

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
September 2026  PRESTON POINTE		● 10:00 Chair Yoga (FC) ● 10:00 Shopping Trip to Wegmans (SU) ● 11:00 Bingo (AR) ● 1:15 Seated Tai Chi w/ Debbie (FC) ● 2:00 Book Club Meeting (AR) ● 3:00 Cornhole (T) ● 6:30 Community Crossword (AR) 1	● 9:30 Shuttle - Park West, Aquatic Center, CVS (SU) ● 10:00 Chair Zumba (FC) ● 11:00 Mini Golf (P) ● 1:00 Walker & Wheelchair Repair (OF) ● 1:15 Stretch (FC) ● 1:30 Bridge Club (AR) ● 1:30 Scrabble (GR) ● 2:00 Library Trip (SU) ● 2:30 Fraud Presentation with Morrisville Police Department (T) ● 3:00 Billiards (GR) ● 3:30 Blackjack (AR) ● 6:30 Rummikub (AR) ● 6:30 Wellness Talk (AR) 2	● 10:00 Chair Yoga (FC) ● 10:00 Shopping Trip to Harris Teeter (SU) ● 11:00 Bingo (AR) ● 2:00 Cornhole (T) ● 2:00 Rummikub (GR) ● 3:00 Catholic Communion (AR) ● 3:30 Arts & Crafts (AR) ● 6:30 Cribbage Game (AR) 3	● 10:00 Strength Exercise (FC) ● 10:00 Trip to Kohl's (SU) ● 11:00 Shuffleboard (GR) ● 11:00 Train Dominoes (T) ● 1:15 Get Fit w/ Legacy (FC) ● 2:30 Music and Mingle w/ Luke Lowe (T) ● 6:30 Movie - A League of Their Own (T) ● 6:30 Rummikub (AR) ● 6:45 Spades (GR) 4	● 10:00 Stretch Exercise (FC) ● 11:00 Bingo w/ Young Men's Leadership Service (AR) ● 1:00 Hand & Foot Card Game (AR) ● 1:15 Chair Boxing (FC) ● 2:00 Movie - A Little Bit of Heaven (T) ● 3:00 Mahjong (AR) ● 6:30 Movie - The Sheep Detectives (T) 5
SU = Sign Up GR = Game Room FC = Fitness Center AR = 3rd Floor Activity Room L2 = Library T = Theater OF = Outside Fitness Center P = Patio L = Lobby FL = Fireside Lounge DR = Dining Room RG = Raised Gardens WC = Wellness Center ● Emotional ● Entertainment ● Intellectual ● Off-site Outing ● Physical ● Social ● Spiritual						
● 10:00 Church Shuttle (SU) ● 10:30 St. Michael's Live Stream (T) ● 1:00 Pinochle (GR) ● 2:00 Movie - Schindler's List (T) ● 2:00 Rummikub (FL) ● 2:30 Scrabble (AR) ● 2:30 Strength Exercise (FC) ● 3:00 Technology Support (L2) ● 3:30 Christian Communion (AR) ● 6:30 Nature Documentary (T) 6	● Labor Day ● 10:00 Strength Exercise (FC) ● 11:00 Labor Day Brunch (DR) ● 2:00 Bible Study w/Betty (AR) ● 3:00 Labor Day Celebration (T) ● 6:30 Rummikub (AR) ● 6:30 Train Dominoes (GR) 7	● 10:00 Chair Yoga (FC) ● 11:00 Bingo (AR) ● 1:15 Seated Tai Chi w/ Debbie (FC) ● 1:30 Garden Club (RG) ● 2:30 Vietnam Adventures Presentation (T) ● 6:30 Community Crossword (AR) 8	● 9:30 Shopping Trip to Walmart (SU) ● 10:00 Chair Zumba (FC) ● 11:00 Ambassador Meeting (AR) ● 11:00 Mini Golf (P) ● 1:15 Stretch Exercise (FC) ● 1:30 Bridge Club (AR) ● 1:30 Scrabble (GR) ● 2:30 Music with The Bondettes (T) ● 3:00 Billiards (GR) ● 3:30 Blackjack (AR) ● 6:30 Rummikub (AR) ● 6:30 Trivia Night w/ Jean (T) 9	● 9:00 Audiology Clinic (WC) ● 10:00 Chair Yoga (FC) ● 11:00 Bingo (AR) ● 1:30 Movercize w/ Richard (FC) ● 2:00 Cornhole (T) ● 2:00 Rummikub (GR) ● 3:00 Catholic Communion (AR) ● 3:30 Arts & Crafts (AR) ● 6:30 Cribbage Game (AR) 10	● 9:30 Trip to Fayetteville Military Museum (SU) ● 10:00 Strength Exercise (FC) ● 11:00 Shuffleboard (GR) ● 11:00 Train Dominoes (T) ● 1:15 Get Fit w/ Legacy (FC) ● 2:30 Music and Mingle w/ Larry and Friends (T) ● 6:30 Movie - Zero Dark Thirty (T) ● 6:30 Rummikub (AR) 11	● 10:00 Stretch Exercise (FC) ● 1:00 Hand & Foot Card Game (AR) ● 1:15 Chair Boxing (FC) ● 2:00 Movie - Set It Up (T) ● 3:00 Mahjong (AR) ● 6:30 Movie - The Starling (T) 12

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
● 10:00 Church Shuttle (SU) ● 10:30 St. Michael's Live Stream (T) ● 1:00 Pinochle (GR) ● 2:00 Movie - Four Weddings and a Funeral (T) ● 2:00 Rummikub (FL) ● 2:30 Scrabble (AR) ● 2:30 Strength (FC) ● 3:00 Technology Support (L2) ● 6:30 Nature Documentary (T) 13	● 9:30 Shuttle - Food Lion/Dollar Tree (SU) ● 10:00 Strength (FC) ● 11:00 Current Events (AR) ● 12:30 Banks & Post Office (SU) ● 1:30 Chef Talk (AR) ● 2:00 Bible Study (AR) ● 2:00 Mahjong (T) ● 4:30 Wine Tasting (C) ● 6:30 Rummikub (AR) ● 6:30 Train Dominoes (GR) 14	● 10:00 Chair Yoga (FC) ● 11:00 Bingo (AR) ● 1:15 Seated Tai Chi w/ Debbie (FC) ● 2:30 Book Talk: Successful Aging (T) ● 6:30 Community Crossword (AR) 15	● 9:30 Shuttle - Park West, Aquatic Center, CVS (SU) ● 10:00 Chair Zumba (FC) ● 11:00 Mini Golf (P) ● 12:30 September Birthday Party (AR) ● 1:15 Stretch (FC) ● 1:30 Bridge Club (AR) ● 1:30 Scrabble (GR) ● 3:00 Billiards (GR) ● 3:30 Blackjack (AR) ● 6:30 Rummikub (AR) 16	● 10:00 Chair Yoga (FC) ● 11:00 Bingo (AR) ● 12:00 Trip to 1776 Show at Temple Theater (SU) ● 2:00 Cornhole (T) ● 2:00 Rummikub (GR) ● 3:00 Catholic Communion (AR) ● 3:30 Arts & Crafts (AR) ● 6:30 Cribbage Game (AR) 17	● 10:00 Art Tour and Lunch at The Umstead (SU) ● 10:00 Strength (FC) ● 11:00 Shuffleboard (GR) ● 11:00 Train Dominoes (T) ● 1:15 Get Fit w/ Legacy (FC) ● 2:30 Music and Mingle w/ Caroline (T) ● 4:00 Shabbat Service (AR) ● 6:30 Movie - Dog Day Afternoon (T) ● 6:30 Rummikub (AR) 18	● 10:00 Stretch Exercise (FC) ● 1:00 Hand & Foot Card Game (AR) ● 1:15 Chair Boxing (FC) ● 2:00 Movie - Spiderman Homecoming (T) ● 3:00 Mahjong (AR) ● 6:30 Movie - 13 Going On 30 (T) 19
● 10:00 Church Shuttle (SU) ● 10:30 St. Michael's Live Stream (T) ● 1:00 Pinochle (GR) ● 2:00 Rummikub (FL) ● 2:30 Scrabble (AR) ● 2:30 Strength Exercise (FC) ● 3:00 Casablanca Orchestra Concert (T) ● 6:30 Nature Documentary (T) 20	● 9:30 Shuttle - Food Lion/Dollar Tree (SU) ● 10:00 Board of Elections Assistance (T) ● 10:00 Strength (FC) ● 11:00 Current Events (AR) ● 12:30 Banks & Post Office (SU) ● 2:00 Bible Study (AR) ● 2:00 Mahjong (T) ● 6:30 Rummikub (AR) ● 6:30 Train Dominoes (GR) 21	● 10:00 Chair Yoga (FC) ● 11:00 Bingo (AR) ● 1:15 Seated Tai Chi w/ Debbie (FC) ● 2:00 Cornhole (T) ● 3:00 Scattergories with Shannon (AR) ● 6:30 Community Crossword (AR) 22	● 9:30 Shuttle - Park West, Aquatic Center, CVS (SU) ● 10:00 Chair Zumba (FC) ● 10:00 Flu Shot Clinic (AR) ● 11:00 Mini Golf (P) ● 1:15 Stretch (FC) ● 1:30 Bridge Club (AR) ● 1:30 Scrabble (GR) ● 3:00 Billiards (GR) ● 3:30 Blackjack (AR) ● 4:30 Dinner at Squid's (SU) ● 6:30 Rummikub (AR) 23	● 10:00 Chair Yoga (FC) ● 11:00 Bingo (AR) ● 12:00 Trip to 1776 Show at Temple Theater (SU) ● 2:00 Catholic Mass (AR) ● 2:00 Cornhole (T) ● 2:00 Rummikub (GR) ● 3:30 Arts & Crafts (AR) ● 6:30 Cribbage Game (AR) 24	● 10:00 Strength (FC) ● 11:00 Shuffleboard (GR) ● 11:00 Train Dominoes (T) ● 11:00 Trip to NC Symphony (SU) ● 1:15 Get Fit w/ Legacy (FC) ● 2:30 Music and Mingle w/ Tom Neuhauser (T) ● 6:30 Movie - Twelve Angry Men (T) ● 6:30 Rummikub (AR) 25	● 10:00 Movement for Brain, Body, & Soul (FC) ● 10:00 Stretch Exercise (FC) ● 1:00 Hand & Foot Card Game (AR) ● 1:15 Chair Boxing (FC) ● 2:00 Movie - Ticket to Paradise (T) ● 3:00 Mahjong (AR) ● 6:30 Movie - And So It Goes (T) 26
● 10:00 Church Shuttle (SU) ● 10:30 St. Michael's Live Stream (T) ● 1:00 Pinochle (GR) ● 2:00 Movie - A Beautiful Day in the Neighborhood (T) ● 2:00 Rummikub (FL) ● 2:30 Scrabble (AR) ● 2:30 Strength (FC) ● 3:00 Technology Support (L2) ● 5:00 Stand-Up Comedy Screening (T) 27	● 9:30 Shuttle - Food Lion/Dollar Tree (SU) ● 10:00 Strength (FC) ● 11:00 Current Events (AR) ● 12:00 Mahjong (T) ● 12:30 Banks & Post Office (SU) ● 2:00 Bible Study (AR) ● 2:30 Music w/ Christian Green (T) ● 6:30 Rummikub (AR) ● 6:30 Train Dominoes (GR) 28	● 10:00 Chair Yoga (FC) ● 11:00 Bingo (AR) ● 1:15 Seated Tai Chi w/ Debbie (FC) ● 2:00 Town Hall Meeting - Cash Prize Drawing (T) ● 2:30 Music and Community Connections with New Residents (T) ● 6:30 Community Crossword (AR) 29	● 9:30 Shuttle - Park West, Aquatic Center, CVS (SU) ● 10:00 Chair Zumba (FC) ● 11:00 Mini Golf (P) ● 1:15 Stretch Exercise (FC) ● 1:30 Bridge (T) ● 1:30 Scrabble (GR) ● 2:00 Sukkot (AR) ● 3:00 Billiards (GR) ● 3:30 Blackjack (T) ● 6:30 Rummikub (AR) 30	SU = Sign Up GR = Game Room FC = Fitness Center AR = Activity Room L2 = Library T = Theater OF = Outside Fitness Center P = Patio L = Lobby C = Café FL = Fireside Lounge DR = Dining Room RG = Raised Gardens WC = Wellness Center ● Emotional ● Entertainment ● Intellectual ● Off-site Outing ● Physical ● Social ● Spiritual		