ● 11:00 Bingo (AR) ● 2:00 Catholic Mass (AR) ● 2:00 Corn Hole (T) ● 2:00 Rummikub (GR) ● 3:30 Arts & Crafts (AR) ● 6:30 Pokeno (AR) 	<ul style="list-style-type: none"> ● 10:00 Strength Exercise (FC) 20 ● 11:00 Shuffleboard (GR) ● 11:00 Trip to NC Symphony (SU) ● 1:00 Poker (AR) ● 1:15 Get Fit w/ Legacy (FC) ● 2:30 Music and Mingle w/ Caroline (T) ● 6:30 Movie - Pretty Woman (T) ● 6:30 Rummikub (AR) 	<ul style="list-style-type: none"> ● 10:00 Stretch Exercise (FC) 21 ● 10:30 Preston Players Meeting (T) ● 1:00 Hand & Foot Card Game (AR) ● 1:15 Strength Exercise (FC) ● 2:00 Movie - Saving Private Ryan (T) ● 6:30 Movie - Steel Magnolias (T) 	
<ul style="list-style-type: none"> ● 10:00 Church Shuttle (SU) 22 ● 10:30 St. Michael's Live Stream (T) ● 1:00 Pinochle (GR) ● 2:00 Movie - Dirty Harry (T) ● 2:00 Rummikub (GR) ● 2:30 Strength Exercise (FC) ● 3:00 Technology Support (L2) 	<ul style="list-style-type: none"> ● 9:30 Shuttle - Food Lion/Dollar Tree (SU) 23 ● 10:00 Strength (FC) ● 11:00 Current Events (AR) ● 12:30 Banks & Post Office (SU) ● 1:00 Bracketology (AR) ● 2:00 Bible Study (AR) ● 2:30 Music w/ Christian Green (T) ● 6:30 Rummikub (AR) ● 6:30 Train Dominoes (GR) 	<ul style="list-style-type: none"> ● 10:00 Chair Yoga (FC) 24 ● 11:00 Bingo (AR) ● 1:15 Seated Tai Chi (FC) ● 2:30 Explore Our World (T) ● 6:30 Community Crossword (AR) 	<ul style="list-style-type: none"> ● 9:30 Shuttle - Park West, Aquatic Center, CVS (SU) 25 ● 10:00 Zumba Gold Chair Dance (FC) ● 1:00 Wellness Fair (T) ● 1:30 Bridge Club (AR) ● 1:30 Scrabble (GR) ● 2:00 Stretch Exercise (FC) ● 3:00 Billiards (GR) ● 4:30 Dinner at Tribeca Tavern (SU) ● 6:30 Rummikub (AR) 	<ul style="list-style-type: none"> ● 10:00 Chair Yoga (FC) 26 ● 11:00 Bingo (AR) ● 2:00 Corn Hole (T) ● 2:00 Rummikub (GR) ● 3:00 Catholic Communion (AR) ● 3:30 Art w/ Ali (AR) ● 6:30 Pokeno (AR) 	<ul style="list-style-type: none"> ● 10:00 Strength Exercise (FC) 27 ● 10:30 Trip to High Tea at The White House (SU) ● 11:00 Shuffleboard (GR) ● 1:00 Poker (AR) ● 1:15 Get Fit w/ Legacy (FC) ● 2:30 Music and Mingle w/ Tom Neuhauser (T) ● 6:30 Movie - Ocean's 8 (T) ● 6:30 Rummikub (AR) 	<ul style="list-style-type: none"> ● 10:00 Movement for Brain, Body, & Soul (FC) 28 ● 1:00 Hand & Foot Card Game (AR) ● 1:15 Strength Exercise (FC) ● 6:30 Movie - Annie Hall (T) 	
<ul style="list-style-type: none"> ● 10:00 Church Shuttle (SU) 29 ● 10:30 St. Michael's Live Stream (T) ● 1:00 Pinochle (GR) ● 2:00 Movie - On Thin Ice (T) ● 2:00 Rummikub (GR) ● 2:30 Strength Exercise (FC) ● 3:00 Technology Support (L2) ● 5:00 Comedy Night (T) 	<ul style="list-style-type: none"> ● 9:30 Shuttle - Food Lion/Dollar Tree (SU) 30 ● 10:00 Strength Exercise (FC) ● 11:00 Current Events (AR) ● 12:30 Banks & Post Office (SU) ● 1:00 Bracketology (AR) ● 2:00 Bible Study (AR) ● 2:00 Mahjong (T) ● 6:30 Rummikub (AR) ● 6:30 Train Dominoes (GR) 	<ul style="list-style-type: none"> ● 10:00 Chair Yoga (FC) 31 ● 11:00 Bingo (AR) ● 1:15 Seated Tai Chi (FC) ● 2:00 Town Hall Meeting - Cash Prize Drawing (T) ● 2:30 New Resident Community Connection (T) ● 6:30 Community Crossword (AR) 	<p>SU = Sign Up GR = Game Room FC = Fitness Center AR = 3rd Floor Activity Room L2 = Library, 2nd Floor</p>		<p>T = Theater OF = Outside Fitness Center L = Lobby FL = Fireside Lounge DR = Dining Room</p>		<ul style="list-style-type: none"> ● Emotional ● Entertainment ● Intellectual ● Off-site Outing ● Physical ● Social ● Spiritual