

# April 2026



PRESTON POINTE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<ul style="list-style-type: none"> <li><span style="color: cyan;">●</span> Emotional</li> <li><span style="color: orange;">●</span> Entertainment</li> <li><span style="color: yellow;">●</span> Intellectual</li> <li><span style="color: black;">●</span> Off-site Outing</li> <li><span style="color: blue;">●</span> Physical</li> <li><span style="color: red;">●</span> Social</li> </ul>	SU = Sign Up GR = Game Room FC = Fitness Center AR = Activity Room L2 = Library, 2nd Floor T = Theater OF = Outside Fitness Center P = Patio	L = Lobby FL = Fireside Lounge DR = Dining Room RG = Raised Gardens C = Café WC = Wellness Center	<ul style="list-style-type: none"> <li><span style="color: black;">●</span> 9:30 Shuttle - Park West, Aquatic Center, CVS (SU) <b>1</b></li> <li><span style="color: blue;">●</span> 10:00 Chair Yoga (FC)</li> <li><span style="color: yellow;">●</span> 1:00 Walker &amp; Wheelchair Repair (OF)</li> <li><span style="color: red;">●</span> 1:30 Bridge Club (AR)</li> <li><span style="color: red;">●</span> 1:30 Scrabble (GR)</li> <li><span style="color: blue;">●</span> 2:00 Stretch (FC)</li> <li><span style="color: black;">●</span> 2:00 Library Trip (SU)</li> <li><span style="color: blue;">●</span> 3:00 Billiards (GR)</li> <li><span style="color: red;">●</span> 6:30 Rummikub (FL)</li> <li><span style="color: yellow;">●</span> 6:30 Wellness Talk w/ Leslie (AR)</li> </ul>	<ul style="list-style-type: none"> <li><span style="color: blue;">●</span> 10:00 Chair Yoga (FC) <b>2</b></li> <li><span style="color: black;">●</span> 10:00 Shopping Trip to Harris Teeter (SU)</li> <li><span style="color: red;">●</span> 11:00 Bingo (AR)</li> <li><span style="color: blue;">●</span> 2:00 Corn Hole (T)</li> <li><span style="color: red;">●</span> 2:00 Rummikub (GR)</li> <li><span style="color: purple;">●</span> 3:00 Catholic Communion (AR)</li> <li><span style="color: red;">●</span> 3:30 Arts &amp; Crafts (AR)</li> <li><span style="color: red;">●</span> 6:00 Pokeno (AR)</li> </ul>	<ul style="list-style-type: none"> <li><span style="color: blue;">●</span> 10:00 Strength Exercise (FC) <b>3</b></li> <li><span style="color: black;">●</span> 10:00 Trip to Hamrick's (SU)</li> <li><span style="color: blue;">●</span> 11:00 Shuffleboard (GR)</li> <li><span style="color: blue;">●</span> 1:15 Get Fit w/ Legacy (FC)</li> <li><span style="color: red;">●</span> 2:30 Music and Mingle w/ Luke Lowe (T)</li> <li><span style="color: yellow;">●</span> 6:30 Movie - Eleanor the Great (T)</li> <li><span style="color: red;">●</span> 6:30 Rummikub (AR)</li> </ul>	<ul style="list-style-type: none"> <li><span style="color: blue;">●</span> 10:00 Stretch Exercise (FC) <b>4</b></li> <li><span style="color: red;">●</span> 10:30 Preston Players Meeting (T)</li> <li><span style="color: red;">●</span> 11:00 Bingo w/ Young Men's Leadership Service (AR)</li> <li><span style="color: red;">●</span> 1:00 Hand &amp; Foot Card Game (AR)</li> <li><span style="color: blue;">●</span> 1:15 Seated Tai Chi (FC)</li> <li><span style="color: yellow;">●</span> 2:00 Movie - Nonnas (T)</li> <li><span style="color: yellow;">●</span> 6:30 Movie - Sense and Sensibility (T)</li> </ul>
<ul style="list-style-type: none"> <li><span style="color: lightblue;">●</span> Easter Sunday</li> <li><span style="color: black;">●</span> 10:00 Church Shuttle (SU) <b>5</b></li> <li><span style="color: purple;">●</span> 10:30 St. Michael's Live Stream (T)</li> <li><span style="color: red;">●</span> 1:00 Pinochle (GR)</li> <li><span style="color: red;">●</span> 2:00 Bridge Club (AR)</li> <li><span style="color: yellow;">●</span> 2:00 Movie - Dirty Rotten Scoundrels (T)</li> <li><span style="color: red;">●</span> 2:00 Rummikub (FL)</li> <li><span style="color: blue;">●</span> 2:30 Strength Exercise (FC)</li> <li><span style="color: purple;">●</span> 3:30 Christian Communion (AR)</li> </ul>	<ul style="list-style-type: none"> <li><span style="color: black;">●</span> 9:30 Shuttle - Food Lion/Dollar Tree (SU) <b>6</b></li> <li><span style="color: blue;">●</span> 10:00 Strength (FC)</li> <li><span style="color: yellow;">●</span> 11:00 Current Events (AR)</li> <li><span style="color: black;">●</span> 12:30 Banks &amp; Post Office (SU)</li> <li><span style="color: orange;">●</span> 1:00 March Madness Bracketology (AR)</li> <li><span style="color: purple;">●</span> 2:00 Bible Study w/Betty (AR)</li> <li><span style="color: red;">●</span> 2:00 Mahjong (T)</li> <li><span style="color: red;">●</span> 6:30 Rummikub (AR)</li> <li><span style="color: red;">●</span> 6:30 Train Dominoes (GR)</li> </ul>	<ul style="list-style-type: none"> <li><span style="color: blue;">●</span> 10:00 Chair Yoga (FC) <b>7</b></li> <li><span style="color: black;">●</span> 10:00 Shopping Trip to Wegmans (SU)</li> <li><span style="color: red;">●</span> 11:00 Bingo (AR)</li> <li><span style="color: blue;">●</span> 1:15 Seated Tai Chi (FC)</li> <li><span style="color: red;">●</span> 1:30 Garden Club (P)</li> <li><span style="color: yellow;">●</span> 2:30 Explore Our World (T)</li> <li><span style="color: yellow;">●</span> 6:30 Community Crossword (AR)</li> </ul>	<ul style="list-style-type: none"> <li><span style="color: black;">●</span> 9:30 Shopping Trip to Walmart (SU) <b>8</b></li> <li><span style="color: blue;">●</span> 10:00 Zumba Gold Chair Dance (FC)</li> <li><span style="color: yellow;">●</span> 11:00 UNC Dental Health Presentation (T)</li> <li><span style="color: orange;">●</span> 1:00 Bracketology (AR)</li> <li><span style="color: red;">●</span> 1:30 Bridge Club (AR)</li> <li><span style="color: red;">●</span> 1:30 Scrabble (GR)</li> <li><span style="color: blue;">●</span> 2:00 Stretch Exercise (FC)</li> <li><span style="color: blue;">●</span> 3:00 Billiards (GR)</li> <li><span style="color: red;">●</span> 3:30 Blackjack (AR)</li> <li><span style="color: red;">●</span> 6:30 Rummikub (AR)</li> <li><span style="color: yellow;">●</span> 6:30 Trivia Night w/ Jean (T)</li> </ul>	<ul style="list-style-type: none"> <li><span style="color: yellow;">●</span> 9:00 Audiology Clinic (WC) <b>9</b></li> <li><span style="color: blue;">●</span> 10:00 Chair Yoga (FC)</li> <li><span style="color: red;">●</span> 11:00 Bingo (AR)</li> <li><span style="color: blue;">●</span> 1:30 Movercize w/ Richard (FC)</li> <li><span style="color: blue;">●</span> 2:00 Corn Hole (T)</li> <li><span style="color: red;">●</span> 2:00 Rummikub (GR)</li> <li><span style="color: purple;">●</span> 3:00 Catholic Communion (AR)</li> <li><span style="color: red;">●</span> 3:30 Arts &amp; Crafts (AR)</li> <li><span style="color: red;">●</span> 6:00 Pokeno (AR)</li> </ul>	<ul style="list-style-type: none"> <li><span style="color: blue;">●</span> 10:00 Strength Exercise (FC) <b>10</b></li> <li><span style="color: black;">●</span> 10:00 Trip to WRAL Azalea Gardens (SU)</li> <li><span style="color: blue;">●</span> 11:00 Shuffleboard (GR)</li> <li><span style="color: blue;">●</span> 1:15 Get Fit w/ Legacy (FC)</li> <li><span style="color: red;">●</span> 2:30 Music and Mingle w/ Cole Koffi (T)</li> <li><span style="color: purple;">●</span> 4:00 Shabbat Service (AR)</li> <li><span style="color: yellow;">●</span> 6:30 Movie - You've Got Mail (T)</li> <li><span style="color: red;">●</span> 6:30 Rummikub (AR)</li> </ul>	<ul style="list-style-type: none"> <li><span style="color: black;">●</span> 10:00 Glassblowing at Cedar Creek Gallery (SU) <b>11</b></li> <li><span style="color: blue;">●</span> 10:00 Stretch Exercise (FC)</li> <li><span style="color: red;">●</span> 10:30 Preston Players Meeting (T)</li> <li><span style="color: red;">●</span> 1:00 Hand &amp; Foot Card Game (AR)</li> <li><span style="color: blue;">●</span> 1:15 Seated Tai Chi (FC)</li> <li><span style="color: yellow;">●</span> 2:00 Movie - Erin Brockovich (T)</li> <li><span style="color: yellow;">●</span> 6:30 Movie - Thelma and Louise (T)</li> </ul>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<ul style="list-style-type: none"> <li>● 10:00 Church Shuttle (SU) <b>12</b></li> <li>● 10:30 St. Michael's Live Stream (T)</li> <li>● 1:00 Pinochle (GR)</li> <li>● 2:00 Bridge Club (AR)</li> <li>● 2:00 Movie - The Six Triple Eight (T)</li> <li>● 2:00 Rummikub (FL)</li> <li>● 2:30 Strength Exercise (FC)</li> </ul>	<ul style="list-style-type: none"> <li>● 9:30 Shuttle - Food Lion/Dollar Tree (SU) <b>13</b></li> <li>● 10:00 Strength (FC)</li> <li>● 11:00 Current Events (AR)</li> <li>● 12:30 Banks &amp; Post Office (SU)</li> <li>● 1:30 <b>Chef Talk (AR)</b></li> <li>● 2:00 Bible Study w/Betty (AR)</li> <li>● 2:00 Mahjong (T)</li> <li>● 6:30 Rummikub (AR)</li> <li>● 6:30 Train Dominoes (GR)</li> </ul>	<ul style="list-style-type: none"> <li>● 10:00 Chair Yoga (FC) <b>14</b></li> <li>● 11:00 Bingo (AR)</li> <li>● 1:15 Seated Tai Chi (FC)</li> <li>● 1:30 <b>Garden Club (RG)</b></li> <li>● 2:30 Community Connections (T)</li> <li>● 6:30 Community Crossword (AR)</li> </ul>	<ul style="list-style-type: none"> <li>● 9:30 Shuttle - Park West/CVS (SU) <b>15</b></li> <li>● 10:00 Chair Zumba (FC)</li> <li>● 11:00 Ambassador Meeting (AR)</li> <li>● 12:30 <b>April Birthday Party (AR)</b></li> <li>● 1:30 Bridge Club (AR)</li> <li>● 1:30 Scrabble (GR)</li> <li>● 2:00 Stretch (FC)</li> <li>● 2:30 <b>Age-Thriving Mindset (T)</b></li> <li>● 3:00 Billiards (GR)</li> <li>● 3:30 <b>Blackjack (AR)</b></li> <li>● 6:30 Rummikub (AR)</li> </ul>	<ul style="list-style-type: none"> <li>● 10:00 Chair Yoga (FC) <b>16</b></li> <li>● 11:00 Bingo (AR)</li> <li>● 1:00 <b>AI Workshop w/ Shannon (T)</b></li> <li>● 2:00 <b>Catholic Mass (AR)</b></li> <li>● 2:00 Corn Hole (T)</li> <li>● 2:00 Rummikub (GR)</li> <li>● 3:30 Arts &amp; Crafts (AR)</li> <li>● 6:00 Pokeno (AR)</li> </ul>	<ul style="list-style-type: none"> <li>● 10:00 <b>Lunch at Johnston Airport (SU)</b> <b>17</b></li> <li>● 10:00 Strength Exercise (FC)</li> <li>● 11:00 Shuffleboard (GR)</li> <li>● 1:15 Get Fit w/ Legacy (FC)</li> <li>● 2:30 <b>Music and Mingle w/ Caroline (T)</b></li> <li>● 6:30 Movie - Mrs. Doubtfire (T)</li> <li>● 6:30 Rummikub (AR)</li> </ul>	<ul style="list-style-type: none"> <li>● 10:00 Stretch Exercise (FC) <b>18</b></li> <li>● 10:30 Preston Players Meeting (T)</li> <li>● 1:00 Hand &amp; Foot Card Game (AR)</li> <li>● 1:15 Seated Tai Chi (FC)</li> <li>● 2:00 Movie - Priscilla (T)</li> <li>● 6:30 Movie - Chicago (T)</li> </ul>
<ul style="list-style-type: none"> <li>● 10:00 Church Shuttle (SU) <b>19</b></li> <li>● 10:30 St. Michael's Live Stream (T)</li> <li>● 1:00 Pinochle (GR)</li> <li>● 2:00 Bridge Club (AR)</li> <li>● 2:00 Rummikub (FL)</li> <li>● 2:30 Strength Exercise (FC)</li> <li>● 3:00 <b>Spring Fling Concert (T)</b></li> </ul>	<ul style="list-style-type: none"> <li>● 9:30 Shuttle - Food Lion/Dollar Tree (SU) <b>20</b></li> <li>● 10:00 Strength Exercise (FC)</li> <li>● 11:00 Current Events (AR)</li> <li>● 12:30 Banks &amp; Post Office (SU)</li> <li>● 2:00 Bible Study w/Betty (AR)</li> <li>● 2:00 Mahjong (T)</li> <li>● 6:30 Rummikub (AR)</li> <li>● 6:30 Train Dominoes (GR)</li> </ul>	<ul style="list-style-type: none"> <li>● 10:00 Chair Yoga (FC) <b>21</b></li> <li>● 11:00 Bingo (AR)</li> <li>● 1:15 Seated Tai Chi (FC)</li> <li>● 1:30 <b>Garden Club (RG)</b></li> <li>● 2:30 <b>Explore Our World (T)</b></li> <li>● 6:30 Community Crossword (AR)</li> </ul>	<ul style="list-style-type: none"> <li>● <b>Earth Day</b> <b>22</b></li> <li>● 9:30 Shuttle - Park West, Aquatic Center, CVS (SU)</li> <li>● 10:00 Zumba Gold Chair Dance (FC)</li> <li>● 1:30 Bridge Club (AR)</li> <li>● 1:30 <b>Garden Tour (P)</b></li> <li>● 1:30 Scrabble (GR)</li> <li>● 2:00 Stretch (FC)</li> <li>● 3:00 Billiards (GR)</li> <li>● 3:30 <b>Blackjack (AR)</b></li> <li>● 6:30 <b>Elder Care Meeting (T)</b></li> <li>● 6:30 Rummikub (AR)</li> </ul>	<ul style="list-style-type: none"> <li>● 10:00 Chair Yoga (FC) <b>23</b></li> <li>● 11:00 Bingo (AR)</li> <li>● 12:00 <b>Trip to Bright Star Show</b></li> <li>● 2:00 Corn Hole (T)</li> <li>● 2:00 Rummikub (GR)</li> <li>● 3:00 Catholic Communion (AR)</li> <li>● 3:30 Arts &amp; Crafts (AR)</li> <li>● 6:00 Pokeno (AR)</li> </ul>	<ul style="list-style-type: none"> <li>● 10:00 Strength Exercise (FC) <b>24</b></li> <li>● 11:00 Shuffleboard (GR)</li> <li>● 1:15 Get Fit w/ Legacy (FC)</li> <li>● 2:30 <b>Music and Mingle w/ Tom Neuhauser (T)</b></li> <li>● 6:30 Movie - LBJ (T)</li> <li>● 6:30 Rummikub (AR)</li> </ul>	<ul style="list-style-type: none"> <li>● 10:00 Stretch Exercise (FC) <b>25</b></li> <li>● 10:30 Preston Players Meeting (T)</li> <li>● 1:00 Hand &amp; Foot Card Game (GR)</li> <li>● 1:00 <b>Preston Pointe Art Show and Sale (AR)</b></li> <li>● 1:15 Seated Tai Chi (FC)</li> <li>● 2:00 Movie - The Godfather (T)</li> <li>● 6:30 Movie - Whiplash (T)</li> </ul>
<ul style="list-style-type: none"> <li>● 10:00 Church Shuttle (SU) <b>26</b></li> <li>● 10:30 St. Michael's Live Stream (T)</li> <li>● 1:00 Pinochle (GR)</li> <li>● 2:00 Bridge Club (AR)</li> <li>● 2:00 Movie - The Mirror Has Two Faces (T)</li> <li>● 2:00 Rummikub (FL)</li> <li>● 2:30 Strength Exercise (FC)</li> <li>● 3:00 <b>Technology Support (L2)</b></li> <li>● 5:00 <b>Comedy Night (T)</b></li> </ul>	<ul style="list-style-type: none"> <li>● 9:30 Shuttle - Food Lion/Dollar Tree (SU) <b>27</b></li> <li>● 10:00 Strength (FC)</li> <li>● 11:00 Current Events (AR)</li> <li>● 12:30 Banks &amp; Post Office (SU)</li> <li>● 2:00 Bible Study w/Betty (AR)</li> <li>● 2:30 <b>Music w/ Christian Green (T)</b></li> <li>● 6:30 Rummikub (AR)</li> <li>● 6:30 Train Dominoes (GR)</li> </ul>	<ul style="list-style-type: none"> <li>● 10:00 Chair Yoga (FC) <b>28</b></li> <li>● 11:00 Bingo (AR)</li> <li>● 1:00 <b>Garden Club (RG)</b></li> <li>● 1:15 Seated Tai Chi (FC)</li> <li>● 2:00 <b>Town Hall Meeting - Cash Prize Drawing (T)</b></li> <li>● 2:30 <b>Community Connections with New Residents (T)</b></li> <li>● 6:30 Community Crossword (AR)</li> </ul>	<ul style="list-style-type: none"> <li>● 9:30 Shuttle - Park West, Aquatic Center, CVS (SU) <b>29</b></li> <li>● 10:00 Zumba Gold Chair Dance (FC)</li> <li>● 1:30 Bridge Club (AR)</li> <li>● 1:30 Scrabble (GR)</li> <li>● 2:00 Stretch Exercise (FC)</li> <li>● 3:00 Billiards (GR)</li> <li>● 3:30 <b>Blackjack (AR)</b></li> <li>● 4:30 <b>Dinner at Lugano's (SU)</b></li> <li>● 6:30 Rummikub (AR)</li> </ul>	<ul style="list-style-type: none"> <li>● 10:00 Chair Yoga (FC) <b>30</b></li> <li>● 11:00 Bingo (AR)</li> <li>● 2:00 Corn Hole (T)</li> <li>● 2:00 Rummikub (GR)</li> <li>● 3:00 Catholic Communion (AR)</li> <li>● 3:30 Art w/ Ali (AR)</li> <li>● 6:00 Pokeno (AR)</li> </ul>	<p>SU = Sign Up  GR = Game Room  FC = Fitness Center  AR = Activity Room  L2 = Library, 2nd Floor  T = Theater  OF = Outside Fitness Center  P = Patio  L = Lobby  FL = Fireside Lounge  DR = Dining Room</p> <p>RG = Raised Gardens  C = Café  WC = Wellness Center</p> <ul style="list-style-type: none"> <li>● Emotional</li> <li>● Entertainment</li> <li>● Intellectual</li> <li>● Off-site Outing</li> <li>● Physical</li> <li>● Social</li> <li>● Spiritual</li> </ul>	